

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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One Cozy era ends, another begins

In June 2014 the Historical Cozy Restaurant closed its doors for good.

A year later two backhoes began working through the rubble that remained of the Restaurant and Inn after it had been torn down.

The Cozy had been a part of Thurmont for over 85 years. The Cozy was built by Wilbur Freeze and had been a town favorite since it was opened in 1929. Freeze built several other buildings alongside the Cozy on that same land.

Jerry Freeze, Wilbur's son, informed employees in June 2014 that they would be closing for good after 85 years of running. Now a year later the demolition of the restaurant and Inn has started to make progress.

Freeze sold a majority of the land to neighboring business Criswell Chevrolet. Before moving forward with the sale and allowing Criswell to do what they intended with the land, Freeze made sure that one of the original guest cabins from the inn would remain in Thurmont.

The cabin was offered to the Thurmont Historical Society as a gift, and subsequently moved to the grounds of the Cregger House. The society plans to restore and maintain the

cabin using it as an exhibit on the grounds. Councilman Kirby Delauter volunteered to do the honors of moving the cabin. Kirby provided an experienced crew of six who were able to successfully move the cabin to its new home.

With the cabin moved safely Criswell Automotive was able to begin their demolition plans. Delauter provided his services once again in the tear down of the restaurant and inn. During the clearing of the rubble one of Delauter's workers, Jack Merrbaugh, noticed installation from the rubble moving. After giving the rubble a closer look Merrbaugh discovered 3 kittens that were only 2 weeks old. Upon being notified of the discovery, Kirby ordered a halt to all demolition until a through search of the area was made to verify all kittens were rescued from the rubble. The kittens were named Cozy, Jerry, and Scatch. They were placed with the local Feral Cat Rescue group, and once they are old enough they will be placed for adoption.

Two days later, seven 3-week old baby skunks were found amongst the debris. Once again Kirby ordered a halt to rubble removal. Thanks to the quick efforts of local Thurmont naturalist



The demolition of the Cozy went without a hitch, with the exception of the discovery of a litter of kittens, one of which was appropriately named "Cozy."

John Zuke, the litter was safely moved to a wild life rehabilitation center, and when old enough, will be released into the wild.

Once the rubble is cleared, Criswell will expand their buildings and car lots onto the land formally occupied by the Cozy. The expansion is scheduled to begin in August.



Mason-Dixon baseball rivalry returns

Lured by a chance to compete at more elite levels, full-time travel teams have begun to erode many local communities' baseball programs. Many kids have left local baseball for full-time travel teams in central PA and upper Maryland. Travel ball, by contrast, is not cheap — participation fees average about \$2,000 per player per year. Since tournaments and games are usually in other towns, players and their parents must spend many hours on the road. Year by year, they go from one travel team to another, switching teammates and uniforms, usually signifying something other than their home town.

With the loss of so many players and their families to travel teams, the community league games have lost just that - a certain sense of community. Recognizing this fact, little league coaches in Emmitsburg, Taneytown, West Carroll and Libertytown, Fairfield, Gettysburg and Cashtown, came together in 2014 to form a two-state merger program in an effort to expand the teams area of play. Taneytown League President Rick Patterson said that the leagues

merged in the Minors Division (ages 9-10) and the Majors Division (ages 11-12).

This offered players expanded opportunities to play different teams, and not just the same teams over and over again. And, while it is only a Rec Division, the players almost feel like they are playing travel baseball. By merging the teams, they are able to better measure their strengths and weaknesses. Patterson said, "I believe once word really gets out about how successful this past year has been, more players will come back to playing in the Rec Leagues, instead of going back to travel baseball."

Mike Ball of Fairfield is the treasurer of Fairfield Baseball and Softball. He is also one of the coaches who has helped organize the merger. Ball has been coaching little league baseball for many years and has seen the trends of the travel teams and their effects on the local community. "Many families are electing to play travel ball, which for some kids is great, but the kids who are just beginning to play, or the ones who need help or don't want to travel, they need to be able to have that local



Inter-community leagues offer kids the opportunity to play against different teams rather than just the same teams over and over again.

team,' said Ball.

Mark Darnell of Gettysburg Youth Baseball says the kids in the league like the variety, and as coaches we are able to really spend time with these kids, help them in areas where they might be struggling. This new merger makes for

a good mix of kids, and may entice families who play travel ball back to their community league."

While some minor improvements will need to be made to further improve the merger, overall it is a success among players, coaches and parents.

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NEWS

Seton Center update

On October 31st the Emmitsburg Learning Center officially closed its doors. The daycare was first opened in 1969 by the Daughters of Charity to meet the growing need for childcare in the town. In 1996 the center was taken over by Poolesville Daycare. Fortunately the mission of the center stayed the same.

In October 2014 families of the children attending the center received letters indicating that the center would soon be closing. In the letter it was explained that the center had been met with economic pressures and would no longer be in ser-

vice. The adjacent thrift shop and outreach center remained open.

Since the daycare's closing, the Daughters of Charity have been considering construction of a new building to replace the existing 60-year-old structure. When it was originally built in the 1960, it was designed to last ten years and to serve as a temporary home for the Mother Seton School. Over the years, wear and tear has made the building unsuitable to inhabit.

Replacement of the building however hinges on agreement with the town to allow the new building to hook into the town's water and sewer

system. Unfortunately, the location of the Seton Center building is outside of the town limits, which places the project in opposition to a new town ordinance preventing buildings outside of the town limits to connect to the town water and sewer services.

Sister Linda, Director of the Seton Center, expressed hopes that the town will consider grandfathering the project since the Seton Center and its adored childcare facility have been a part of the community for 60 years. Sister Linda added that the organization is, of course, willing to pay for the services. If plans for a new building are approved, the Daughters of Charity hope to create another childcare center that will continue to provide quality childcare.

Trail system to open!

After 10 years of work, Emmitsburg will be hosting a Grand Opening of the town's new trails. This event took place at the town's Community Day on June 27th.

Over the 10 years the town has created trails for visitors and residents to use via bike rides, hikes, or walks. 9 years ago the trails were deemed suitable after a feasibility study was conducted. The study was done in conjunction with the town and Mount St. Mary's University.

Board of Commissioners President, Tim O'Donnell hopes that the trails can ultimately be connected to the town; this would allow residents and visitors to park at the community park and access the trails from there. The current trails are located around Rainbow Lake. O'Donnell wants the trails

to be an asset to the town. The trails provide economic benefits as well as provide great leisure spots for residents and visitors.

The town currently has 15 miles of natural surface trails. The trails are used for Mountain biking, hiking, and walks. O'Donnell observes many neighbors and friends out enjoying the trails often.

The town has been working hard to maintain the trails and keep them in shape. The trails weather well which is fortunate for the town because it means that maintenance does not take a lot of time or resources. When the trails do require maintenance, the town is not short on help. The town has 200 volunteer hours already completed. The town has received help with maintaining the trails from local Girl Scout

troops as well as people from all over. According to O'Donnell people have traveled from Vermont and Colorado to aid in volunteer hours.

Financially the town has received help from many sources to complete the trail project. The town received a private donation from the Single-track Future Foundation for \$3,000. The town has received support from the Mid-Atlantic off Road Enthusiast. This company offered to provide the town with any resources they can.

With the success of the trail project, O'Donnell has received several invitations to speak at other town meetings, such as Brunswick, to share what Emmitsburg has learned from the process. O'Donnell admitted that the project has made Emmitsburg a role model town.

The town is focusing on creating a new family trail. The new trail

EHSAA scholarship winners

The Emmitsburg High School Alumni Association is pleased to announce the winners of their annual EHSAA scholarship program. Four \$1,000 scholarships are awarded each year. However, this year an additional \$1,000 scholarship was awarded, thanks to an anonymous gift from a member of the Class of 1965. It was

given in memory of all those deceased in that class (Kenny Krom, John Wagerman, Bill Naill, Clyde Hahn, Robert Ulrich, Gary Valentine).

The scholarship applicants were judged on involvement in school and community activities. Their academic work, financial need, and honors were also considered, along with their

work experience.

Three scholarship recipients are seniors at Catocin High School (CHS) and were recognized at the school's awards annual awards ceremony on June 1. Devin Cash, son of Kristin and John, Jr. Cash, plans to attend Salisbury University in the pre-nursing program. Sophia Eureka, daughter of Tracy and Diana Eureka, plans to attend Robert Morris University majoring in Media Arts. The third recipient is Josh Little, son of Patrick and Terri Little, who plans to attend Mt. St. Mary's University to receive a Business Degree with a minor in Mathematics.

Two recipients are former graduates of CHS, currently attending college. They are Elizabeth A Shriver, daughter of David and Denise Shriver, who

is attending Delaware Valley College working towards a Bachelor's Degree in Agronomy with a focus in Crop Science and Taylor Shank, daughter of Duane and Anita Shank, attending Clemson University working towards a Bachelor's degree in Architecture and minor in Anthropology.

All recipients will be recognized at the Emmitsburg High School Alumni Association's 91st Annual Banquet to be held October 17th.

Emmitsburg approves no tax increase budget

At the town meeting on May 18th Mayor Donald Briggs presented the proposed budget for the 2016 Fiscal year. At the time the council did not discuss the budget in great detail, deciding it was best to take a closer look at the budget before

moving forward and approving it. The budget was officially approved by the council at the town meeting on Monday June 1st even though two members of the council were not present.

The council members who

were present for the meeting, Tim O'Donnell, Clifford Sweeney, and Glenn Blanchard, approved the budget unanimously. Commissioners Joseph Ritz III and Jennifer Mellor were not present at the meeting. The new

budget is said to have revenue of about \$1.62 million.

Town Manager Dave Haller said that the new 2016 budget will offer the town similar services as the 2015 budget did. The difference in the budget is that the 2016 will offer similar services just with less money. As a result, Haller said taxes, water, and sewer fees did not need

to be raised in the new budget.

Mayor Donald Briggs let the council know that future budgets will include \$150,000 for Town Square improvements, along with \$140,000 that will be used to build the trails connecting the Town and Mount St. Mary University. The latter project is still awaiting approval by the town council.

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will be an intro to mountain biking trail. O'Donnell describes the trail as a "Family friendly" trail.

The town held a ribbon cutting

ceremony for the trails on the morning of June 27th. The ceremony included giveaways such as T-shirts and other goodies.

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Chain declines joinder, lawsuit dismissed

In a surprising turn of events, Adams County Common Pleas Judge John Kuhn ruled that a complaint filed in January by three Fairfield residents and three Fairfield Area School Board members against five Fairfield School Board members has been dismissed.

Kuhn ruled that if the six plaintiffs - residents Apryl Huster, Sara Laird, and Rhonda Myers, and board members Pamela Mikesell, Marcy Van Metre, and Lonny Whitcomb did not file an amended petition with Chain added as plaintiff by the close of business on June 15 the suit would be dismissed. A new hearing that was

scheduled for June 18 was cancelled after the plaintiffs notified the court that former Superintendent Bill Chain would not be joining as a plaintiff.

Prior to his departure, Chain had signed a separation agreement with the school district which prohibited him from entering into any legal action against the district. Judge John Kuhn said the court would not force him to breach that agreement.

The complaint alleged that school board members Chuck Hatter, Mickey Barlow, Bruce Lefeber, Agatha Foscatto, and Richard Mathews all violated the

Pennsylvania Sunshine Act and Pennsylvania Public School Code by notifying Chain that his contract would not be renewed without knowledge by the full board or by taking a public vote. The suit requested that the court rescind the board's actions and Chain's position be restored.

In December, in a 5 to 3 vote, the school board had accepted the "irrevocable resignation and retirement" of Chain. Prior to the vote accepting his resignation, board member Lonny Whitcomb suggested that the board seek a second legal opinion to extend Chain's contract by one year. However,

District solicitor Brooke Say advised the full board that Pennsylvania law only allowed School Districts to offer three to five year contracts to their superintendents with expiring contracts.

Although the parties amended their petitions several times over the past several months, Kuhn's response to recent objections only cited one issue - Chain was not a plaintiff. Agreeing with the defendants' claim that Chain is an "indispensable party to this action," Kuhn wrote that "the Court cannot proceed with Plaintiffs' claims without Mr. Chain's joinder as a party."

"If Mr. Chain wished to join Plaintiffs as a party in this action, he certainly could have, and that would have been his carefully considered decision to risk breach of his Agreement and loss of benefits and performance...That Mr. Chain has not pursued such an action is significant in estimating Mr. Chain's position regarding Plaintiffs' suit," Kuhn wrote.

Chain had been Fairfield's Superintendent of Schools for seven years. In May, Chesapeake Bay Foundation's Executive Director Harry Campbell named Chain as the new Pennsylvania Senior Agriculture Program Manager. No one from the current Fairfield Area School Board was available for comment.

Community Rec Park not seeking public funds

Hamiltonban Township Parks and Recreation Commission members met last month to discuss their progress towards building a park for their community. The park will occupy three acres located at 4020 Bullfrog Rd. and PA 116. The property is currently home to the Township Maintenance building. Township Supervisor Coleen Reamer said an additional 17 acres, currently owned by Valley Quarries may be available at the site if the township wishes to expand the offering.

Commission members agreed that they would be seeking support from several area businesses as efforts progress toward building the park for township and Fairfield residents. Funding for

the park is estimated at about \$106,000. When it was originally introduced in 2007 it started with \$20,000 seed money committed by the township. The Fairfield Borough and other area businesses have pledged the \$33,000 labor cost for the ongoing project.

Commission Vice Chair Maggie Travis announced "We are not using taxpayer dollars," explaining that money was being sought from state grants and from area "partners" to avoid adding to the tax burden among township residents. Travis said the plan is to use the allotted money when necessary, and repay it from future grants that will be made available.

Members also discussed updates on their 22 public partners and

submitted their mission statement for approval from the township supervisors. They further discussed using the township website (hamiltonban.com) to retrieve and administer information on the park's progress to residents.

Characterized as "The core of the project", stage one will begin with the park's entrance and parking area at 4020 Bullfrog Road. It will have a handicapped-accessible playground, a pavilion, and a 400-foot walking trail that eventually will surround the park. "It will be the only handicapped accessible playground in the area," Commission Chairman Terry Scripture said. She and others involved have volunteered countless hours for bringing the three-acre park of

the Township Campus property to life.

Terry Scripture revealed "Thirty-one percent of our households include children under age 18-it will be nice to get this project completed for so many families in our community."

In prior meetings, several residents voiced concerns about safety, possible vandalism, and liability issues - asking that a fence be installed around the retention pond. Planting water friendly plants and trees for problem areas was another proposal discussed. Other concerns have included the long-term cost of security, vandalism, and maintenance.

A matching grant application made to raise \$53,000 was made

by the commission in April to the Department of Conservation and Natural Resources. Matching grant funds could be made possible via the Department of Community and Economic Development after the application is submitted. If the grants are approved, construction could begin in mid-2016. The all-volunteer committee remains very positive and hopeful that the community and area businesses will continue to come together to make the park a reality.

"We want to create a happy, family space for our kids to enjoy," says Scripture. The Hamiltonban Parks and Rec Commission held another meeting on June 9th at 7 p.m. at the township office.

Fairfield News Briefs . . .

Carroll Valley to host 4th of July extravaganza.

Carroll Valley Borough has finalized plans for the 11th Annual July 4th Celebration being held on the grounds of Carroll Commons in Carroll Valley. This year's event will be held on July 4th, from 2 p.m. until fireworks at 9:45 p.m.

There will be plenty of fun for the whole family to enjoy; cheer on at the car show, listen to good music, join the horseshoe tournament, take a swing at the golf putting competition, or relax and enjoy a hayride across the valley. Displays from Fair-

field Fire/EMS, Fountaindale Fire Company, Cali's Creations, AJ Photography, Boondock Candles, and Country Crafts will be made available for those attending. Other specialty vendors will also be on hand for the community to enjoy. There are many activities for the whole family - admission and parking are free!

Families are encouraged to bring their friends and neighbors. Mayor Ron Harris is more than pleased about the upcoming community event. He announced, "Pack your picnic basket or stop by the food court located on the picnic grounds for some tasty treats. The evening

will bring more great music, a performance by PYROPHORIC Fire Dance Troupe, a formal flag retreat ceremony, and conclude with fireworks launched from atop Liberty Mountain!" to the community.

Water company upgrades

In other news, York Water Company plans to upgrade their existing facilities for over 1,000 customers that they serve in Adams County. The upgrade will include 3 satellite systems located in Carroll Valley, Cumberland Township, and New Oxford according to company president Jeff Hines. Some of the money will be used to add generators and

transfer switches to make the equipment more effective.

County radio project

The countywide radio project that was approved in January 2012 is expected to be fully operational by the end of this year. The goal of the \$26.3 million project was to take the county's outdated analog radio system and upgrade it to a P25-compliant digital system. The emergency radio system "May be the largest legacy" left by the three Adams County Commissioners, said Randy Phiel, who is the Chairman of the Board.

The upgraded equipment being installed includes antennas, dishes, cabling, and transmission equipment for 5 new tower sites. It will also in-

clude 11 towers that are currently leased by outside companies, as well as replacement tower sites in and around Adams County. Radio training for 911 dispatchers, emergency responders, law enforcement, municipal officials, and county agencies will take place in early fall, said John Eline, Director of Emergency Services. The current system was last upgraded in 1979.

When the 3-member board of Adams County commissioners took office in 2011, the radio project remained untouched for two years. Adams County Commissioner Marty Karsteter Qually admitted "We came into office and made a decision. It was the right decision then and now."


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NEWS

Main Street website up and running

Thurmont Main Street has launched its long awaited website to help promote Thurmont - Thurmontmainstreet.com.

The new website was designed to appeal to two types of audiences. The first audience includes residents who are looking for local businesses and local events. The second audience includes visitors and new businesses. The website will be used to attract tourists and bring new businesses to town.

The website features a "Visit Thurmont" section, a "Relax,

Retreat, and Recreate" section, a "Business" section, and a "Souvenir" section. Each section of the website gives visitors a better look at what is happening in Thurmont and what the town has to offer.

Website visitors and residents can also find a section on the history of the town. Here the section discusses the history of the many local businesses Thurmont holds. This history section of the website can be located under the "About" tab of the website. Steve Newman of the Thurmont Historical So-

ciety aided in the creation of this page.

Main Street Manager, Vickie Grinder states "The website shows off the beauty and relaxation that the town offers on a daily basis." The website will feature local events and all nonprofit organizations in Thurmont. These can be submitted to Grinder via email at vgrinder@Thurmontstaff.com.

The website spotlights the natural resources of the town including Cunningham State Park and Catocin Mountain Park. Thurmont's

appeal to bikers and hikers is another town highlight featured on the website. Grinder reports "The town is known as a biking and hiking haven for professionals."

The goal of the website is to attract visitors. Grinder explained that Cunningham State Park and Catocin Mountain Park are two of the main tools used on the website to achieve this goal. The hope according to Grinder is that residents and visitors will be attracted to the relaxation offered by the town and that will lead them to visit the local

shops and restaurants.

While the website aims to attract more visitors it also aims to attract new businesses. Grinder explained that the website was designed to attract current entrepreneurs or businesses that have not established themselves yet and are interested in establishing their businesses in Thurmont. The business section of the website provides interested businesses with all the information they need to begin that process. This includes property listings with contact information. The souvenir section of the website will be ready once the Main Street Center is up and running.

Thurmont budget update

The Mayor and Commissioners continued their 2016 budget discussion at the May 26th town meeting. Mayor Kinnaird presented the final figures for the 2014 Fiscal year budget. The final figures showed the revenue for sewer was up to \$672,492, water was up to \$279,156, electric was at \$316,633 while the general fund was at \$673,704. Kinnaird said the

final numbers in the 2014 budget were positive.

There were several reconcile funds that needed to be attended to before the final touches could be done to the proposed budget for 2016. As of June 30, 2014 the sewer fund owed the general fund \$682,730, the water fund owed \$22,597 to the general fund, and the general fund owed electric

\$241,613. In order to pay these expenses Kinnaird proposed making a two year payment plan and splitting the payments 75/25.

The board of commissioners agreed upon the split. The Mayor approved \$10,000 towards the Main street renovation project, and \$25,000 was added to be split between special activities such as Halloween in the Park and Concerts in the Park. Sev-

eral Escrow items that were originally scrapped from the budget were reinstated as well. A few of these items include a new analog encoder system to record the town meetings, new in-car radios for police, and a new scanning system for the town office. The additions the town will be including will increase the capital improvements fund by \$19,000 while simultaneously decreasing the Escrow fund by the same amount.

The board approved a tax rate of .3017 for every \$100. This new

approved rate differs from the previous year's rate but only slightly. The tax rate is lower than the 2015 rate. The tax rate for the 2015 Fiscal year was .3103 per every \$100. The new tax rate for 2016 was approved unanimously by the board. Thurmont's Chief Administrative officer, Jim Humerick, says that the new tax rate is representative of the upcoming year. Humerick also added that this tax rate will generate the same amount of revenue as it did the past year.

New Thurmont police officer sworn in

On the June 9th Town Meeting the Thurmont Police Department welcomed a new member to its department. Thurmont resident Brian Donovan was sworn into the department.

Donovan is a local resident of Thurmont and has lived there for the past 24 years. Donovan attended every school in Thurmont and graduated from Catocin High School in 2005.

Donovan comes from a family of service workers. His father is a police officer for Greenbelt City and has been for 30 years and Donovan's brother is a Career Firefighter for Frederick County. "You could say it's in my blood to work in this field." announced Donovan.

In 2012 Donovan was hired to work for the Maryland-National Capital Park Police in Prince George's County. He attended the Prince George's County Academy where he graduated in 2013.

Donovan volunteers his time at the Guardian Hose Company in Thurmont where he is a volunteer Firefighter. One of the things Donovan loves the most is being able to help the citizens in the town that he lives in.

Thurmont Police Chief Gregory Eyler introduced Donovan to the board at the June 9th Town Meeting. Eyler gave the board a little background on Donovan then invited Mayor Kinnaird to swear Donovan in. Following Eyler's invitation, May-

or Kinnaird swore Donovan into the department. Donovan's parents accompanied him to share the honor. Donovan says the ceremony was nice but he did not expect it to happen at the meeting.

Donovan has been enjoying working for the Thurmont Police Department and sees himself having a long future there. He enjoys being able to go to work every day and learn from the many officers who have been there for years. Donovan appreciates the lessons he learns through the experiences that the other officers have to share.

Now that Donovan has been sworn in to the department he is able to begin his field training.

The Thurmont Police Depart-

ment is still looking for more officers. Those interested can visit the Police

Department section of the Thurmont website.

Thurmont Farmer's Market

Thurmont Main Street kicked off the freshness of the season with their Farmers Market on Saturday, June 13. The Farmers Market in its 11th year, offers home-grown local products and fresh baked breads. The new location is the Thurmont Municipal Parking Lot adjacent to Main Street and is held every Saturday morning from 9am-noon. To become a vendor, or for more information contact karen@kinnairdmemorials.com



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<p>Red's Apple & Strawberry Ale, Shock Top, Bud Light Lime, Bud Light Platinum, Beck's, Michelob Ultra Light Land Shark, Smith & Forge</p> <p>4 PAK 16 OZ. CANS \$3⁹⁹</p>	<p> Paul's Pit Stop DISCOUNT BEER, WINE & LIQUOR Website: m.paulspitstop.net 150 S. Seton Ave., Emmitsburg, MD 21727 301-447-6262 Monday-Thursday 9 am-10 pm, Friday & Saturday 9 am-11 pm, Sunday 11-8 pm</p>	<p>Miller Light Coors Light</p> <p>\$13⁹⁹ 18 PAK BOTTLES</p>	<p>Platinum 7X Vodka 1.75 Liter \$13⁹⁹</p>

HISTORY

100 years ago this month

July 2

Enforce the Ordinance

The attention of the Burgess and Commissioners is directed to the unsanitary conditions of some of Emmitsburg's alleys. An inspection will reveal an unhealthy and unsightly state of affairs. In addition to rubbish and waste of all kinds, garbage and filth may be seen in not a few localities. This means disease. It also means, if allowed to continue, that the health and pleasure of many is to be made subservient to the indifference of a few. The town authorities have the power to put a stop to it and they should.

Boozer's Crash Into Pole

A five-passenger touring car was badly damaged after crashing into a telephone pole on the state road at the base of Payne's Hill, near Thurmont, early Saturday morning, John Cool suffered a broken nose and badly cut face. Benjamin Topper, who was running the car, was bruised and shaken up. Basil Sanders, John Wetzell, and Robert Ride-nour were cut by flying glass. The accident was attributed to booze.

The occupants of the auto, all members of the Emmitsburg chapter of the Former-Former Boozers Association, were returning from a 'shine run' in the mountains. According to Topper, the occupants got to sampling the 'supply' and he "plain forgot that he was supposed to be steering." "I never had to worry about steering with 'Old Luke (his horse)," said Topper. "I tell you now, autocars are going to put an end to a man's constitutional right to drink and drive. No wonder womenfolk like them so much."

It is estimated that it will cost about \$350 to repair the damaged auto, which was the property of the New Slagle Hotel Garage.

House and Barn Fire

Early Monday morning fire, supposed to have been of an incendiary origin, destroyed the farmhouse, stable and shed on the farm of Walter Hess, about 3 miles from Emmitsburg. The loss is placed at about \$2,000. Nothing remains of the property but the walls of the house, everything else having been completely burned to the ground. Charles Hess, a brother of Walter Hess, discover the fire at 2:30 in the morning. At that time the roofs of the buildings were falling in and it was impossible to save any of the structures. At 11 o'clock the night before, the house, which was untenanted, was intact and there was nothing to suggest that a fire was imminent.

July 9

Emmitsburg Has a Big Fourth

"Made to order" could well have been applied to Saturday, which,

although the third, was Emmitsburg's Fourth of July. It was an ideal day in every respect and people for miles around came into town to enjoy that always-enjoyable annual event: the Firemen's Picnic.

Bunting and flags adorned every house in town; equipment and vehicles of all sorts were decorated; men had on their Sunday best and the woman the most becoming apparel. Early in the morning the crowd began to assemble. "Home duties" were temporarily given up, plows were left in the fields, stable doors were locked and everybody was "out and gone to the picnic."

The streets were lined with pleasure seeking folks when the parade started. There were people on the sidewalks, steps, porches and the windows, as the Vigilant Hose Company, the pride of the Emmitsburg, came swinging into Main Street to the gayest kind of music.

Under the cover of the pavilion, flag decked, cool and stocked with everything to supply the inner man, sat the feminine contingent, hundreds strong, doing what women do best - serving food and spirits to men.

At night the grounds were electrically illuminated and big crowds came again. The dance floor was crowded and the pavilion filled. Out on the diamond boys set off canon crackers, and in the outfield, firemen sent hundreds of rockets into the air. It was a day that will not soon be forgotten here.

War Tablets for Fountain

At a meeting of the civic league, held several months ago, the matter of replacing the war tablets at the fountain in the square was discussed. Immediately upon the decision to ask for duplicates of those destroyed a year or two ago, the battlefield commission was communicated with and the result is that within a short time new markers will be placed in position, this time inside the coping and closer to the fountain.

Chicken Thieving Nearby

Mr. Krise Byers of Greenmont was awakened by noises from his hen-house Sunday night. Despite the fact that the intruders made a hurried getaway, several of his hens went with them. Mr. Byers fired two shots at the thieves and they replied with two more, however, none of them were dangerously near him.

Accidents

A bicyclist riding near town without a light on his machine collided with a prominence citizen of this town on Tuesday night, inflicting painful but not serious injuries to the pedestrian. The victim was on his way home and there was nothing to indicate the approach of the bicycle (lights on bicycles are required by law). He did not realize the danger until the collision occurred.

On Saturday night, what might have been a very serious accident when Messers. Charles Long and Robert Burdner were driving on West Main Street. Coming towards them was another vehicle occupied by two ladies, who evidently did not realize their close proximity to Mr. Long's team. The latter endeavor to turn out but it was too late and their wheels came together, throwing the men to the ground. The woman's buggy was slightly damaged but fortunately no injury was done to the ladies. The accident only proves that womenfolk do not have the necessary attention span to ever be allowed to drive an autocar.

July 16

Three A Minute

Last evening, about 7:15, three runways occurred on Main Street within one minute. The first one was a team belonging to the Slagle Grocery Store. This was brought to a halt by Mr. J. Stewart Annan. The second was a loose horse belonging to Mr. Zimmerman. The animal came uptown at a "two-ten clip" scaring everybody - especially the express team of the Emmitsburg Railroad - which took off in the opposite direction. Fortunately none of the horses were hurt.

Egg Thieves are busy

Egg and chicken stealing has again broken out in the vicinity of Thurmont. Five crates of eggs were stolen from Ross Eyler, a huckster, last Friday night. The track of a one-horse spring wagon was followed to the Blue Ridge Summit Lane, and it is now thought that the thieves are hiding in the mountains.

July 23

Felonious Assault

Thomas Little, who lives near Mount St. Mary's, was giving a hearing yesterday morning before Squire Shuff, on a charge of alleged Felonious Assault upon Miss Mary Barry, who lives about a mile from Emmitsburg on the state road. The alleged attack took place on the highway near the old cover bridge,

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NEW HOTEL SLAGLE GARAGE

Wednesday evening about 6:30.

Little, who was drinking heavily, had been following Miss Barry for some distance along the road. Becoming alarmed at the man's faction, she turned and remonstrated with him, whereupon, it is said, Little seized her, and forced her to the side of the road. Miss. Barry managed to break away from the fellow by choking him and beating him on the head with an umbrella she was carrying.

Two persons were approaching by this time and Little ran around the bridge and hid along the creek. Several hours later Officer Hahn arrested him at his home. At the hearing Ms. Barry appeared very nervous from the encounter and her face was all bruised and swollen. She was inclined not to press the charge against her assailant if he would promise to leave town, but Mr. Schuff said State law must take its course and fix the defendant's bail at \$1,000.

Lightning Stuns Family

Lightning struck a farmhouse near Emmitsburg, Tuesday night, passing through two rooms, rendering one person unconscious and stunning three children who were asleep in the bed. A nickel plate of a horse harness was melted and furniture in both rooms was badly damaged. The bolt struck a chimney, and after passing through the room where the children slept, tore through the

floor into the kitchen. The father of the children, who was sitting on the porch, was hurled from his chair, and rendered unconscious.

July 30

Freight Service Needed

Pending the awakening of sufficient interest in our community to get the extension of the Frederic trolley into our midst, why can't we induce Mr. Sheets to put on a larger bus to Thurmont to provide freight service to and from Thurmont?

Mr. Sheets now maintains an auto service that is very good and in a great measure is a splendid way for people to get quicker service to and from Frederick, but he can't take the place of a trolley with its frequent stops. We must have the trolley. Anyone to second the motion?

John Dukehart

Mr. John Dukehart, a lifelong resident of Emmitsburg, died suddenly at his home on Frederick St., Tuesday night. The cause of his death was heart trouble, from which ailment he had been a sufferer for number of years. Mr. Dukehart was born near Mount St. Mary's in 1861. He was a coach maker by trade, a vocation which he followed successfully for many years.

To read past editions of 100 Year Ago this Month visit the History section of Emmitsburg.net.

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FROM THE DESK OF . . .

County Councilman Kirby Delauter

This month we'll review a spending initiative proposed by Frederick County Executive, Mrs. Jan Gardner. She is proposing the County hire an in-house construction team to perform County road and infrastructure improvements. Hiring a highway crew to add to the County payroll when it is more beneficial and ultimately, more cost effective, to use an experienced private sector contractor - fails a cost vs benefit analysis.

Here's the big picture:

Unnecessary spending along with government waste, unaccountability, and incompetence at the federal, state, and local government level is a root cause that leads to severe fiscal problems. Expanding the Frederick County government when it is not vital, is leading the County in the wrong direction

Infrastructure maintenance is important - and so is doing it the right way:

Everyone agrees that infrastructure repair is necessary. But at what cost? Mrs. Gardner believes that hiring an in house construction team will result in cost savings to the County, when just the opposite will occur: It will cost more and be less productive.

Let me explain how this issue came to be:

During the Blaine Young BoCC (the previous County Board), an effort to streamline efficiencies and reduce costs occurred. Many of the County functions that were a duplication

of services, were outsourced to the private sector. I've often said that "if we can find a local company that can perform a desired task better and cheaper - than the County shouldn't be in the business of performing the task."

When the County outsources work effectively, it supports jobs for local businesses and reduces County costs.

Mrs. Gardner is selling the idea based upon a false premise:

In this case, an inaccurate claim is being used to justify hiring a new highway crew. Mrs. Gardner claims it is necessary to hire construction services in-house because when the County placed a bid for a culvert project - according to the County's estimate, they paid an extra \$360,000 to have a private company perform this work. Thus, it would be cheaper for the County to do the work themselves.

However, if one examines the actual circumstances, a different outcome emerges.

Getting the job done right the first time yields better results and cost savings:

The first red flag to get my attention is that County employees are not held to the same performance standards as private contractors.

For example, contractors have to abide by offsite dumping rules, and have an approved site to haul removed spoils from a construction site. In the County's case, just take a ride out to Seiss Road in Thurmont where a

County road crew recently worked on some ditch improvements and placed a culvert across Seiss Road. From the road, one can see where the County workers illegally dumped excess materials, including asphalt in a nearby swale in a farm field.

A private contractor has significantly higher standards and would not be allowed to do such things. The County took no compaction tests on the backfill of the roadway, and no tests on the asphalt patch. A private contractor must do both. The county placed no sediment controls, whereas a private contractor must. The county shut down the road to perform work, whereas a private contractor would be required to set up traffic control (which is more dangerous and more expensive).

These are a few reasons why a private contractor may at times, cost more to do the same job than a County construction team.

However, a private contractor's performance standards are much higher, yielding better results. Doing the job right the first time prevents having to pay more later to fix an unsatisfactory job - saving money in the long run.

There are many examples of how a private contractor is held to higher standards than County run projects. If all or any construction requirements imposed on private contractors are deemed unimportant - then let's get rid of this burden and save the tax

payers money. If these requirements are deemed critical to safety, traffic flow and construction quality - then shouldn't the County be held to the same performance standards required of private contractors? It is either important or it is not, let's be consistent.

A lack of effective oversight:

A prime example of wasting County dollars occurs when the procurement process fails to obtain leverage through competition when hiring private companies to do County tasks.

When I asked the County's Dept. of Public Works "How many bids did you receive" on the culvert construction project? I was told "only one bid." I asked "How could you determine if this was a good price, with only one bid?" The County's answer: "We don't know" (that it was a good price). I certainly agree that The County does not know this answer.

This begs the question: If the County did not successfully manage the procurement for construction services to everyone's satisfaction, what confidence is there that the County could manage and perform complex construction projects better and cheaper than an experienced private contractor?

In-house construction services / Less bang for the buck:

The long term cost of adding an in-house construction staff of nine employees significantly outweighs the cost to outsource: Let's take a moment

to evaluate the estimated cost to the County and tax payers.

Nine new county employees with salaries and benefits including paid vacations, health care and a retirement system (that most of the tax payers in Frederick County do not enjoy). Additionally, the new construction department will need facilities, equipment, and ongoing funds for operations and maintenance. Very quickly (using County provided employee cost figures), the total cost of hiring an in-house construction crew will be in excess of \$1.12 million dollars per year.

We the tax payers, will be obligated to help subsidize this cost for decades, and when the County construction team retires, we will be contributing to their retirement pensions for the rest of their lives. I think a quick cost analysis helps to answer the question "what is the big deal about hiring unnecessary County personnel?"

It appears Mrs. Gardner is not aiming to run Frederick County effectively using available resources.

In general, hiring more government employees for no vital reason results in hiring for the sake of growing government. This is fiscally irresponsible - and it is the crux of the debate springing up across America as unsustainable debt obligations by governments (at all levels) intersect with the reality of fiscal accountability. Wasteful government spending is a threat to our country's future.

As usual, I give you the facts, and you can decide if our County is being run effectively.

County Councilman Billy Shreve

English ... the Official Language?

While President, Teddy Roosevelt said, "We have room for but one language in this country, and that is the English language". What are your thoughts? Should we repeal County Ordinance 12-03-598, Frederick County Official English Ordinance which establishes English as the primary language in Frederick County?

Two Democratic Councilman Mary Catherine (MC) Keegin-Ayre and Creator of the "Civility Code", Teacher Jessica Fitzwater are saying English should not be the Official Language. Are they acting on their own or are they Pawns of County Executive Gardner in her quest to repeal everything that the former Board of County Commissioner accomplished? How will Bud Otis vote?

The public Hearing is July 21, 2015 at 7 pm. If you can't make the hearing share your thoughts via email at CouncilMembers@FrederickCountyMD.gov

The ordinance was established in 2012 to set a standard for Frederick County Government to produce all documents in English, and conduct their meetings in English. Without establishing English as the Official language, your tax dollars could be used to not only write documents in any language, but also pay for an interpreter if necessary.

Think about this ... There were over 50 hours of hearings for a recent County case. Should your tax dollars be used to provide interpreters for all of those hearings, or should we just state they will be in English and save your money for Roads, Schools, and Police protection? Do the math. At \$100 per

hour, 50 hours would cost \$5,000 for 1 language.

Multiply that cost times 2 ... Sign language. Now \$10,000 of your precious money was spent. County tax dollars will now be needed to find people to hear and understand another language, and then, interpret it to sign language for the hearing impaired. The sign language interpreters are not happy about this.

Where does it end? According to the Linguistic Societies Website, the Bible was translated into more than 2,500 languages. In 2009 there were more than 6,900 distinct languages worldwide. In North America 165 languages. Do you really want your tax dollars at risk of translating into all of these languages or do you prefer to stay safe and just use English? If one language is translated using County tax dollars, is it discrimination if another language

is refused or the County simply cannot find an Interpreter that speaks the language requested?

In the existing ordinance, there are specific protections for Residents and the County. In the repeal, those protections are not specifically protected. What ??? What is addressed is "Promoting a competitive Business climate ... Attracting New Life Science Business ... Moving Frederick County closer to being the State's bio-tech Hub"??? Check the campaign reports. Is someone in the pocket of the bio tech industry in Frederick County? I thought we were elected to protect the County and its citizens, not the Bio tech industry.

Today, the existing ordinance on page 3 states Frederick County "may use a language other than English" to ... "Teach or encourage ... Public Health, sanitation, Public Safety ... Criminal Defendants & Victims of Crime ... Trade, Commerce, Tourism ... To collect payments fines, or other obligations". This protects Frederick

County Government. Read it yourself on my Councilman Billy Shreve Facebook page or the county website <http://frederickcountymd.gov/4316/Billy-Shreve>.

The United Nations, the largest inclusive governing body in the world, with 193 of the 206 countries in the world represented, has 6 official languages: Arabic (Literary), Chinese (Standard Chinese, Simplified Chinese Characters), English (British Spelling), French, Russian, & Spanish. In 2001 the United Nations mostly used English because of budget constraints and the cost of producing official documents in all 6 languages. Ghanaian Leader Kofi Anan would be more than happy to discuss English as the Official language. He lived it when he was in charge of the UN in 2001. He choose English.

Billy Shreve is a former County Commissioner and now represents Frederick County as a Councilman at Large. He can be reached at billy@FrederickCountyMD.gov or 310-639-4763.

Emmitsburg Mayor Don Briggs

Hard to believe we are this far into summer...I attended the grand opening of Seton Village, the re-adapted apartment project, part of the Daughters of Charity property. The 43 units were developed by Homes for America. Seventeen of the units are now home to town residents who have chosen to down size. 27 units (63%) are occupied by new residents to our town, whom we welcome.

We are progressing along with our town application to be recognized as a State Sustainable Certified Commu-

nity. Green Team member Amy Myles has suggested that we start an "adopt a block" program. A great idea that would complement other volunteer efforts at the square and the flower bed on East Main Street.

A late night car accident knocked down the Doughboy. The statue appears to be ok with only the pedestal damaged. The town is getting repair estimates. Being discussed is relocation of the statue to a more visible place in the "townscape". For the last year the town has been in discussions with

VFW and American Legion about a memorial in front of the Community Center to complement the other war memorials in town. Also possibly bringing it down to the Square as a part of its redevelopment program. In the end it will be up to the community as to whether to move it or not.

Though it is difficult to get past the tragedy in Charleston, we can. Get involved, get connected to our town. Being a part of anything comes at a price. A simple one. No more arms folded and stealth opinions, but rather roll up your

sleeves, volunteer and participate in any one of the wonderful events that take place here. Happy 4th of July to all.

Dollar General grand opening is July 11th. It took a good bit of time to get them here, but what the heck, we were told they would never come here. What a terrific upgrade to that part of town.

GO Emmitsburg 12u Orioles and Red Sox All Stars in defending their State Cal Ripken tournament title at Memorial Park on the 4th of July weekend.

Congratulations to the Emmitsburg Storm 12u team on winning the "Walk the Plank" tournament In Ol-

ney over the Memorial Holiday weekend.

The pool is open and pool party dates are set for July 10th, 24th and August 7th.

Christ Community Church will again host a "Back to School night" on Friday August 7th in Community Park. Mark your calendars. Last year over 500 attended.

Spoke to Troop 727 on June 4th. It is amazing the projects these future leaders are involved in.

I attended the 5th annual Emmitsburg Elementary School "Play Day" on June 5th. Always very special. Again thank you Sarah Palmer.

GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardner

Exciting things are happening in Frederick County!

Jobs, jobs, jobs!

This week I had the opportunity to travel to Philadelphia to promote Frederick County at the annual International BIO conference. Frederick County businesses were well represented including Leidos, NCI Frederick, Texcell, and the U.S. Army Medical Research and Materiel Command from Ft. Detrick who were promoting Medical Technology Transfer. It was an opportunity to build relationships within the biotech community, learn about new technology, and to meet with state leaders including Gov. Hogan's Deputy Secretary of Economic Development, Benjamin Wu, who sat down with us to talk about expanding our local business incubator with a second location in downtown Frederick.

There is amazing cutting edge technology on the way that will allow us to monitor our own vitals, our EKG, and blood test results using an App on our phones! We even had a live downlink from the International Space Station and a real time conversation about the impact of space on aging and how this research translates into addressing aging issue on earth.

Frederick County is very proud of our strong biotech and life science community. Frederick County is home to 80 biotech companies making us the county with the second largest concentration of life science businesses in the state. We are excited by the planned expansion at AstaZeneca which will add 300 new jobs with a likelihood of more. We are proud that Thermo Fischer (former Life Technologies) is shipping products made in the United States around the world - internationally every day. It is wonderful that these businesses are not only providing good jobs but improving public health and well-being.

Some people think the biotech industry is not creating jobs for them. Some think these are jobs just for scientists or for people with college degrees, master degrees, and PhD's. While there are jobs for scientists and people with high levels of education, there are also jobs in manufacturing and distribution that require high school degrees or associate degrees or certificates that can be earned at our community college. There are jobs for people with a wide variety of skills and education. The biotech and life science industry provides opportunity for wages and benefits that are sufficient to support families. Best of all, these businesses are about improving the life of patients and keeping people healthy. These are jobs that people can be proud to perform and make an important difference to the quality of life of people.

What's Next?

Solid Waste: Stay tuned for upcoming outreach meetings and brainstorming sessions to answer the question of "What's Next?" for solid waste management. It seems hard to believe, but there is a tremendous amount of community interest and even passionate debate about the details of recycling, composting, and waste disposal. People really want

to talk trash! To ensure open government and public participation, the county will be hosting outreach meetings around the county to hear what you think on this issue. So, get ready and put your thinking cap on!

Ethics: Revisions to the ethics ordinance are being drafted and will be introduced to the county council for their consideration in July and August. The Ethics Taskforce did fabulous job gathering information,



The Emmitsburg Doughboy statue, erected in 1927 to honor those who served in "The Great World War," miraculously escaped damage after its base was hit by a car. The statue was a central fixture in Emmitsburg prior to WWII, but due to limited parking near the statue and increased traffic flow that limits pedestrian traffic, the time has come for the town government to consider moving the statue to a more central location. It is hoped that the statue can then be admired and the efforts on the men whose names appear on its plaque can be reflected upon in peace and quiet.

debating the issues, and making recommendations to strengthen our ethics laws to ensure trust in government. Recommendations include adding back penalties for serious violations, expanding financial disclosure requirements to key boards and commissions like the planning commission, prohibiting elected officials from doing business with the county, adding a code of conduct for elected officials, and expanding the size of the ethics commission from 5 members to 7 members.

Growth: It seems that no issue in Frederick County is more contentious than the debate about how the county should grow. The prior administration zoned a tremendous amount of land without doing the planning first

— much like putting the cart before the horse. Making sure we have adequate roads and schools will be difficult due to the developer friendly contracts signed by the last Board of Commissioners. These contracts benefited developers and failed to protect the taxpayers. Later this summer, I will initiate an update of the county comprehensive plan with the intent to do the needed planning. Better late than never!

I am honored to serve as Frederick County's first County Executive. Let me know your thoughts and ideas. You can contact me by e-mail at JGardner@frederickcountymd.gov or by phone at 301-600-3190. Follow me on Facebook at "Frederick County Executive Jan H. Gardner" or on twitter at @JanGardnerExec.

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FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

The 11th Annual July 4th Picnic Celebration will be held on Saturday July 4th starting at 2 p.m. If you are interested in basketball, you may want to attend the 5th Annual 3 vs. 3 Team Basketball Tournament which starts at 9 a.m. There are many activities to participate in. There is the climbing wall, the youth obstacle course, bungee jump, golf putting, the horseshoe tournament, horse rides and hay rides.

Besides food vendors serving up that delicious food, we have service and craft vendors to visit. In the evening, you will be treated to a group of individuals who incorporated their passion for music, dancing and fire into a dynamic, spectacle and breathe taking "Pyrophoric Fire Dance". The celebration ends with fireworks being launched from on top of Ski Liberty Mountain. I hope you and the family will be able to join us. Check it all out by going to www.cvJuly4th.com. I hope to be there taking pictures. If you are interested in seeing the pictures taken at the July 4th Cash Bash Fund Raiser or the Carroll

Valley Yard Sale, go to www.ronspictures.net.

Summer has started which means those heat alerts are going to be broadcasted again. There are three types of messages that are sent out to the populace and they are: Excessive Heat Outlook, Excessive Heat Watch and an Excessive Heat Warning/Advisory. An Excessive Heat Outlook is used to indicate that a heat event may develop and the emergency management and public health officials should be prepared. An Excessive Heat Watch means an excessive heat event may occur in the next 12 to 48 hours. Finally, an Excessive Heat Warning/Advisory is issued within 12 hours of the onset of the following criteria: heat index of at least 105° F for more than 3 hours per day for 2 consecutive days, or heat index of more than 115° F for any period of time.

Why pay attention? According to the NOAA National Weather Service, the statistical data shows that heat causes more fatalities per year than floods, lightning, tornadoes, and hurricanes combined. What to do?

Here are a few tips. Slow down and do not perform any strenuous activities. Drink plenty of water or other non-alcohol fluids even though you may not feel thirsty. If you have problems retaining fluids, consult your physician before increasing your fluid intake. Eat light meals to decrease your metabolic heat production. Wear lightweight light-colored clothing. And naturally, try to spend time in an air-conditioned place.

At the June 1st meeting of the Planning Commission, a briefing was given by Dr. Lisa Wolkind, veterinarian who has been in practice for 17 years. The topic was "Community Free Roaming Cats". Dr. Wolkind, DVM introduced the strategy called "Trap-Neuter-Return" (TNR) to control feline populations. She said that TNR has been embraced by universities and small communities alike as the most effective management strategy to humanely stabilize and reduce the free roaming domestic feline populations.

At the June Carroll Valley Borough Council meeting, Councilperson Sarah Skoczen report-

ed that she is working with Dr. Wolkind to have a representative from The Nobody's Cats Foundation in Camp Hill to hold a seminar addressing the topic of taking care of free-roaming cats. The tentative date is Wednesday, July 29th, 7 p.m. at the Carroll Valley Pavilion. A flyer is being created at the time of this writing. The Nobody's Cats Foundation is a 501©3 non-profit organization that promotes the adoption of TNR. If you are interested in additional information about the Nobody's Cats Foundation mission go to www.nobodyscats.org website.

Is your house or mailbox number "up" properly so that the police, fire department or an ambulance can find you? In an emergency, seconds count. It is so important that the Borough of Carroll Valley Ordinance §27-706 states all improved property within the borough is required to post the official street address in three (3) inch numbers which are luminous (reflective). The number shall be easily read from 20 feet day or night. If there is no mail box at a residence or if it does not clearly

identify the house, the reflective street address numbers shall be placed on the front of the house. If the residence sits back off the road or is not visible due to trees or bushes, a sign shall be erected displaying the proper address. Does your house meet code? If not, you can buy a reflective mailbox sign for just \$8.00 from the Police Department. These signs are 6" x 18" aluminum and covered in green reflective vinyl with white reflective vinyl numbers attached on both signs. They have the same highly visible qualities of PennDot directional signs. If you are interested in one of these signs, visit the Borough Police Department and ask about ordering one. You can also contact the Police Department Administrative Assistant at pdadmin@carrollvalley.org.

Borough meetings to be held in July are: Planning Commission (July 6th), Finance Committee (July 13th), Council Borough (July 14th), Parks/Recreation (July 22nd). The Borough Office is closed July 3rd. Please reduce your driving speed when you are in the Valley. If you have any questions call me at 301-606-2021 or email MayorRonHarris@comcast.net.

State Representative Dan Moul

This week, the House amended an important piece of Pennsylvania's child protection law that pertains to required background checks for volunteers who work with children.

The Sandusky child sex abuse scandal prompted a Task Force on Child Protection that produced 23 new laws and placed Pennsylvania among the toughest when it comes to fighting crimes against children.

As vice chairman of the House Children and Youth Committee, I sponsored legislation, stem-

ming from a task force recommendation, which became law in December. Act 153 extends clearance requirements for professionals who work with children to include anyone applying for a paid or unpaid volunteer position in which they would be responsible for the welfare of a child.

While the goal of my bill was to strengthen the screening process to help ensure the safety of children, there has been significant confusion as to who must undergo criminal background

checks and the effect the cost of this requirement would have on the recruitment of volunteers.

Under current law, those with direct contact with children are required to obtain a Pennsylvania State Police background check and a Department of Human Services child abuse clearance – each costing \$10.

The intent of my legislation was to make it difficult for perpetrators of child sexual abuse to have access to children. That goal remains unchanged. However, it was never my intent to make it

difficult for well-intentioned volunteers to give their time for the benefit of children.


My House colleagues and I have received numerous phone calls from a number of organizations, including youth groups, recreational camps, athletic programs, scouting troops, clubs and others, expressing concern that the law -- in its present form -- is placing a financial burden on volunteers who are uncompensated, yet providing valuable service in their communities. Therefore, I amended House Bill 1276 – now under consideration in the House – to waive the fees associated

with state-required background checks for volunteers. This legislation, which I am co-sponsoring, would also further clarify who is subject to background checks and make them portable from job to job.

While Gov. Tom Wolf recently took action to waive fees for volunteers, my amendment to House Bill 1276 will put the fee waiver in statute, making it more permanent. The waiver does not apply to FBI clearances for volunteers who have not resided in Pennsylvania for the previous 10 years.


The legislation is now awaiting action in the state Senate.

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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Jim Martin

The election results are now final for the Adams County 2015 Primary Election. The nominated Republicans who will appear on the November, 2015 General Election ballot are the incumbent Commissioners Jim Martin and Randy Phiel. Randy and I ran a clean campaign and did not resort to the low-road tactics of our challengers to gain votes. Those who chose to minimize and denigrate us through their misrepresentations, distortions and innuendos realize that these can be effective to win votes. I did not choose this path to win in the Primary, nor do I plan to do so in this fall's General Election.

My goal in 2011 and again in 2015, along with Commissioner Phiel, was and is to conduct a clean and respectful campaign. We choose to campaign on our accomplishments and goals for the future. Mr. Stokes however, in his Gettysburg Times letter chose to denigrate the incumbent board of commissioners with lies, misinformation, and distortions. In particular he attempted to associate me with corruption, but provided no factual substan-

tion. He also claimed I was party to taking money from developers; check my campaign finance reports and you will find that I did not. Mr. Stokes has revealed, that when given the freedom of speech or of the pen, a great void in his integrity. He is willing to bypass ethics to try and win an election. Personally I would have great difficulty supporting this type of person for public office. Many voters I have spoken to have come to the very same conclusion.

It is unfortunate that time must be spent addressing this, but I feel I have a duty to inform the voters of Adams County concerning the motives and methods of Mr. Stokes. He has even denigrated the board of commissioners for their spirit of cooperation which has established them as a well-run board of commissioners. Mr. Stokes and his inner circle equate discord and contention with success and a job well done.

That is not my formula nor Commissioner Phiel's formula for a better Adams County. Our future and time are too valuable to be wasted on actions that create contention and discord. The

voters of Adams County deserve a board that will act in their best interest rather than a board that cannot function effectively. Before taking office, the current board of commissioners' desire and goal was to leave discord and contention as past county history.

Now that the record has been set straight, I want to reflect on the positive. One of the hallmarks of our administration has been taking advantage of the opportunities to meet and communicate with the public. Our numerous public forums have been a very useful tool to communicate various matters and subjects with our residents and to receive their feedback. We have also facilitated newspaper and video coverage of the meetings for those unable to attend. Have boards of the past made this type of effort to communicate? Not that I can recall. We did interrupt the series of forums during the heart of campaign season, so as to avoid using our forums as a campaign platform; this would have obviously been unethical.

In lieu of forums I have recently taken the opportunities to speak to clubs and organiza-

tions. With these concerned citizens I covered recent initiatives surrounding our county governance. As with any group, be it Republican, Democrat, or Independent the focus always seems to turn to financial concerns.

Under the current board's leadership and vision, the county has reached a very strong financial position. There are many factors working in concert to maintain our strong position. Those factors include measures to contain expenses, to seek and acquire various grants, and to research avenues and measures that will lead to cost savings. One of the best examples has been our development of a health benefits program that has given us considerable price control through a self-insurance model. In the current climate of escalating health care costs, this has been of great financial benefit to the county. This decision is also evidence that we are not satisfied to do business as usual, but continue to maintain a vision to explore ways we can become stronger financially.

In the quest to do better, I recently took advantage of the opportunity to meet and develop a

better working relationship with our new Correctional Officers' AFSCME union regional representative. Running a prison is costly and so is going to arbitration when grievances cannot be settled. A better path of communication with the union will hopefully lead to fewer arbitrations and a stronger and more productive relationship between the Correctional Officers and management. I feel that a better relationship can translate into better program delivery that will benefit both Correctional Officers and incarceration outcomes.

As you can see, if commissioners are seriously concerned about a strong financial position, better services and a better quality of life, it takes multiple efforts of analysis and engagement. I sincerely believe the current board of commissioners has consistently raised the bar while working toward a better Adams County. I have been asked if being a commissioner is a full-time job. My answer is, yes, if you intend to accomplish what the present board has and to stay on the course we have chosen. My request to you is to prepare now to support me with your vote on November 3, 2015. Thank you and best regards for a great day in Adams County.

State Senator Richard Alloway

There have been fallacies and inaccuracies aired recently regarding education funding reform and Governor Wolf's proposed budget. While I agree with the underlying premise that Pennsylvania's education funding system shows room for improvement, several misstatements of fact beg for clarification.

The most important point that must be corrected is the fallacy of tax relief in the governor's budget proposal. A recent non-partisan report by the Independent Fiscal Office found that the governor's plan would result in a net tax increase on families in every income group, even those earning less than \$25,000 a year. Notably, this net tax hike persists even after the governor's promised level of property tax relief is factored in. In total, the plan would raise taxes by a staggering \$12 billion over the next two years, and a significant amount

of this revenue would NOT be dedicated to property tax cuts or educational programs.

There is an old adage that when something seems too good to be true, it usually is. The idea that the governor's plan would increase education funding while cutting taxes is nothing more than a cruel myth perpetuated by the Wolf Administration in order to win support for his misguided plan. It is disappointing to see that the Administration's coordinated campaign of misinformation has grossly misled even the most well-informed and well-meaning public education advocates in this case.

Pennsylvania's rank in terms of state support for schools has also been misstated.

In reality, Pennsylvania ranks 6th in terms of total dollars spent and 13th in terms of spending on a per-pupil basis. In most cases, the problem isn't how much money we're directing to

our public schools; it's how these dollars are being spent.

For too long, local school boards have been left with the untenable choice between cutting programs for students or increasing property taxes in order to fund pension obligations. The governor's plan ignores structural changes to the pension systems in favor of new borrowing and heavy risks and obligations for taxpayers now and in the future.

One approach to reduce the financial burden on school dis-

tricts to seriously tackle pension reform. It is important to note that the pension plan I supported last month would roll back future benefits for members of the General Assembly. Leading by example is imperative for lawmakers on this issue, and I support an approach that would place legislators in the same pension system as newly hired state employees as a matter of fairness.

Finally, it is worth noting that the governor's budget would accomplish nothing in terms of addressing the perceived inequities in spending that the author painstakingly detailed. In

the coming months, lawmakers will receive a report detailing potential ways to improve the Basic Education Funding Formula. I am hopeful this report can serve as a starting point for a broader discussion on ways to ensure fairness for both students and taxpayers. Promoting a thorough and efficient system of public education is a goal shared by every lawmaker in Harrisburg, and I appreciate any suggestions on how we can improve our current system. But the scheme presented by Governor Wolf is clearly the wrong approach.



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FROM THE DESK...

County Commissioner Randy Phiel

Now that the May Primary Election is behind us, I cannot help but spend some time reflecting on the election season. I find that campaigning is challenging enough, but doing so as a committed sitting commissioner is especially challenging if you are dedicated to the principal that the residents did not elect you to campaign – they elected you to do the work of Adams County. I am proud to say this Board has never wavered from that principal. It was especially gratifying for Commissioner Martin and I to overwhelmingly get the most votes out of eight candidates. It was even more gratifying in this primary given some of the campaign rhetoric and tactics employed by other candidates trying to unseat an incumbent board. This is a Board that has done good work, has had no drama and consistently displays a sense of civility and cooperation that results in achievement. It seems that Adams County voters spoke loudly in this regard and I expect they will do the same in November. They can read through campaign rhetoric.

Either during a campaign or apart from a campaign, I believe

that a healthy dialogue over issues and philosophy can be productive and civil. Issues such as land preservation, economic development and tax incentive financing are bound to cause differences of opinion and be a matter of debate. What was very disappointing to me personally in the primary was that several candidates moved away from the issues and implied impropriety; and even alluded to criminal activity. Several implied that this Board gets along too well and that is reason enough to vote them out. Not surprisingly, most residents I spoke to thought that was absurd. One candidate in particular, Democratic candidate Harry Stokes, even took out a letter ad in the newspaper at the eleventh hour making a number of statements implying impropriety and calling for the replacement of this Board to reduce the potential for criminal activity in the courthouse. As someone who is a life-time resident of Adams County, who has spent a 30-year career in federal law enforcement and has been a strong advocate for this community most of my adult life – I would ask Mr. Stokes to poll my large cir-

cle of friends and acquaintances around Adams County, including folks in the courthouse, and ask them what they think about his campaign rhetoric. I am proud and honored to have this group of supporters, family, friends and resources I have cultivated in sixty-three years and will continue to use every resource at my disposal to benefit Adams County – as I have done as commissioner for the past 3 ½ years. In a bid to be elected, making statements such as the ones made by Mr. Stokes cannot be taken back. Such statements certainly beg the question of any possibility of effective administration in the courthouse with his presence. I hear over and over that most Adams County residents do not want to see Adams County government run like Washington D. C. and that they appreciate the civility and results of this Board. I would ask Adams County voters this question – which gets better results – cooperation or discord?

Moving on to important county updates the Adams County Law Enforcement Firearms Training Range came one step closer to reality with the Capital Campaign Kick-off on Saturday, June 20. The event at Battlefield Harley Davidson included a complete chicken BBQ dinner, music by TC Beats, and law enforcement displays including Airsoft range training drills, bomb tech suit, bomb robot, police vehicles, canine demonstrations, PA Game Commissioner robotic deer decoy, weapons display and STAT MedEvac Helicopter. Sheriff Jim Muller and myself are the campaign co-chairs and Senator Rich Alloway is the honorary chair of the capital campaign. Senator Alloway and I were busy serving up chicken and baked pota-

toes to the many appreciative folks in attendance while Sheriff Muller provided canine demonstrations.

Adams County Law Enforcement officials have wished for a dedicated law enforcement training range for over 15 years. The training activities that will take place on it are different and varied from just traditional point and shoot qualification. Beside point and shoot, training activities such as shoot/don't shoot, barricade, moving barricade, ambush and vehicle ambush situations will Pending final zoning approval, the range will be built beside the 911 Center utilizing current parking and classroom facilities. The range is being built on county land and funded utilizing a public/private partnership with corporate, business and private donations. The Adams County Law Enforcement Association will be responsible for day to day administration of the range per agreement with the County of Adams. For more information or to support the range through a donation or in kind service, please contact Adams County Sheriff Jim Mueller or Deputy Len Supenski at 717-337-9828.

Since taking office the county and the courts have been interested in exploring options to reduce expensive and escalating leases; and also consolidate several human services departments to make operations more efficient. This proposed human services facility would also mean that mental health services that are now only available in York County could be available to our residents in Adams County. Several sites and buildings have been considered without success because they did not meet all the criteria. We need to get this right! The county has recently put out a final request for quotes that are due back

on June 29. In conjunction with the courts, we will also be looking at these proposals in early July to see if any are appropriate.

I am proud to report that new Adams County Digital 911 Emergency Radio System project is nearing completion. After reception testing of 2200 grids throughout Adams County, law enforcement activation is expected to take place in late October. The remainder of the system is expected to be activated by the end of the year. The old analog system and the new digital system will run parallel for an appropriate period to ensure performance. This much needed project had languished for many years before this Board took office and pulled the trigger. This is a legacy project for all involved that will promote the most basic premise of county government – protecting the life and welfare of our residents and emergency responders.

We would like to thank all the fire companies as well as local, state and federal agencies that responded to the Miller Chemical Fire and its aftermath in Conewago Twp. on June 8. Besides the significant environmental and aquatic impact, the plant sits on the border of Adams and York County and required numerous agencies from both counties to respond. Thank you to York County for their efforts. Communication was a challenge until the York County mobile command center arrived. This was just one practical case in point why a radio system with interoperability (ability to talk to different agencies and departments) is a necessity. To have a county disaster, without interoperability, simply increases risk, exposure and response.

The Board of Commissioners will be convening a round table discussion with local representatives from our Conservation District, County Planning, USDA, DEP, County Emergency Services, the Water Resources Advisory Committee (WRAC) and municipal governments in an after action exercise to discuss the incident and the impact.

In the next month, Adams County will experience several major events with many folks from out of the area. Please take the time to be courteous and welcoming; treating visitors the way you would like to be treated when you are a visitor in another community.

Summer is here and farmers markets and roadside stands are beginning to flourish around Adams County. There are plenty of pick your own opportunities around Adams County that allow you to enjoy our beautiful landscapes – while having the satisfaction of getting the produce from the source. Check out the great markets in Adams County and let's not just get some good healthy food, but provide a financial boost to our local farmers.

Don't forget the Totem Pole, Caledonia State Park and the Majestic Theater are three wonderful places to spend a summer evening. No matter what you do, get out there and experience all the historical, recreational, agricultural, natural and cultural opportunities that beautiful Adams County has to offer.



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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Marty Qually

On April 8 the Adams County Commissioners approved a pilot project to create a free public wifi network during the month of May on the historic square in Gettysburg. By all accounts, the data received concluded that the wireless network was a success. The system functioned in a similar fashion to home or business wifi networks commonly used throughout the area. The project was sponsored by a partnership between Adams County, Destination Gettysburg, and four businesses located on the square in Gettysburg. In a gesture that benefits both locals and visitors alike, Destination Gettysburg has generously agreed to pay the almost \$4,000 to purchase the equipment for the project. The County has agreed to maintain and monitor the system.

Gettysburg businesses were initially approached and asked to partner on the project; each business saw this as a long-term tool that could increase sales for their businesses. The Gettysburg Hotel, the Blue and Gray Bar and Grill, T & S Mens' wear, and the Café on the Square were each willing to partner with Adams County to help the pilot project succeed. Without local businesses willing to partner with the county, this project would not have been possible. These people deserve credit for being innovative business owners willing to work together and help provide a new service, not only their patrons, but for the general public as well. During the pilot project the only cost to businesses was the minimal electricity needed to power the wireless transmitters. Now that the project has proven successful, each business has agreed to share in the continuing costs of the project. The importance of private sector involvement means that county taxpayers will not be expected to foot the bill for this project. After the first year of the project each business has agreed to pay the on-going cost of about \$100 per year to keep it going into the future. Now that the system has proven itself, it is time to see where else in Adams County this system can benefit our residents.

Wireless networks are a cost effective approach to increasing internet connection opportunities for under-served areas throughout Adams County, but in order to test it they needed the support of Adams County and local businesses. While this technology is not commonplace in our area, the Gettysburg Area School District is using similar technology at Warrior Stadium. Most recently, the City of Lancaster has implemented a wireless network to encourage business growth

in their downtown. One of the locations that free public wifi has been successful is in community parks. I am in the process of reaching out to municipal officials to determine if any are interested in learning more about this new technology and how it can enhance their services to residents.

Since bringing up the Gettysburg wifi project to the Council of Governments and its potential to extend into rural areas of our County, Ron Harris, Mayor of Carroll Valley, has multiple times asked me to keep him up to date on the progress. For those of you who live in the Carroll Valley area, you know how great their community parks are. Mayor Harris is an innovative thinker and in the coming weeks we will meet so that he can learn more about the system, but more importantly about the community involvement needed to make it happen. I have also reached out to Supervisors in Hamiltonban and Conewago townships to gauge their interests. The location of the initial pilot project was purely determined by the County IT offices being located in downtown Gettysburg. This facilitated the initial project immensely, but now we know that beyond the initial installa-

tion, our department can monitor a system from their desks.

In recent years, Destination Gettysburg has seen a dramatic increase in visitors' use of technology to experience our areas history. Our ability to provide free wifi will increase our marketability to current and future visitors. More and more visitors are turning to online applications and websites to determine where they will go on vacation — once there, they can distinctly determine what they will do. Areas that lack sufficient public wifi will be at a disadvantage and risk losing tourism dollars to more technologically savvy attractions. This does not just apply to areas with strong tourism draw. This could apply to all of Adams County. I do not have the "of whether or not" this will work for every municipality, this is why I am continuing to reach out and educate our local officials. If free wifi is a service that our residents want, then it is up to us as elected officials to help them understand the costs and benefits of such systems.

In the end it is up to our residents to tell us, as elected officials, what services they need and for elected officials to do all they can to provide funding for those services. Our primary

goal must always be to preserve essential services, but as times change we must look to new technology to improve the quality of life of our residents. I do not believe that wifi is the cure for all that ails us, only that as our world becomes more technological at an ever increasing rate, we as a community must keep pace with areas around us. We must remain relevant and attractive to businesses, visitors, or maybe just to provide the services that will help our children want to stay here. I am excited that businesses in Gettysburg were willing to embrace

the future. Gettysburg is not the only place in Adams County that understands how to balance respecting our past and embracing our future. They are not the only community with innovators. There are leaders in every corner of this great county willing to work together and become more educated about how to succeed. Now is the time for residents to encourage these leaders to learn more about public wifi and how it can help us all move forward.

If you have any questions about public wifi or any other concern about county government, feel free to contact me at 717-339-6514 or martyqually@gmail.com.

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August 4 (Tuesday) - South Pacific A familiar classic show. Come back to Bali Hai where a spunky nurse from Arkansas falls in love with a dashing French planter. Enjoy songs with Nellie and Bloody Mary. Price: \$99 PP Lv Frederick 10:00 AM and Thurmont 10:20 AM. Lunch and show at Allenberry.

August 11 - 13 - 3 Day - 2 Night Mystery Trip This should be a fun trip as well as very interesting. There is a nice variety of activities including some interesting animals and some good food. Price: \$372 PP DBL \$430 Sgl Lv Thurmont 7:10 AM Lv Frederick 7:30 AM.

August 19 (Wednesday) Lovesick Blues A musical concert starring Robbie Limon as Hank Williams and Denise Patton as Patsy Cline performing some of the greatest hits of both Country Legends climaxing with "Lovesick Blues". Show at Totem Pole. Dinner at Hickory Bridge. Price: \$101 PP Depart 9:00 AM.

September 3-6 - Prestonburg, KY Visit the birthplace of Loretta Lynn. Will include a pontoon boat ride, dinner and then we will enjoy "The Moonshine Band". We will visit a Civil War site, historic May House, view a Jenny Wiley movie, do some touring and visit Mountain Home Place. We will also visit the new Country Music Museum. Price: \$538 PP BDL \$598 Single.

September 14-17 - Dunes Manor Hotel, Ocean City This is one very nice hotel with a great staff, nice beach and boardwalk with lots of shops. The hotel is preparing a special dinner show for our group. One day we will take a drive south. Price: \$555 PP DBL \$712 Single.

September 21-25 - Visit The Amish Area Of Indiana many interesting sites here as well as many beautiful flower gardens. Visit the Flea Market and a Kitchen Cabinet Factory and then do a Brown Bag Tour. We will enjoy an Amish wedding feast, the Norman Rockwell Exhibit, lots of good food and the Round Barn Theatre. Price: \$526 PP DBL \$706 Single.

For complete 2015 schedule & details call Clara Green
301-514-5888 Fax: 301-271-0220
Or E-Mail diakoniatk@comcast.net
Visit Our Website at www.diakoniatravel.com

COMMENTARY

Words from Winterbilt

Diversity, judgments and reality

Shannon Bohrer

Recently my wife and I attended a sporting event in a western state. Prior to the event there was a charity 5K run, which we did not participate (run) in. However, we did work as volunteers for the charity event. Before the event started we were watching the people enter the area. I was eating a sandwich when I noticed a young lady, dressed in a rather odd outfit. If you saw the outfit, you may find my words “rather odd” very kind. The outfit was noticed by many people and when I say noticed, it was not complementary, at least from my perspective. And yet the young lady seemed oblivious, or maybe not, that she was being watched and not in a kind way. Someone close to me said something about the young lady probably not having a mirror, which caused me to almost choke on my sandwich. Possibly, the worst part of the ladies outfit was that while everyone stared at it, they may have missed most of her tattoos and many of her metal piercings, at least the visible ones.

The world is a diverse place and in many ways it is the diversity that makes the world. We often see and

hear others that we may not agree with, but tolerance can be a positive trait, if we practice it. While I knew nothing of the ladies character, I judged her strictly from her appearance. Growing up I was told, as most people are told, that you can't judge a book by its cover. It is one of those little rules that most people can recite, but do we practice it? Maybe we really believe it and just have some exceptions.

The day following the charity race we were with friends and talking about the sporting event and the 5K race. During the conversation the oddly dressed lady was discussed and we all agreed that we really knew nothing about her, but that we all seem to make quick judgments of people. And while we make these judgments, rarely do we ever find out if we were right – or wrong. My wife then commented to our friends about an individual that we know. The individual has excellent character, very responsible and is a trusted person. However, when we first meet him his physical appearance did not match our later opinions of his character. The individuals overall appearance was that of being a biker/gang personage, and as someone once described him: “If I saw him walking in my

direction, I would cross to the other side of the road”. So we know that looks can be deceiving.

I am sure there are many people that say and believe they are tolerant of others that do not look like them, until someone who does not look like them, annoys them. How does that work? How can someone's appearance annoy you? How do we say one thing, believing it to be true, and then not act according to our stated beliefs?

It is time for parents to teach young people early on that in diversity there is beauty and there is strength. - Maya Angelou

While at this sporting event in a western state, we took several short road trips with our friends. One of these trips was to an old western town with numerous small artist shops. We were having a nice time, until we encountered a man, his wife (or girlfriend), her baby (very young) and their two dogs. The group appeared to be homeless. The man was pushing a grocery cart, loaded with what appeared to be homeless items, along with two dogs tied to the cart. The woman was walking behind the cart, carrying a very small baby. The man and woman appeared to be very thin, while the baby (what you could see) appeared healthy, but very young. One of the dogs

appeared to be of good weight, but the other was definitely malnourished and underweight. The sight of this homeless group seemed to affect our group's mood for some time. It was difficult to not think of them. An hour or so later, we observed the male subject still with the grocery cart and the two dogs. The young lady and the baby were not there. A local told us that there was a tent camp by a river where the homeless and street people stay. He added that every now and then the police make them move. Then, after a short while, they move back. It was cool and raining at the time, not nice weather to be camping in.

I like to think that if someone wants to be homeless, or by circumstance is homeless, that it is in some way or somehow is part of their decision. I know that's not entirely true, but that was my thought when seeing this young couple. However, when people make the decision for a baby and or dogs, it seems wrong to me. If we had observed just the man and women, I may not have thought of it so much. Again I knew nothing of this couple but made judgments just on my observations. They could have been very nice people, just down on their luck. Maybe one of them had mental or addiction issues, the fact is I really don't know. But it was very obvious that the one dog really needed some groceries.

After traveling back to Maryland, the following day I found myself

in a curmudgeon waiting room (a doctor's office) and trying to find a decent magazine to read. Two people sitting next to me were conversing about a photograph on a magazine cover.

The photograph was that of Supreme Court Justice Ruth Bader Ginsburg. One subject said something about Justice Ginsburg's stern look saying she should smile more, and then added multiple poor character references. The other subject agreed then asked who she was. My immediate thought was how dumb can some people be, making judgments of a personal nature, just by looking at a photograph.

Do we make character or personality judgments on appearances? Maybe we just attach our meanings to what we see, without ever giving any considerations to other possibilities. I for one will attempt to improve myself and try to refrain from making judgments just on appearances. However, the young lady that I first saw dressed in a rather odd outfit, you know, the one that did not have a mirror... I do think some of her tattoos were not appropriate for the outfit she was wearing.

Ultimately, America's answer to the intolerant man is diversity, the very diversity which our heritage of religious freedom has inspired. - Robert Kennedy

To read past editions of Words from Winterbilt visit the Authors section of Emmitsburg.net.

Common Cents

Different drummers

Ralph Murphy

The Republic of China (ROC) or the island nation of Taiwan shares an ethnic and historical background with the People's Republic of China (PRC), a short 80 miles “cross-strait” to the mainland. However, despite improved relations in the early 21st century it appears the two states are vastly different in world view relative to alliances. Domestically each march to a “different drummer” or social mandate. The bridges of engagement are likely to continue, but sources of friction should be assessed in light of national purpose and resolve.

The ROC is believed to have been inhabited as early as 6000 BC by regional peoples, but wasn't discovered by the west until Spanish and Dutch explorers established settlements in the early 1600's. The Dutch East India Company was forced to deal with a large influx of mainland Han Chinese about 1662. Various Chinese dynasties traded rule to include the Great Qing or Manchu dynasties (17th - 19th century), but were violently subjugated to the Japanese expansionism of 1895.

A defiant group calling themselves Formosans attempted insurrection, but the Japanese unofficially remained in power even

after their defeat in World War II. The ROC which then incorporated mainland China and Taiwan island held a United Nations Security Council seat from 1945. Civil war on the mainland witnessed the emergence of the communist People's Republic of China and the defeated leadership of the ROC called Kuomintang redeployed to Taiwan and its neighboring islets. The British wanted to recognize Peking (Beijing) as the rightful successor to the UN seat given overwhelming demographic dominance but the Americans supported Taiwan for the post given their capitalist ideology.

Taiwan was one of the five most powerful nations in the international community and given its UN position, was able to veto or sponsor substantive legislation. In 1971, however then President Richard Nixon effectively adopted the British post war view and recognized Beijing for UN membership and the Security Council seat. The nation retains both to this day.

Taiwan is at present time a virtual non-state recognized by only 21 mostly island nations and the Holy See. None of these are of major economic weight. It continues to have strong economic ties to America and is a voracious con-

sumer of US defense materiel permitted under the Taiwan Relations Act of 1979.

The Kuomintang grouping constitutes about 10% of the island's demographics. While almost all are Han Chinese by broad ethnic ascription- subunits include the Hokkein of South East China origin and 70% of the population. Also, the Hakka from east central and northern China make up 14% of the population. Both the Hokkein and Haka were “muscled out” of politics by the Kuomintang and now want inclusion.

While domestic concerns have accelerated to include a seizure of Parliament last year in Taipei, cross-strait economic ties with the PRC given a 2010 “Economic Cooperation Framework Agreement” and 2013 “Cross Strait Service Trade Assessment” helped generate import/export trade between the two Chinas. Taiwan lent foreign direct investment of over \$150 billion to the mainland. Foreign reserves are among the world's highest at \$418 billion, and trade with the PRC is over 36% if Hong Kong is included.

In December 2008 President Ma Ying-Jeou and then PRC President Xi Jintao announced “military building confidence measures”. The subsequent economic successes don't appear to have effectively altered the political misgivings and Taiwan appears ready

for most conventional attacks with their main focus being China for now.

Defense spending by Taiwan is routinely 3% of income or \$10.5 billion in 2008, but suppliers including France and the Netherlands were forced out either by American suppliers or as reported by the PRC with larger investments to the mainland. Russia also has a history of arms sales there. The US does little in the way of defense sales to the PRC since it is viewed as an emerging power and potential adversary.

The problem with Taiwan's current non-nation status to the UN and most bilateral dealings is they are not bound by international agreements such as the Non Proliferation Treaty which controls nuclear weapons. In the late 1980's the nation may have even tested a nuclear device in response to PRC's weapons program and do have a missile delivery capability.

With 300,000 active-duty servicemen in 2009 and 3.6 million reserves the island nation is ready for an assault the PRC could currently launch by land and sea. Four US provided naval destroyers, additional conventional weapons and air defense strike capacity could likely counter an initial thrust by China. Japan might be a backdoor problem in the future given the recent arms buildup and legal travel of the security force, but Taiwan's strategy is to hold off any attack until help arrives- probably from the Americans. The problem is no clear treaty spells out that type of

aid although broad alliances such as RIMPAC and ANZUS could usher it in.

Taiwan is a World Trade Organization as well as Asian Pacific Economic Cooperation member where it is seated as Chinese Taipei. It seeks membership in the controversial Trans Pacific Partnership and also joined UN-linked IAEA in 2012. Its nuclear program of three active plants and eight reactors can now be monitored. They have elaborate, foreign de facto diplomatic representation overseas, but just aren't a nation yet.

Taiwan and China share a common ethnic strain, but Han Chinese are found in various oriental states such as Mongolia that are now independent. A close look at Taiwan reveals a vastly different social orientation than that adopted by the Communist Party that rules on the mainland.

Social and geographic divisions are large and the mainland poor live at the periphery. The communist government is also arbitrary when dealing with such issues as pollution, banking or even conventional politics and law. A coupling would probably tie Taiwan to degradation that exists on the mainland and would be opposed. They need social and political inclusion especially for the demographic majorities that are now marginalized. They are not likely to go back to living under PRC rule.

To read past editions of Common Cents visit the Authors section of Emmitsburg.net.

COMMENTARY

Pure OnSense

Moving on from gun control

Scott Zuke

It has been clear for some time that America is absolutely paralyzed when it comes to discussing and implementing policies to address its problem with gun violence. Following the racially charged murder of 9 people in a Charleston church last month, President Obama delivered his 14th national address in the wake of a mass shooting. While he had things to say on race and violence in America, his message as a policy leader to the nation's gun lobby was pretty clear: "Hands up, don't shoot."

That's not to say that policymakers and activists were sitting idly. On the contrary, there was a surprisingly swift political movement immediately following the massacre, just not to do anything of substance. The movement to change South Carolina's laws for flying the Confederate flag was, in fact, literally symbolic. It will have about as much impact on gun violence and racism as a flag-burning amendment would have had on patriotism and national unity. But what else could anyone do?

The Economist, a British newspaper, said this about America's frequent mass shootings: "Those who live in America, or visit it, might do best to regard them the way one regards air pollution in China: an endemic local health hazard which, for deep-rooted cultural, social, economic and political reasons, the country is incapable of addressing. This may, however, be

a bit unfair. China seems to be making progress on pollution."

That is both a stinging critique and a good point, in that we would do well to approach this issue as a matter of long-term public health. After mass shootings the media, the public, and policymakers go through the same ritual of grieving, decrying senseless violence, resolving to take action, and then promptly moving on to other matters. Emotion has not been sufficient to get the job done, and nowadays it's not even enough to get the ball rolling in the policy sphere.

The same can be said for statistics. According to the Center for American Progress, 2015 is expected to be the first year that gun deaths will surpass automotive fatalities in the United States. Since 2007 mass shootings have killed more than twice as many Americans as terrorism. There are a torrent of articles with compelling statistics like these after each shooting grabs national attention, creating the illusion of a "national conversation" on gun violence. But these, too, fail to lead to any durable change in public opinion or to shape policy discussions.

So are we doomed to have this violence become a defining characteristic of American exceptionalism? Is there any way to work toward change, and if so, where will it come from?

My guess is that it won't be found in the realm of politics or law enforcement. Instead, the next stage of

violence prevention will come from non-governmental organizations and institutions that quietly work inside communities to help identify individuals exhibiting behavior and intervening before they go on a shooting spree.

This is a model currently being employed in Europe to counter radicalization and recruitment of fighters to join the Islamic State. At a recent conference in D.C. on countering violent extremism, Judy Korn of the Violence Prevention Network, a German organization, explained the various measures that are being employed across Europe to intervene in the radicalization process. They include hotlines for friends and family members worried about individuals at risk of being recruited; raising awareness of ISIS recruitment strategies; mentoring and religious counseling; psychological support; and education, employment, and housing assistance, among other things.

She emphasized the importance of building trust to facilitate communication. "We talk to extremists, not about them," she said. And much of their work is aimed toward social rather than legal intervention—that is, finding ways to keep at-risk individuals out of the jails and prisons where radicalization is known to occur.

Compare this to the options available in the United States, where there is a wide gap between communities and law enforcement. The story we hear over and over again after mass shootings is that the perpetrator had exhibited numerous warning signs observed by friends, family, and other authority figures like teach-



ers, but that no one took them seriously enough to seek professional intervention.

Part of the answer could be better public education in identifying those warning signs, but there also needs to be a softer option for intervention than going to the police. For one thing, people are not inclined to turn their vague suspicions into a police, or even a federal matter. But law enforcement is also not well equipped to do much of anything before a law has been broken. By their nature, they are only interested in a person's offense, not in their personal issues, beliefs, or psychological condition. They cannot develop the kind of relationship with at-risk individuals that a social institution might be able to.

Some organizations certainly already exist that serve this role either in official or unofficial capacities, from churches to other local or national institutions. The federal government has been working to make community-level engagement and intervention a key part of its strategy for countering violent extremism, but there's a

long way to go in making this mainstream for domestic terrorism, hate crimes, and general violence.

This is surely related to America's "tough on crime" politics and misplaced faith in deterrence through threat of punishment. After the Charleston shooting, the governor of South Carolina called loudly for the shooter to receive the death penalty if convicted, and warned others thinking of committing murder to watch his case as an example. We know that this approach does not work and never has. It's just a way to look tough and proactive when the opposite is the case.

The European approach to countering extremism and violence will look to some to be weak and sickeningly liberal, but maybe a deal can be struck: let's agree to drop the gun control debate, which gets everyone's blood boiling and is going nowhere, and try this out for a while instead.

To read past editions of Pure OnSense visit the Authors section of Emmitsburg.net.

Down Under

Unbelievable

Submitted by Lindsay!
Melbourne, Australia

What is your substance, whereof are you made, That millions of strange shadows on you tend? - Shakespeare, sonnet 53

One of the world's greatest pianist is a young man born in China in June, 1982. His first solo performance was at age five, and by fourteen was at the Curtis institute in New York, having already won many international and national competitions. Returning to his homeland in 2012 with a reputation for flamboyant, even wild playing and brilliant performance, he was televised playing one of his favourite works, The Rachmaninoff second concerto. His name in Lang Lang.

The audience, and the video of it, went wild; taking piano lessons suddenly became the thing to do for many young people. OK, it happens in every field when stars are presented to their contemporaries, but this was rather different, because forty million – yes, 40,000,000 – made enquiries about learning piano. This is almost twice the population of Australia, and surely is unprecedented. Can you imagine that many people anywhere else in the world taking up

anything at all as result of sudden excitement? Especially when it's in the classic arts? Again – 40 million, about the same as the population of California. Unbelievable.

It surely tells us things about a China that we are unlikely to know or have guessed at. The sheer size of the numbers, around four billion (it keeps changing) means there is diversity of the highest order; the range of activities, the expertise, the learning, the culture deriving from one of the oldest civilizations, all moulded by very powerful forces, (especially from the beginning of the 20th century), have led to something the like of which has never been seen before. When the median age of the population is added to the mix, the motivation for success becomes more apparent, the desire for good standing, adventure and excitement overwhelming; the probability of success in any and all fields is then enormous.

Their form of government is also unique – totalitarian, open to corruption, non-elected, ruthless when it suits them, yet tolerated and even loved by much of the populace. Dissent is allowed if it is kept isolated, human rights are not in their lexicon, yet in some respects they appear to be no less tolerant than western nations, including yours – just with dif-

ferent viewpoints. Their suppression of religion has not led to a greater propensity for immoral or unethical conduct than your avowed religiosity, while their love of western culture has grown enormously, as the above story shows. They have also a culture of artistry of the highest order, honed over millennia, that has withstood the ravages of dictatorships over those years.

The sudden spurt of reasonably well taught young workers occurred at just the right time for the new industrial revolution to take place. The American desire for profit fuelled it, allowing China's coffers to fill, for unprecedented growth to produce mining and mineral booms around the world, and for the rise of their version of capitalism to begin the climb towards financial independence and possible superiority.

With a median age of 32, with a military that has increased exponentially, the urge to show off their growing might is obvious. The leaders certainly do not forget the Japanese war, the powerlessness felt in the face of American dominance, and the need to prove to the world that they are worthy of a place in every aspect of world leadership. This has become a mantra they seem determined to make reality.

So now they are building islands to house military equipment, this after sending their fleets into the oceans and seas for exercises – actually shows of strength – that caused alarm

through the governments of every unaligned nation. This new initiative is more than just pushing the boundaries, it's a demonstration of intent. It's not saber rattling, it's scarier than that. It's in the open, not spun into something above suspicion, and they are not concerned. It is as if they are saying, 'so what are you strong guys going to do?'

And that is the question. The only one that matters. Forget ISIS, the Middle East, Afghanistan, Ukraine; China is the only game in town.

This is indeed a problem without precedence or easy solution. Some among you may wish to follow the age-old formula, kill the enemy, but that is to commit suicide. This is an enemy that cannot be killed, which those same folk would not believe, for their blinkered view allows no show of ineptitude or weakness. Their role of sheriff to the world has done no one, apart from a few of their fellows, a bit of good, but their hawkish eyes can only see the ground below when there were a few rabbits to catch, but not the land in the distance.

No, this is a time for talk, bargaining, diplomacy. Regretfully, now from a position of some weakness, for what can be offered? China has enough, and will soon have somewhat more than enough, and whereas enormous technical expertise and research had been created during the heyday of your prime, the Chinese have caught up. Not in every field, true, but in those that are critical to

shows of strength.

As the opening story shows, their population is so large – almost 50% of the world – that it is inconceivable that they could be squelched. Apart from the inhumanity of trying, of course, what would be the point? The planet itself would not survive such a confrontation. When it comes down to the wire, the only appeal that may work is to their sense of world community. And that is something we probably believe they do not have – but they do. No one, no nation can develop a culture of fine art, of appreciation for beauty, of the joy of life and not respond to the same in others.

They surely do not desire to rule the world; the only way to do that would for everyone to become Chinese, and even then it would soon fall apart. New boundaries, new accommodations, new alliances, these will be the probable results. Not happy ones, but the status quo has already gone, and turmoil on more than this front is rolling, fog-like, across the stage, where the same Shakespeare quoted above made Henry the fifth prescient when he said 'The youth of England are aflame.' He just got the country wrong. I hope that the future shows you did not get the answer wrong.

Lindsay, in Melbourne, Australia.

To read past editions of Down Under visit the Authors section of Emmitsburg.net.

THE PASTOR'S DESK

Christ gives all humanity freedom

Pastor Heath Wilson
Toms Creek United
Methodist Church

This month our nation will be celebrating 4th of July. It is a time when we celebrate the ideals our nation was founded on and our independence. Freedom was not easily achieved and many of the signers of the Declaration of Independence did not take that action lightly knowing they would be risking much by taking those bold steps. Yet, they took those bold steps in hopes of taking steps to create a nation that would have incredible freedoms and rights given to its citizens. In our history, we have struggled and made mistakes but have strived to live up to the bold vision that formed our union. Over the years we have extended freedoms and rights to more of the population so that more could experience what the founders of our nation fought so boldly for. It has been a long hard process but that which is worth much often takes much effort and dedication to obtain and to sustain.

Christ came to give all humanity freedom. It was not easy and a great price was paid. After creating a way for people to experience true freedom he created the bride of Christ, known as the church. Those that follow Christ are considered to be part of the body of Christ, and are part of the church. Just like it was not easy to take the steps to form our nation, and to unleash the freedom Christ came to bestow upon humanity, being part of the church was never about ease or comfort. In the early church people lost their lives standing up for their beliefs and they often gathered in less than perfect circumstances.

The church was originally followers of Christ coming together to praise God and be authentic and real with one another. They would take turns hosting and leading worship and times of fellowship. What happened in the church was not meant to be picture perfect, and it was not meant to be easy. Everyone who was part of the church were engaged in worship and times of fellowship and young and old came together to

share their faith journey and lives. The connections that formed were real and vibrant but it also took time, energy, and commitment of every person present for the community to reflect what Christ had in mind for the church.

Just like our nation, the church has had hardships and has made mistakes. The church has committed major mistakes of persecution and exclusion, especially in the past. I am afraid we are in a time where many churches try to "buy" members by providing every service without asking people to truly be an active part of the body of Christ. Churches fail to remember that it is not about making it easy but about people being able to be in authentic community with all different ages, races, political views, socio-economic status coming together and learning and growing together.

The Founders of our nation did not agree on everything. They had great debates on his to move forward and what freedom should look like and how best for that nation to be governed. Part of the greatness of our nation has always been the variety of ideas and how we can use the best ideas to create something that is bold, and boundary breaking, and life giving. The church is strongest when it is not a place where everyone has the views and ideas. A church is stronger when there can be true dialogue and discussion about what it means to follow Christ and his best we live that out in our lives, our homes, our workplace, and our nation.

There are churches where people



can come in and share their struggles and have people come alongside and help share the burden. There are churches where young children are part of the body of Christ gathered in worship together with their families and those that are elderly. Yes there are occasional cries and laughs being let out by the children but others understand and are happy to have those sounds in the midst of worship. There are churches where there are many political views and voices present and they are able to learn and grow from one another. There are churches where all are invited to be fully part of the community and are nurtured to grow their God given gifts. There are churches that allow people to struggle with their faith and uphold them as they find their way to the freedom Christ longs to provide. I am proud to serve

a church that strives to be the church that Christ called us to be even if it is not easy and even if it is not what is considered to be the popular.

As we celebrate this nation and the ideals of freedom that many sacrificed for in the founding of this great nation remember that true freedom often comes with a price. The price must be paid by someone for the freedom to be achieved. Those that were part of the American Revolution paid a great price to form this nation. Jesus Christ paid a great price on the cross so we could experience freedom. The most amazing and transformative freedom is experienced in Christ. Christ paid the price but we must be willing to invest our time and our lives to live into that freedom that has been offered. Know that you can only truly live out the freedom of Christ by being part of the body of Christ, part of a church. A true gathering of the body of Christ is not a show or performance or a place where your every need is attended to but a place where you can struggle and grow in your faith and have others on the journey with you and beside you.

To learn more about Tom Creek United Methodist Church visit them on line at www.tomscreekumc.org, or better yet, join them for Sunday service, 10926 Simmons Rd, Emmitsburg, 301-447-3171.

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THE BOOK OF DAYS



Dr. John Dalton, father of Atomic Theory.

July 27

At one of the early meetings of the British Association for the Advancement of Science, it drew out into prominence, and directed great reverence to, an old man who had been, up to that time, but little known to his fellow-citizens. For a long course of years, he had been an obscure teacher of mathematics—he was a Quaker—he was an unobtrusive and, to all outward appearance, an insignificant person. It was now learned, for the first time that this quiet little old man enjoyed high esteem in the scientific world, as the originator of a theory of the utmost importance in chemistry, and was indeed one of the great men of his age, living as it were, in a disguise framed of his own superabundant modesty.

John Dalton, the son of a Cumberland yeoman, was born at Eaglesfield, on the 5th of September 1766. At the age of thirteen, he began to earn his living by teaching, and at twenty-seven he went to Manchester as a lecturer on mathematics. Until pensioned by government in 1833, he gave lessons at eighteenpence an hour in mathematics. He declined several offers to provide him with a competency, so that he might give his undivided attention to chemistry; asserting 'that teaching was a kind of recreation, and that if richer, he would not probably spend more time in investigation than he was accustomed to do.' He was of course frugal and provident.

The apparatus of his laboratory was of the simplest, and indeed rudest kind; containing only a small tray of some glass tubes, a blow-pipe, two or three watch-glasses, and a few test-tubes.

Dalton was a bachelor, altogether of most quiet and regular habits. Twice each Sunday he took his seat in the Friends' meeting-house, and for forty years he ate his Sunday-dinner at one friend's table. He was fond of exercise in the open air, and made an annual excursion among the mountains of Cumberland and Westmoreland. He did not read many books, and was singularly indifferent to all that was written concerning himself. His words were few and truthful.

Dalton enjoyed robust health; he was middle-sized, and of a figure

more sturdy than elegant. His head and face bore a striking resemblance to the portraits of Sir Isaac Newton. Like Newton, he referred his success, not to genius, but to patience and industry. 'These, in my opinion, make one man succeed better than another.'

It is in connection with the Atomic Theory that the name of Dalton promises to go down to posterity. The constitution of matter with respect to divisibility, has been debated from very ancient times. Some hold that its divisibility is infinite, and others, that its reduction is only possible to the extent of atoms. Newton expressed the latter opinion in these words: "All things considered, it seems probable that God, in the beginning, formed matter in solid, massy, hard, impenetrable, moveable particles, of such sizes, figures, and with such other properties, and in such proportion to space, as most conduced to the end for which he formed them; and that these primitive particles, being solids, are incomparably harder than any porous bodies compounded of them; even so very hard as never to wear or break to pieces, no ordinary power being able to divide what God made one in the first creation."

At this point Dalton took up the question. He began by assuming that matter, although it may in essence be infinitely divisible, is in fact only finitely divided, so that each element consists of particles or molecules of a definite and unchangeable weight, size, and shape. He had observed that in certain chemical compounds the elements united in a constant proportion; for example, water, when decomposed, yields one part by weight of hydrogen, and eight parts by weight of oxygen; and it would be useless to try to combine eleven parts of oxygen with one part of hydrogen; water would be formed, but three parts of oxygen would be left free as overplus. What is the reason for the maintenance of this combining proportion? asked Dalton. In his answer, we have the atomic theory, or rather hypothesis.

Taking for granted the existence of atoms, he went on to conceive that in the several elements they vary in weight; atoms of gold from atoms of silver, atoms of iodine from

atoms of chlorine; but, on the other hand, that all atoms of the same element are of uniform weight; thus, that any atom of iron is equal to any other atom of iron the world over.

We have observed that water is compounded of eight parts by weight of oxygen to one part by weight of hydrogen, and an explanation of the combination is offered in the supposition, that each atom of oxygen is eight times as heavy as one of hydrogen. Further, it is presumed, that in the union of oxygen with hydrogen, the atoms of each are not interfused, but lie side-by-side, complete in their individuality. If, therefore, the weight of an atom of hydrogen be 1, and an atom of oxygen be 8, it is impossible that their smallest combining proportion, by weight, can be other than 1 and 8. The smallest quantity of water, in this view, must then consist of one atom of hydrogen and one atom of oxygen, bound together in that mystic tie which we term chemical affinity.

The example we have chosen from the constitution of water is a simple illustration of the constant proportion which exists throughout chemical compounds with infinite, complex, and multiple variations.

It was in 1803 that the great cosmic idea entered Dalton's mind. In 1804, he explained it in conversation to Dr. Thomas Thomson of Glasgow, who, in 1807, gave a short sketch of the hypothesis in the third edition of his System of Chemistry. The asserted law of combination in constant proportions was quickly tested in a multitude of experiments, and the facts clustered to its confirmation.

It was discovered that there was as little chance or haphazard in the concourse of atoms as in the motions of planets. The hypothesis gave a prodigious impulse to the science of chemistry; it shot light through all its realms, and reduced a chaos of observations to purpose and system.

Before Dalton's happy conception there was not a single analysis which could be trusted as correct, or a single gas whose specific gravity was known with accuracy. In the arts, his service was beyond value. He gave the manufacturing chemist a rule whereby he could preclude waste, teaching him how to effect combinations without the loss of an ounce of material. Even supposing that in the future Dalton's notion of the coacervation of infinitesimal atoms should prove erroneous, his merit will remain untouched; for that properly consists in the discovery and promulgation of the law of constant proportion in chemical unions, where before law was unknown, or at any rate only dimly surmised. The theory of atoms was merely an attempt to reveal the mystery of the law, which will abide, whatever may be the fate of the theory.

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THE (retired) ECOLOGIST

Noticing stuff

Bill Meredith

"I know this much: that there is objective time, but also subjective time, the kind you wear on the inside of your wrist, next to where the pulse lies. And this personal time, which is the true time, is measured in your relationship to memory."

—Julian Barnes, *The Sense of an Ending*

You wouldn't have to be very observant to notice that it has been wet around here lately. Back in March, I got the garden tractor ready to plow a few rows so I could plant my potatoes on St. Patrick's Day, but when the day came it was too wet. I hunted up the spade that we bought for our first garden back in 1960, dug a trench about a foot wide across the garden, and planted the potatoes in the mud. They didn't seem to get started, but eventually they came up and now they look healthy and contented. But it was well into April before it got dry enough to use the tractor.

It hasn't been all that long ago that, when it finally got dry enough, I could have plowed the whole garden in an hour or less, depending on how many coffee breaks I took.

But this year, everything seems to take longer. I found myself getting winded after about three furrows, so I had to set a lawn chair in the shade at the end of the garden and rest a bit before the next three furrows. When you do it that way, it doesn't just take longer; you begin to notice things, and then your mind begins to wander. Time seems to slow down, but actually it's speeding up; and first thing you know, it's time for lunch. And then you need a nap. And by that time, it's got too hot to plow any more, so you decide to finish tomorrow. But tomorrow, it rains. So, first thing you know, it's June, and you still haven't got the whole garden done.

The first thing I noticed after starting the work-rest-work pattern was how much our garden slopes; it's less than 40 feet long, but the bottom must be nearly five feet lower than the top. I knew it sloped, of course, but being from West Virginia, I never had paid attention to it. As a child I was in my parents' and grandparents' gardens all the time; they were on hillsides, so I just assumed gardens were supposed to slope. I still remember what a shocking experience it was, back in the summer of 1939, when I was six; we went to visit relatives in Indiana, and I discov-



ered that out there, gardens were flat. In fact, everything was flat; there wasn't even a hill in sight, let alone a mountain. It was as unsettling as being in another world.

The pace of civilization has brought changes to our garden in the past 10 years. Across the road above the garden there used to be lawns and graveled driveways, so when it rained much of the water would soak into the ground. Now, most of that area is paved, so the water runs off of it; and it flows down through the garden faster than the soil can soak it up. Thus the lower fourth of the garden is wetter than the rest, and if we get more than an inch of rain we will have a miniature lake down there for a few days. In a year like this, I knew nothing would grow well there; but I finished the plowing anyway. When you start a job, there's no satisfaction to be gained unless you finish it. I can't remember who told me that; it

was a long time ago. But it's one of the memories that stayed with me.

Sitting there, not looking for anything in particular, I often find four-leaved clovers. My wife is frustrated by this, for she never finds them. I don't know how I do it, because I don't actually look for them. I think maybe the nerve connections that developed before I was born caused my brain to be programmed to see patterns, so when I see hundreds of 3-leaved objects, the odd 4-leaved one stands out. Maybe that's why biology came so easily to me 65 years ago.

Coincidences happen. On the day I finished plowing, I sat longer than usual, and found that I wasn't in the shade any more. I got up to move the chair, and noticed a mother chipping sparrow feeding a fledgling on the ground under the bird feeder. It was a nice domestic scene, easily misinterpreted as an example of human feelings such as mother's

love; but something was wrong. The baby bird was more than twice as big as the "mother;" he was a cowbird, and was perfectly capable of feeding himself, which he did when she flew away for a moment. But she came back, and he immediately started begging... and she started feeding him again. The only human-like feeling that fit the picture was stupidity... and for a moment I applied it to her. But I had to relent. She is a prisoner of her instincts.

It rained again that afternoon (during my nap), so after supper I went out and sat by the garden for a few minutes to bask in the glory of a job finally finished. Sometime last fall, a lightning bug had laid an egg in the flower bed by my chair; the egg hatched into a larva, which hibernated in the litter that I didn't get around to cleaning up, and after feeding and growing this spring, it pupated. It must have emerged from the pupa case that morning, probably while I sat in the chair dripping sweat on it; and now, as twilight deepened, it crawled up the arm of my chair and out onto the end of my finger, rubbed the sleep out of its eyes, turned on its tail-light, and flew off to seek its fortune. It was the first lightning bug of the summer. If my grandmother had been here, she probably wouldn't have known the first part of that story; but the last part is how she would have told it, if I had been three years old and sitting on her lap. I am now older than she was when she died in 1948; but when a memory like that comes, I seem to go back to those times.

So, here we are; June is over, 2015 is half gone, the garden is plowed and mostly planted, and the weeds are growing faster than the vegetables. My personal time... the true time, according to Julian Barnes... is slipping past in fits and starts. I sit in the shade and notice stuff, and remember how things got to be the way they are. Lately recent memories are less clear than the older ones. Maybe that's as it should be.

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PCBs in the Hudson River

Michael Rosenthal

In the mid-1960s I accepted my first college faculty position in chemistry at Bard College in Dutchess County, New York, north of Poughkeepsie on the Hudson River. The Hudson River, whose source is Lake Tear of the Clouds in the Adirondack Park, flows south into the Atlantic Ocean just past New York City, is a beautiful river and is an example of the damage that can be done to a waterway by negligent behavior. The most publicized pollution of the Hudson River was due to the contamination of the river with polychlorinated biphenyls (PCBs) by the General Electric Company, beginning in the late 1940's.

PCBs were used as dielectric and coolant fluids in transformers, capacitors, and electric motors. Between 1947 and 1977 General Electric released as much as 1.5 million pounds of PCBs into the Hudson. GE's discharge of PCBs into the Hudson River was not illegal at the time. Environmental laws had not yet been passed that would have regulated the discharge, and many believed the chemical would not do harm due to its low chemical reactivity. However, the chemical entered the food chain in the river and essentially destroyed the fishing industry in the Hudson River through a process known as bioaccumulation and biomagnification. In 1976 The New York State Department of Environmental Conservation banned all fishing in the Hudson River! Aside from the dangers to citizens accustomed to fishing in the Hudson and enjoying the fish, this destroyed the Hudson River fishing industry.

In this period, in support of the Hudson River, folk musician Pete Seeger founded in 1966 the Hudson Water Clearwater organization and launched in 1969 Sloop Clearwater, a 106 foot sailboat, established a Clearwater music festival, and stimulated many college environmental educational programs in the region. In these early days of my time at Bard College, I had become professionally involved in water chemistry, environmental issues, and historic preservation, and among the activities in which I became involved was membership on the Board of Directors of Sloop Clearwater.

The consequences of this pollution go far beyond the destruction of the Hudson River fishing industry. The Hudson River had been a source of drinking water and irrigation water to many communities along the Hudson, including the city of Poughkeepsie. PCBs are thought to be the source of a wide range of health problems that include neurological disorders and immune disorders,

and they are especially dangerous for pregnant and nursing women and their offspring.

Pete Seeger's activism contributed to the banning of the use of PCBs in the United States in 1977, but much damage had already been done. In 1983 a 200 mile stretch of the Hudson River from Hudson Falls, NY, to New York City, was declared by The Environmental Protection Agency to be a Superfund cleanup site. After many years of study, the EPA proposed a plan in 2001 to dredge 100,000 pounds of PCBs from the Hudson River. Dredging had been discussed for years, and there were those who worried that dredging would actually make things worse by stirring up the contaminant. GE opposed the dredging plan, which was estimated would cost General Electric \$460 million dollars.

Phase One was initiated by GE in May of 2009 and was completed in October of 2009, removing 300,000 cubic yards of contaminated sediment and delivering it to a waste facility in Texas. Phase Two was initiated by GE and monitored by EPA and began in June 2011. There have been other smaller PCB cleanup efforts in particular parts of the Hudson.

Last month on May 25, the New York Times published an editorial with an update on the issue. The current phase of dredging, says The Times, will be completed by General Electric this fall and that GE then plans to quit dredging. But, says the Times, the problem is not solved. The commercial fishery is still dead, and recreational fishing is dangerous. PCBs will continue to flow downstream; they have already been detected in New York Harbor, some 200 miles away from the original discharge. General Electric feels that they have lived up to their responsibility, and that they need do no more to be consistent with their 2002 agreement with the EPA under the Superfund Law. Government agencies that are responsible under the law as "natural resource trustees" urge that the project be extended to another 136 acres of the river.

The fascinating aspect of this issue to me is that GE was never in violation of the law by discharging PCBs into the Hudson River. It reflected the carelessness of the times in not looking scientifically at the consequences of actions that affected the environment. (This is a nice introduction to a discussion of Global Warming). We need to pay closer attention to potential consequence of actions we take upon our environment and hold responsible those who cause damage, whether due to carelessness or just naiveté.

In an earlier article I discussed the procedure by which sun-



Between 1947 and 1977, General Electric released as much as 1.5 million pounds of PCBs into the Hudson.

light passes through glass windows to warm a room. A long-time friend and former Bard College chemistry colleague pointed out that I didn't quite get it right. Infrared radiation does not pass through glass. Visible light passes through the glass. Visible radiation that passes through the glass is then absorbed by colored materials inside the glass, which heat up and then emit infrared radiation inside, observed as warming. This is known as The Greenhouse Effect.

Finally, to close, let's examine a bit of pseudoscience. Have you run across the advertisement of a procedure called foot reflexology? Foot reflexology is a branch of reflexology, and is a procedure based on the claim that there are sections of your foot that connect directly to specific parts of your body. So, suppose you have a recurring pain in your back. A foot reflexologist massages and treats the portion of your foot that connects to the appropriate part of your back. Foot reflexologists often have diagrams on the

wall of their establishments that show these specific connections. There is a similar branch of reflexology named hand reflexology with similar diagrams. Well, a good massage is always a nice thing, but there is no scientific evidence whatsoever to support the notion that foot reflexology or hand reflexology has any medical effect other than The Placebo Effect.

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COMMUNITY NOTES

Gettysburg Wine & Fruit Trail

The Gettysburg Wine & Fruit Trail has a mission: to be the out-reaching agent for small family farms, small family businesses and those whose businesses support the local agricultural economy. The GWFT, now in its sixth year of existence, works to showcase the traditional and contemporary agricultural face of the South Mountain region of Pennsylvania and Maryland as well as to bring attention to the historical treasures and the artists and craftspersons of the region.

"Our Agritourism Trail began with a handful of farm families in the hills west of Gettysburg who brought their hard working hands and heads together to create a reason for folks to travel beyond the battlefields of Gettysburg to what we called 'the best of the west of Gettysburg.' We wanted folks who live in and who visit this area to experience one of the natural treasures of the region: its rich agricultural diversity. Farmers wear many hats in their businesses. Our goal was to take on the hat of outreach and telling their story so that more people would learn about them and choose to support them," says GWFT President and Founder Kathy Reid of Reid's Orchard & Winery in Orrtanna.

The Trail expanded its focus in its third year to include family businesses that support the local farm economy: cafes, restaurants and bed & breakfasts. In its fifth year, the Trail out-reached to its current and final footprint: the South Mountain region of Pennsylvania and Maryland. "Our goal in expanding the Trail was to unite the region around its predominant physical presence: the South Mountain chain which runs from the area around Jefferson, Maryland to Dillsburg, Pennsylvania.

"Along the way of supporting the local agricultural economy we realized there was something else that defines this region but was not receiving its share of support by existing organizations: the museums and historical sites in this region. This area has so many hidden historical treasures. While the powerful story of the Battle of Gettysburg has its rightful place as a leading historical timepiece for our region, the truth is that battle, that war, was not the first one fought here. This region is full of museums and foundations dedicated to telling the story of this area from the time it was the colonial frontier through World War II. So we began a new category of membership to bring these treasures on and help them to tell their story. The Friends of the Gettysburg Wine & Fruit Trail is designed to showcase the regional historical treasures and the artisans who bring this region to life through their art and craft creations."

This year's new membership roster includes established businesses as well as new enterprises that offer a new focus to the farm-to-table food trend. Savor Gettysburg Food Tours brings a new angle to learning about local cuisine with their food tasting walking tours. Lori Korczyk, owner and tour director, says of her new venture, "We offer a 3 hour food tasting experience coupled with a cultural and historical walking tour of the town of Gettys-

burg. You'll have the chance to experience Gettysburg's finest culinary delights from an array of ethnic eateries, historic taverns, family owned bistros and wineries while at the same time discovering a town filled to the brim with history. We can assure you that you'll walk away with happy taste buds from exploring our town's culinary treasures, knowledge of our unique town's historical significance and the appetite to continue exploring this fascinating gem we call Gettysburg."

Savor Gettysburg Food Tours also offers farm-to-table dinners at Beech Springs Farm in Orrtanna. "Savor Gettysburg Food Tours has partnered with Beech Springs Farm to offer a complete organic Farm-To-Table food experience for visitors and locals alike. We are also partnering with local farms and distinguished chefs for these unique events which are designed to support our efforts to expand the availability of fresh, local and sustainably-grown food in Adams County. Each event will be unique and feature locally-grown foods that are fresh and available at the time," said Ms. Korczyk. To learn more about this new member, visit www.savorgettysburgfoodtours.com. Tickets are still available for the July 5th dinner, which will feature the wines of GWFT member winery Reid's Winery of Orrtanna.

Mason Dixon Distillery is another new member to the Trail and to the Gettysburg food and spirits scene with their small batch handcrafted spirits created from locally sourced fruits and grains. With luck, distillery President and Co-founder Yianni Barakos will open a restaurant with about 80 seats and an on-site distillery with bottles for retail sale sometime this fall. "White spirits" including vodka, white rum, and gin, will be the production focus of the new distillery with expansion into whiskey production in the future. As with many of our Trail business, Mr. Barakos plans to include tours of the distillery as part of the guest experience. Visit the distillery's website for opening informa-



The Gettysburg Wine & Fruit Trail will host its first event, "Mason and Dixon Day at the Mary Penn," on August 29. Colonial life in the 1750s-1760s will come to life on this 900-acre farm that spans the Mason and Dixon line.

tion: www.masondixondistillery.com.

Two new Friends of the GWFT hail from Waynesboro: Renfrew Museum and Park and 42 West Arts Co-op. Renfrew Museum is a restored farmstead with many outbuildings to see and activities to participate in. A visit to this museum and park will reveal to you how the agriculture, industry and domestic life of nearly 200 years ago worked together to make a prosperous Pennsylvania German farmstead. A special feature of the Renfrew Museum is that it houses the only permanent public display of artifacts from the Snow Hill Cloister, a 19th century monastical society located in nearby Quincy, Pennsylvania. Located in the Visitor Center is a quaint gift shop with an interesting array of items, many from local artisans. The park is open dawn to dusk year-round and free of charge; Renfrew welcomes you to explore the historic grounds and miles of nature trails.

42 West Arts Co-op is an art and craft co-operative gallery showcasing the work of artists and craftsmen from the surrounding area. The gallery features oil paintings, watercolors, fine art photographs, wind chimes, musical instruments, fine handcrafted fur-

niture, jewelry, pottery, tile wall hangings, hand wovens, bronze sculpture, wood carvings, and more, all produced by artists with a tie to this region. www.42westarts.com.

The GWFT, a not-for-profit membership cooperative, will host its first Trail event this August 29: Mason and Dixon Day at the Mary Penn. Colonial life in the 1750's-1760's will come to life on this 900 acre farm that is divided by the Mason and Dixon line. For more details on this free event, visit the Facebook page: Mason and Dixon Day at the Mary Penn. The event will include two reenactments: the Mary Jemison raid and a raid upon the Mason and Dixon survey par-

ty. The daylong living history event ends at 4 pm but reopens at 6 pm for dinner, wine, cider and spirits offered by GWFT members. At 7 pm, a free Irish music concert featuring Lancaster's group, Down by the Glenside, begins. This concert, which will run until 10 pm, features music similar to that enjoyed by the Scotch-Irish and Irish settlers to the Marsh Creek area of Adams and Frederick counties.

For more information about any of these members or mentioned events, visit the Gettysburg Wine and Fruit Trail website: gettysburgwineandfruittrail.com or email Kathy Reid at kathyreid57@hotmail.com

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Tim Iverson
Naturalist

Orange hues fade to purple, which rapidly descend into darkness. The sky resembles a backlit canopy with holes punched in it. Sultry summer air hangs on your skin and if you're lucky the magic begins to happen. The luminescent show begins with an overture from crickets and frogs. As a child your wonder and amazement are unparalleled as you run after the fluttering diamond like glint of lightning bugs. Your bare feet glide through the grass and you clasp your hands around these tiny little bugs in the hopes that you can inspect the phenomenon up close and personal. This natural light show subtlety draws to a close by dawn, and may be doing so permanently.

Fireflies, or lightning bugs, can inspire awe in children and adults alike. Who can't say that they didn't spend summer nights running after this elusive illuminative force? To either catch and release or capture and hold in a jar empowered us as tiny masters and detectives of our natural world. Fireflies and lightning bugs are neither bugs nor flies. They are actually a type of beetle. What makes them a beetle is how their body functions. They have hardened forewings, called elytra, which extend in flight and will lay flush against their body when at rest. When in flight these elytra will be raised for balance, and they'll rely on hind wings, located underneath the elytra, for movement. This feature is what classifies them into the beetle family.

There are more than 2000 different types of firefly species in the world, and are found on every continent except Antarctica. They produce light that can vary in color from yellow, orange, or green. Each species has a different flashing pattern, and some species don't actually light up at all. Primarily, they'll use these lights to attract a mate, but they can serve other purposes too. Some species will communicate to others with their flash. This can range from marking or guarding territory or to warn predators to stay away. They have a foul taste, so most would-be predators leave them alone as it is. When attacked fireflies do what's called "reflex bleeding". In the blood that is released is a chemical that tastes bitter and is actually poisonous to some animals. So, be careful of any pets that may try to eat them. On one particular evening though I had taken a stroll through Baker Park, and had stopped to sit down on a bench to talk with a friend. Ducks had been waddling by and every so often would lunge their necks out and snatch up a lightning bug. Apparently they didn't get the memo about not eating them, and I didn't see any keel over so I assume they're okay.

Adult fireflies aren't the only

ones who glow though! Their eggs and larva (think babies) can also glow. There are two chemicals in their tails that make glowing possible – luciferase and luciferin. These chemicals when combined with ATP (which is found in all living animals) will produce a glow. ATP should be a relatively stable level in healthy cells. In diseased cells the balance may be off. Scientists and doctors have put this knowledge to good use, and can detect potentially cancerous cells in people by injecting these chemicals from fireflies into diseased cells to detect anything from cancer to muscular dystrophy. Other medical uses include detecting blood clots, marking tuberculosis cells, marking the progressing of diabetes, and more. That's not all though! Scientist will also use these chemicals to detect food spoilage and have even equipped space craft to detect alien life with it as well. Fortunately, medical science has created a synthetic form so we don't need to commercially harvest them from the wild anymore.

It's a good thing we aren't harvesting them from the wild anymore, and haven't in a sometime, because population levels seem to be declining by all accounts. The numbers aren't concrete yet, but some places in Asia are reporting up to 70% decline. Here in the US evidence is still largely anecdotal, but the research is underway. Researchers from Boston's Museum of Science, Finburg State College, and Tufts University have teamed up to create an organization called Firefly Watch. Their goal is simple – "to track the fate of these amazing insects." They rely on volunteers, or citizen scientists, to help them by collecting data. It requires minimal effort or time on the part of the participant. According to the Firefly Watch website, "We hope that you'll be able to

spend ten minutes checking your backyard for fireflies, one evening a week throughout the summer. However, we realize that you lead a busy life and may not be able to collect data every week. Any information you can send us is valuable, as long as you fill out the observations form, and upload the results to us." With your help they aim to understand population distribution and the behavior of fireflies.

While the research is still ongoing to discover the extent of population numbers and decline there are a few theories behind the apparent abatement. The culprit is likely human interference. First and foremost, habitat destruction has taken its toll. Fireflies live in fields and forest edges. When these fields and forests get paved over fireflies don't migrate to new homes. They simply vanish ad infinitum, they're gone forever. Light pollution seems to be a major problematic factor. Street lights, porch lights, and landscaping lights can make it difficult for fireflies to find the blinking lights of mates, which can make it hard to propagate the species. Broad-spectrum pesticides can also negatively impact them too.

A few simple suggestions to aid the lightning bug are to keep the pesticide use down. Fireflies spend the day resting in grass and shrubs, so by limiting pesticide use they'll find it easier to avoid getting poisoned. You could also plant more plants, trees, and shrubs in your yard. It'll beautify your home, and create homes for them and other wildlife. While you're at it, you can install a water feature too! Fireflies prefer ponds and creek sides, so if you can include this addition to your home they'll love you for it. Turn off the outside house lights unless you need them to see. You'll save on energy costs and help cultivate an amorous atmosphere for fireflies.



Fireflies, or lightning bugs, can inspire awe in children and adults alike. Who can say that they didn't spend summer nights running after these elusive illuminative forces?

The symphony of frogs and crickets wouldn't be complete without the light show offered for free from fireflies. Hopefully with better understanding we can help this awe-inspiring phenomenon avoid the decrescendo into oblivion that

many species have faced. Let's conduct the sonata forward illuminating the summers of tomorrow.

To read other articles by Tim Iverson, visit the Authors section of Emmitsburg.net

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PETS

Kittens: natural anti-depressants

Jennifer Vanderau
Cumberland Valley Animal Shelter

May have found a sure-fire, natural anti-depressant: kittens.

Put away your Zoloft and Paxil and Prozac – just spend some time with a bunch of kittens and you'll be good to go.

We're moving into the time of the year shelters call "kitten season." This is the time when the adult cats are reaping the consequences of their fun nighttime adventures. As a result, we have tons of kittens.

In fact, with the kittens and cats in foster care, at Petsmart and in the shelter, we've got almost 170 cats in our care at the moment. It's a rough time of year for shelters.

Indeed, our behavior assessment room has been turned into a kitten room and it's one of the greatest places to hang out. We've got seven kittens in there and if you're slow enough, they'll eventually all come up to say hello. And the purring! Man, that sound is so relaxing!

We've got cats in offices, cats in our grooming room, cats in the staff bathroom (I'm not even kidding!). It's crazy!

One of my favorite little guys just got adopted recently. His name was Daytona and he was a trip.

I first took Daytona to a local nursing home for pet therapy. The residents (and staff, too!) really enjoy the visits from the animals and I've definitely got some cat lovers there.

Daytona was a serious hit. This little gray-and-white boy has the most attentive expression and wow, does he love to talk. He'll shout out a meow at the

smallest provocation (sometimes he doesn't even need a reason).

As we were standing in a resident's room, if there was a lull in the conversation, little Daytona would fill the silence with a well-timed meow. It never failed to get a laugh.

I also had Daytona with kids. All kinds of kids. A little girl recently collected donations for the shelter for her birthday instead of getting presents. She and some of her friends came out to see who they had helped and little Daytona went from one child's arms to another without so much as a wiggle.

He purred the entire time.

I was amazed. None of my cats at home would ever tolerate something like that and here was this little kitten acting as though being passed around the circle of 6 year olds was the greatest thing he'd ever experienced in his 12-weeks of life.

He did exactly the same thing with a group of Girl Scouts just a few days later. It was so cool.

He also went with me to the radio station in the morning. He actually kissed the DJ's face! I'm not even kidding! And he had a very timely meow on air.

When we got back, I couldn't put him in his cage right away because he'd been crying the whole trip in the carrier. I didn't have the heart to not let him run for a little while, especially when that's so obviously what he wanted to do. So we played for a bit.

I'm telling you, watching a kitten chase and run and play soccer may be one of the most relaxing things you can do. I couldn't wipe the smile off my face

witnessing that little ball of fur pounce and act like a general clown.

One of the neatest things about little Daytona is he always checks in with his human. I don't know how else to describe it. He'll be running and ripping around and then he'll let out this little chirp and when I'd say, "What are you up to buddy?" he'd come skipping over to me, almost as if to say, "Oh, good, you're still here."

He'd rub against my legs and I'd give him a pat or two and he'd scamper off again. He's such a sweet baby.

I really do believe a little bit of kitten time every day could reduce any dependency on anti-depressants. Truly. It was so relaxing to forget about everything else and just watch that little guy take so much joy in such a simple activity.

And while the kittens are fun, we can't forget our adult cats.

We've got a really neat promotion going at the moment that I wanted to talk to you about. It's called Donate with Your Heart Cat Adoption Campaign and it's an effort to find homes for our adult felines.

One of the saddest things about kitten season is how the adult cats really get overlooked. So many people walk right by their cages in favor of the romping little felines. It really breaks your heart.

Mother cats also can go unnoticed and that's tough, too. Here are the moms who had a litter of kittens, nursed them, kept them healthy, then got spayed themselves and put up for adoption only to sit in a cage far longer than their offspring.

Look, I get it. There are "free to a good home" ads all over the place and if you drive down just about any street in the county, you can see a cat walking around. If you want a cat, there are plenty of other ways to get one than to come to the animal shelter.

But, see, our felines are all spayed and neutered, they've been tested for feline leukemia and FIV and are free from those diseases, they've been treated for fleas and ticks, they've been started on their vaccinations and they will receive a microchip upon adoption. We put a lot into our cats to make them appealing and our adult cats are just as sweet.

With our Donate with Your Heart



WILLY
Willy is a 3-year-old gray and white male who doesn't even mind being awakened from a nap to get his picture taken. This dear little guy even head-butted the shelf because he wanted attention and love so much.



BART
Bart is a 7-year-old standard poodle who came to the shelter because his owner passed away. He's an incredibly laid-back dog who seems to get along with other dogs and cats. We're worried that he's getting depressed living in a shelter, so please, if you know of anyone who would be interested in adopting Bart, please encourage them to stop by.

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Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...
The love I left behind.

-- Author Unknown

campaign, cats 7 months and older will be adopted for a donation from your heart. There is no set fee for our older cats – whatever you feel is appropriate or you can afford is what we will accept.

Our kittens 6 months and younger are \$85, but you can adopt one and if you would like a second, the adoption fee is waived for kitten number two.

It really is a remarkably good deal.

If you're in the market for a four-legged feline friend, now's the time to stop out and see if one of the many sweet babies at

CVAS might just steal your heart.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter in Chambersburg, Pa., and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.

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Goats ...

Dr. Kimberly Brokaw
Walkersville Veterinary Hospital

...and you thought horses were bad...

Horses are social animals that frequently don't like being alone. Horses are also expensive to keep and maintain. The expenses of horse ownership is one of the reasons that many people only own one horse. Horse owners frequently keep their horse at a boarding facility where the horse has lots of horse friends. People who want to keep their sole horse in their backyard are faced with a few options to provide their solo horses companionship. They can take on a boarder, they can foster a horse from a local rescue, they can purchase another horse to be a friend for the other horse, or they can look at getting another animal to be their horse's companion. Goats are frequently the companion of choice when an owner decides to purchase a companion animal.

Goats tend to be healthy and hardy. They have huge amounts of personality, and are often mischief makers. For example, when I go to a farm that has goats, I watch to make sure I have no items outside my truck that could become a source of goat entertainment. Goats will run off with a hat or sweater, and gleefully shred it before I can wrestle it away from them. They will also stand on the hood of my truck, leaving lots of goat footprints on the hood.

I have encountered goats at racing barns whose job is to keep young and anxious thoroughbreds quiet while in their stalls. These goats are often very bonded with their horses. Some of the goats even climb on the backs of the horses when the horses are napping. One of my clients has an old thoroughbred. The thoroughbred lived many years with her old childhood pony. When the pony died, the horse was agitated, anxious and unhappy. My client went to the humane society

and adopted a goat to be a companion for her horse. The goat she brought home was wild but her horse immediately bonded with her. Luna, short for Lunatic Goat, had not been handled a lot by people and continued to remain difficult to handle despite several years of kind and gentle care by the owner. However, the thoroughbred adored Luna. They were barely ever more than 10 feet away from each other. While the owner admitted she wasn't that fond of Luna, since the horse liked her, she would always have nothing but the best of care.

In general goats are fairly easy to care for. Food, water, shelter, annual vaccines, deworming, and occasionally trimming the hooves compromise most of the routine care. It was the hoof trimming that would prove to be the most difficult for Luna. The first time Luna needed her hooves trimmed, I was called out and gave her tranquilizer and taught the owner how to trim the hooves. From there the owner took over providing the routine hoof care. While a challenging task, the owner was successful at getting the hooves trimmed. She would lure Luna with food, then slip on a lead line, tie her to the fence, and then trim the hooves as Luna jumped around and fought her.

While if you met this client out at a restaurant, you would think she was sophisticated and a little bit prissy; definitely not the type who'd get dirty. However, on goat hoof trimming day, an entire new person was shown; a chain smoking, oversized plaid shirt wearing, mud on the face, goat wrestler. She even laughed



In this case, a picture really is worth a thousand words!

that Luna brought out her "hill-billy" alter ego.

During one trimming episode, Luna broke loose from the fence and ran frantically through the field. She darted under the fence and slipped past an old metal gate, slicing open her shoulder. The owner knew it was bad. I received a frantic call. "Luna hurt herself bad. She may need to be put down but you can't put her down. My horse loves her. You have to save her but it looks bad. You might have to put her down." I told the owner I would be out there in shortly.

When I got to the farm, Luna's owner was standing in the driveway wearing a pair of muck boots with a cigarette in hand. Luna was in her field, standing up with blood running down her leg. While she wouldn't put any weight on the leg, she still tried to run from us as we tried to catch her. For a three-legged goat, she was quite fast. Once we caught her, I immediately sedated Luna. I then

started to examine the shoulder. Luna had torn a triangle shaped flap of skin and opened up her entire shoulder, tearing through the top layer of muscle as well as the skin. During my exam the owner kept saying how bad it looked but that we had to save her. I reassured her that Luna would be fine. While a bad laceration, this was far from fatal. My average laceration repair requires 1, maybe 2 packs of suture. This was not one of those lacerations. This was the type of laceration that required internal suture to reattach the muscle, placing a drain, and several packs of sutures to close the skin.

The laceration repair was actually fairly easy and straight forward. However, the aftercare would potentially be a challenge. We had already elected to use dissolvable stitches, as there was no way that

an unsedated Luna would stand still to have stitches removed. A tetanus shot was part of the treatment, as well as a dose of anti-inflammatory medication. The owner said she was not going to be able to give her an antibiotic so an antibiotic injection was next. The owner said she would not be able to wash the wound or do anything other than look at it from about 10 feet away. Luckily Luna's shoulder healed perfectly despite less than ideal conditions.

Companion animals are often necessary for the happiness of the solo horse. However, sometimes, they cause more trouble than the animal for whom they are purchased. Even the nicest of companion animals can become a lot of bother.

To read other articles by Dr. Brokaw visit the Authors section of Emmitsburg.net.

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THE MASTER GARDENER

Attracting butterflies to your yard

Teresa Gallion, Frederick County Master Gardener

Faith Peterson, Adams County Master Gardener

Enjoying the butterflies this summer? As I watch them in the gardens surrounding our office building and at home, it has made me think more about the process of attracting them. Here are some thoughts from Master Gardeners that enjoy butterflies just as much as I do.

The butterflies and moths that we see each day in summer are practically all native insects. That means that they have evolved, along with the plants that feed them, over centuries. You can help butterflies and moths by providing a suitable habitat of native plants in your yard that will allow them to grow and thrive.

A good butterfly habitat is ideally filled with native trees, shrubs and flowers. The nectar plants should be placed in a wind free sunny area, with a few rocks,

from which butterflies absorb heat. Butterflies like mud puddles and must have a shallow water source. They also like rotted fruit, which should be placed in a shady area.

The life cycle of a butterfly is egg, caterpillar, chrysalis and butterfly. Each butterfly family has its favorite nectar plants; as well as its favorite (and only) sources of food for its babies (the caterpillars). Butterflies start as an egg laid by the female, who may lay eggs singly, or in clusters, usually on the underside of a leaf on a host plant. When the egg hatches it eats its shell and then starts eating the host plant leaves. As it grows it sheds its skin a few times. Stages between molts of the old skin are called instars; and they usually don't look like the caterpillar until the final stage.

Caterpillars eat and eat and eat. When they have reached full size, they attach themselves to a firm support and become a pupa or chrysalis. When the metamorphosis is complete, the butterfly emerg-

es, pumps blood into its proboscis to straighten it out; and into its wings to make them ready for flight. For many species, this all happens in one summer; and some actually have more than one generation per summer. Other species of moths and butterflies may over winter as eggs, or pupae and emerge the following spring. A brush pile in a corner of your property will provide a good protected location for overwintering eggs and pupae.

As you read and learn more about butterflies and moths, you will become aware that two types of plants are needed to complete the life cycle. First are the host plants on which the egg develops and matures. Many of the host plants, surprisingly, are trees. The adult butterfly and moth has a much wider range of flowering plants from which it eats nectar.

Here is a list of common butterflies in our area and the host plants they need: the Monarch host plant is the milkweed family; for the Spicebush Swallowtail, it is spicebush and sassafras tree; Eastern Black Swallowtail larvae eat parsley, tulip tree, fennel and wild cherry; for the Viceroy it's poplar, willow, cherry and apple; while the Baltimore Checkerspot loves turtlehead and white ash trees.

Some easy garden plants you'll want to include in your butterfly garden to feed larvae are dill and parsley for black swallowtails, pearly everlasting and pussytrees for American ladies, violets for fritillaries and milkweeds for monarchs.



Zinnias are an easy-to-grow, annual flower that can help attract butterflies to your garden.

Milkweed is the only plant monarch caterpillars will eat. It may be the most important plant for your garden this summer. Every fall, monarchs migrate to the mountains of central Mexico. They safely spend the winter months in the high altitude forest canopy. They'll be back in our garden this summer and looking for milkweed.

If you are planning to add a tree to your yard, consider one of these. Always look up mature height, branch spread and water and sun needs of a tree before planting.

Small trees and shrub choices include redbud and dogwood trees, lilac, summersweet, and any of the viburnums. These listed bloom at different times of the butterfly season. The best flower-

ing nectar plants have single petals, for easy landing. Also, the butterfly is less able to use the proboscis to find nectar in double flowers.

Here are some perennial flower suggestions: bee balm, Black eyed Susan, hyssop, Joe-Pye weed, purple coneflower, liatris, most herb plants, and all the milkweeds. Some biennial and annual flower, try violets, zinnia and Mexican sunflower. The Mexican sunflower will grow to 5' tall and 3 to 4' wide. Some flowers to attract night flying moths include Nicotiana, Angel trumpet and moon flower.

Accessibility to the nectar is key. Some flowers just don't suit. Take the trumpet vine. The flowers are perfect for hummingbirds to stick their beak into and eat, but would prove too deep for butterfly feeding. Flowers that have been cultivated for eye-catching beauty might have been bred out of the food-providing category, too. Some just no longer produce nutritious nectar, and some just don't allow butterflies to feed. Marigolds have been cultivated for flowers with double and triple blooms, which, while lovely to see, won't let a butterfly proboscis enter. In choosing the plants for your butterfly garden, you may find it helpful to think like a hungry butterfly.

Designing a Butterfly Garden: For a butterfly garden there are two goals: the first is to attract adult butterflies to come into your garden and the second is to ensure further generations of butterflies by providing a place for eggs and caterpillars.

Look for a sunny site. Avoid very windy areas like hilltops. Flight is less work in sun and calm air. Don't forget, they're looking for food. Location is everything. You want to be able to grow the nectar-producing flowers butterflies need. You also want the butterflies to be able to spot your garden; so don't hide it from them.

Plant bold masses of bright flowers. That will bring them in. To keep them feeding take a look at how they feed. Butterflies have

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THE MASTER GARDENER

Small Town Gardener

A nibble here, a nibble there

Marianne Wilburn

Lulled into a false sense of security by two Luseless dogs, I have spent the spring planting season imprudently digging holes further and further from the house and deeper into the realm of the four-legged beast. My number was up yesterday. Four tomato plants, one pepper and six highly anticipated daylily blossoms are currently making their way through the digestive tract of some furry, flea-bitten creature that starts its mornings much earlier than I.

A friend of mine was recently telling me about a lodger she once had that spent a precious two hours a day on her belly in the garden with her .22 until she finally dropped the groundhog that had apparently never read 'The Little Red Hen' as a pup. You works, you eats. Early morning scroungers will be shot on sight.

However, I don't have two hours to lie on my belly these days unless there is a massage involved, so I prefer instead to swear at my dogs and kick the side of the barn once decorated by daylily foliage.

Beating creatures to your produce is a game that human beings have played since the first agrarians found a bit of seed in their pockets and decided to sow it. Soon after the earth heard the first "Eureka! I grew that!" it no doubt was treated to a Mesopotamian tirade that ended with a slingshot and a THWACK.

Once the marauders have found your unprotected patch, the gardener has about as much chance of keeping that for which she toiled, as a parent whose child has found the secret stash

of Hershey's kisses. It will just be a nibble or two at first, then total annihilation.

I have been on at a friend to do some serious protecting of her two raised beds for a couple years now. Living in a newer subdivision, her plots stand out as the only decent thing on the menu, but the deer have been surprisingly dim in this respect, preferring to eat the constant supply of bread and scraps a delusional neighbor is throwing them (yes, you read that correctly).

Yesterday, they decided to roam a little further and she lost half her gorgeous romaine lettuce. Without some sort of barrier installed double-quick, she can kiss goodbye to the other half within days. The space has no doubt now been marked in some centralized animal database and couldn't be easier to find.

Protection is not the last word on the subject. Once the gardener gets lackadaisical over protecting his bounty, four-footed creatures are almost telepathic in their awareness of open gates, gaping fences and gardeners who went for a massage in the afternoon. The answer is simple. One simply cannot be lackadaisical – the garden is difficult enough to protect when you're on your game.

For instance, I have known since we moved here that anything I plant where the sunshine is abundant will likely be eaten by animals. We couldn't add a fence to the hundreds of projects currently on the docket, yet I refused to go one more summer without fresh tomatoes and peppers. Therefore I constructed a small hoop house made of netting and PVC pipes hammered into the ground. This

worked beautifully, until predictably, the tomatoes outgrew their space and required cages and more netting.

I caged them, but again, lulled into complacency by the fact that an old unprotected asparagus bed had not been nibbled this year (unlike the year before), I left them uncovered. Mistake. They are properly netted now, and neither the deer nor I have easy access any more.

For this is yet another consideration – access and aesthetics. In response to raccoons, deer, groundhogs and the occasional rogue squirrel, a friend in town has built his own private gulag – an impenetrable fortress of electrified wire around the garden which his spouse terms 'ugly' and he terms 'effective'.

What did he get in return? A three-step process when he wants a tomato and a copperhead bite when he was weeding his grapevines.

I have no doubt the snake was paid off by a group of bitter groundhogs. It's war out there folks – us against them. Be thankful we've got .22s and antibiotics.



If you see a monarch caterpillar this summer, consider yourself lucky! It could be the last one you ever see.

a proboscis they use for eating - it's pretty much a curled up straw they can extend into flowers to drink nectar. They'll stay and feed longer where there are lots of flowers with accessible nectar.

If you want butterflies, stop spraying your yard with a mix of chemicals designed to leave your plants and lawn bug free. Accept the fact that host plants will have holes in their leaves – those caterpillars have to eat! Insecticides do not discriminate between an undesirable insect and a caterpillar or butterfly. Often times, depending on the insecticide, what kills one will kill the other. Going native without the use of pesticides will increase nature's bug patrol (the birds and beneficial insects) in your yard.

Finally, avoid cleaning up every stem, stalk and leaf in the fall. You will be removing over-wintering eggs, larvae or pupae of our butterflies and moths. The birds will enjoy the banquet of seeds provid-

ed by the zinnias, coneflower and other plants.

For more information look for Peterson's Guide to Caterpillars, A Golden Guide: Butterflies and Moths, Stokes Butterfly Book and many others available at the library or for sale through some of the links provided below.

There are many web sites available for butterfly lovers. Here are a few to get you started:

- North American Butterfly Association: www.naba.org
- Monarch Watch Univ. of Kansas: www.monarchwatch.org
- Maryland Native Plants: www.mdflora.org

So as the butterflies rest on the flowers in your garden, take time to try to identify them and learn more about the habitat they need to survive. Gardening is so much more than plants. It's life.

To read more gardening articles visit the Gardening section of Emmitsburg.net.

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HEALTH NOTES

Heatstroke – preventing tragedy

Kelsey Shupe
Frederick Memorial Hospital

The school year has ended, vacation plans are being made, and your typical daily routine is probably being thrown for a loop. That can only mean one thing; summer has officially arrived in Frederick County.

Rising temperatures and more time spent outdoors can lead to increased instances of heat related injury or death; and a recent news story of a child wandering outside and getting into an unlocked car serves as a sobering reminder of how dangerous summer temperatures can be.

When your body isn't able to cool itself down quickly enough, heatstroke begins to set in. Children are more susceptible to heatstroke because their bodies heat up approximately 3 to 5 times faster than an adult's. According to Safe Kids World-

wide, on an 80 degree day the temperature inside of a car can rise almost 20 degrees in as little as 10 minutes, and will keep getting hotter with each passing minute. It's important to note that cracking the window doesn't help with regulating the interior vehicle temperature.

Busy parents can sometimes be tempted to leave a sleeping child in the car 'for just a minute' while they run into the store, or perhaps a child sleeps so quietly in the backseat that we forget they are even there. As summer progresses and school or daycare routines change, it's important to develop a strategy for avoiding the possibility of heatstroke related injuries and deaths.

Never leave a child alone in a car - You can easily avoid heatstroke related injuries and deaths by never leaving a child alone in a car, even for a minute. Vehicles heat up quickly and children can't regulate their body temperature as

well as adults. Even on pleasant, 80 degree days, it doesn't take long for a car's interior temperature to reach deadly levels, and when a child's body temperature reaches 107 degrees, they die.

Lock your vehicle regardless of where you're parked - To ensure that children don't get into your vehicle when it's parked, keep it locked. Unbeknownst to parents or caregivers, children sometimes sneak into cars to play or hide; by keeping your vehicle locked you can prevent this from occurring. If you have children, remind them that vehicles and trunks are not safe places to play and think about keeping your keys out of their reach.

Create a reminder - Place your purse, briefcase, cell phone, or other important item that you need to start your day, in the backseat with your child. This reminder is especially important if you're deviating from your normal routine. When you reach



You can easily avoid heatstroke-related injuries and deaths by never leaving a child alone in a car, even for a minute.

Hip replacement surgery at FMH gave Dr. Cowen his moves back

As a busy cardiologist, high altitude hiker, tap-dancer, yoga enthusiast, and scuba diver, Dr. Jeffrey Cowen counts on his ability to move freely and without pain. So when his left hip became increasingly weak and painful, the 62-year-old physician didn't wait to look for a solution that would put him back on his feet—fast.

That solution was anterior hip replacement surgery at The Joint Works at FMH. In this surgery, the joint is reached through a small incision on the front of the leg, and muscles are separated rather than cut. This means a shorter hospital stay and a quicker return to normal activity.

Today, Dr. Cowen has no pain and is back to the active life he enjoys.

“My advice to those suffering from joint pain is to restore your mobility as soon as possible. Staying active is the most important thing you can do to reduce your risk for disease and extend your life.”

—Dr. Jeffrey Cowen

Dr. Shawn Grandia
 Orthopedic Surgeon,
 Orthopedic Specialists of Frederick

To learn more about The Joint Works at FMH, call **240-566-3785** or visit **fmh.org/jointworks.**

The Joint Works at FMH is a Blue Distinction Center + for Joint Replacement Surgery and an Aetna Institute of Quality for Joint Replacement Surgery

your final destination, you'll be sure to check your backseat, and avoid accidentally leaving a child in the car. According to Safe Kids Worldwide, since 1998 more than half of heatstroke fatalities occurred when a distracted caregiver forgot their child was in the car. By creating a simple reminder, you can prevent this from happening to you.

Use your network - Most parents have cell phones with alarm capabilities. It's easy to create a daily alarm that will remind you to double check that your child was dropped off at daycare. Parents could also use the help of daycare providers, setting up a plan for a phone call if your child is late for morning drop off. This type of plan is especially important if your daycare routine has recently changed.

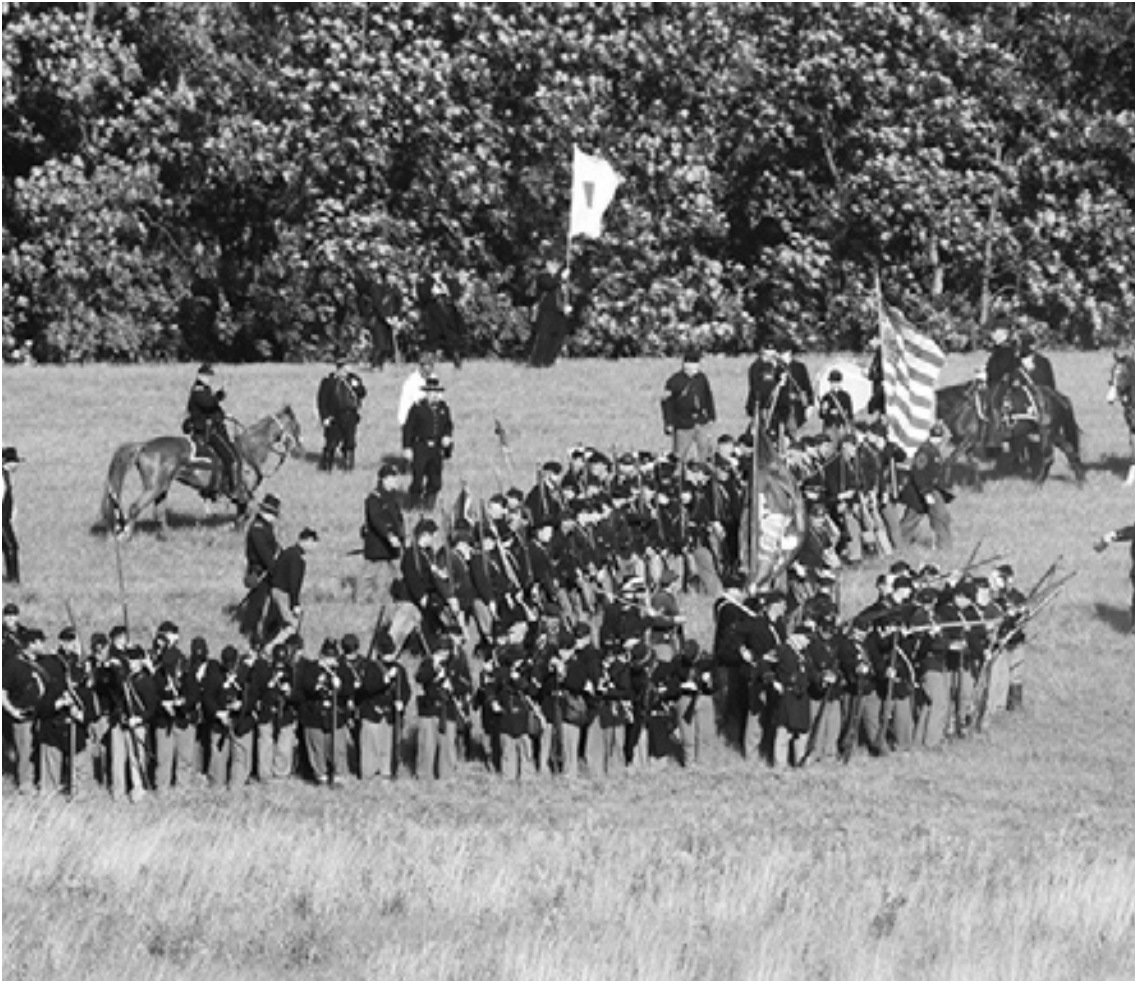
Get Help - If you're walking through a parking lot or neighborhood and see a child left alone in a vehicle, call 911 right away, and follow any instructions provided by emergency personnel. Children in distress should be removed from the vehicle as quickly as possible and rapidly cooled down.

Heatstroke deaths are a tragedy that can happen to any parent. A survey conducted in 2014 revealed shocking statistics relating to parents and caregivers leaving children unattended inside of a vehicle. Results from the 2014 survey showed that 14% of parents have intentionally left their child alone in a parked vehicle. For parents of children three and under, that percentage grew to 23%. Forgetting a child inside of a parked car is a real issue effecting 11% of parents, and for parents of children age three and under, the chances increase to 25%. Outside of leaving a child inside of a car intentionally or unintentionally, 6% of parents are comfortable letting their child stay in a parked, locked vehicle for longer than 15 minutes.

Remember, heatstroke tragedies are 100% preventable. By implementing and sharing these tips, you can do your part in avoiding such a tragic event.

To learn more about Safe Kids Worldwide and preventing heatstroke, you can visit safekids.org/heatstroke.

152nd Gettysburg reenactment



Witness history come to life at the 152nd Gettysburg Anniversary Reenactment, which will be held on July 3, 4, and 5.

The Gettysburg Anniversary Committee, organizers of the annual Gettysburg reenactments, have been making those dusty old history books come alive and enabling visitors and reenactors to experience quality American History for the past 21 years. The Gettysburg Anniversary Committee, comprised and staffed entirely by local community members, has a reputation of doing this type event as well or better than anyone else in the country. That is a tremendous credit to the Adams County community.

This year at the 152nd Gettysburg Anniversary Reenactment there will be five battles on Friday, Saturday & Sunday. This all day family event will also feature an explosive Independence Day 152nd Artillery Salute to all fifty states and to the crew of the USS Gettysburg that will be in attendance on July 4. The salute will take place following Taps after the 5PM battle with the USS Gettysburg crew on the field. Approximately 40 full size artillery pieces are expected. The always popular live mortar fire demonstrations complete with explosion at the end will take place each day. There will be field demonstrations, a Living History Village and continuous programs in two large Living History Activities Tents that include ladies period dress, civil war music, presentations by the Generals, period religious services and several civil war weddings. Sutler Row featuring period wares at the Gettysburg event is one of the most impressive on the East Coast. Visitors are also welcome to stroll through the

military camps and talk to these living historians.

From the first event in 1995, The Gettysburg Anniversary Committee events have always featured some of the best living history at any civil war reenactment. This year a Youth Activities Tent, is being added to the living history smorgasbord. An array of activities will include enlistment, life and equipment of a young soldier, medical, music, drilling, a civil war art contest and honorable discharge.

According to Operations Manager Randy Phiel "The Gettys-

burg Anniversary Committee is proud to have participated in the Make A Wish program for twenty-one years. It has been the wish of many youth over the years to dress in period clothing and take the field under appropriate supervision." Phiel says "This is year is no exception with a Make A Wish child at the event. It is an honor for the GAC organizers and military command to play a part in making this wish reality."

The 152nd Gettysburg Civil War Battle Reenactment will stimulate all your senses. The smell of black powder, the echo of thundering

hooves, the boom of cannon fire, the rebel yells of charging Confederates and the ladies in period dress strolling down Sutler row will make those dusty old history books come alive. This is an event that will both entertain and educate.

This summer's event will be held on July 3, 4 & 5,, at the Gettysburg Movie Site on Pumping Station Road just 3 miles south of Gettysburg. On the way to the event you will pass the Eisenhower National Historic Site and the historic Sachs Mill Covered Bridge used by both armies during the battle. There is both general admission as well as admission with grandstand seating. Grandstand seating for Saturday and Sunday

normally sells out so order in advance. A variety of delicious array of food and beverages are available. Bring the family, come early and stay late.

Information for the Gettysburg 152nd Reenactment can be obtained by calling 1-800-514-3849 or going to the Gettysburg Anniversary Committee website at www.gettysburgreenactment.com for complete information or to order tickets online.

Additional media inquiries concerning the 152nd Gettysburg Battle Reenactment can be made by contacting Andrea DiMartino at 717-676-5752 or gac.media.pr@gmail.com



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5:30 p.m. - *The Push to Seminary Ridge* - First Day Action

Saturday, July 4th

11:00 a.m. - *Hell to Pay* - Buford Defends the High Ground

4:00 p.m. - *A Bloody Harvest* - The Wheatfield

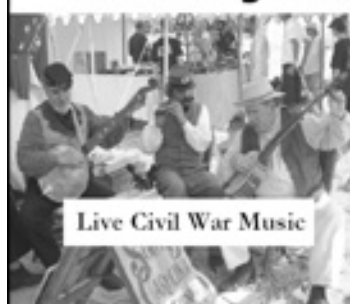
Sunday, July 5th

11:00 a.m. - *Virginians & Wolverines* - East Cavalry Field

3:00 p.m. - *Glory or Death* - Segment of Pickett's Charge

Note: All battles take place at 965 Pumping Station Road, Gettysburg

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WWI NEWS REPORTS FROM THE FRONT

Editor's Note: This month, we opted to forgo our usually weekly recap of the war news and instead run some of the side stories the Emmitsburg Chronicle ran during the month of July in 1915. For those who are interested in the weekly recap, here is the summary:

On the western front, the Germans advanced a few hundred yards and captured a few British and French trenches, which they promptly lost. Loss on both sides exceeded 10,000. On the Gallipoli Peninsula, the Turks and Allies continued to struggle for ground measured in feet—with loss on both sides exceeding 10,000. The Italian campaign against the Austrians bogged down to trench warfare with losses on both sides exceeding 10,000. On the Eastern front, the Germans launched a renewed push to capture Warsaw, wiping out whole Russian armies in the advance. Losses on both sides exceeded 200,000.

July 2

Cruiser Columbia to become submarine school

Navy Secretary Daniels has announced that the cruiser USS Columbia, now in reserve at Philadelphia, will be commissioned to serve as the flagship for the Atlantic Submarine Flotilla, and also a school ship for the training of additional men for submarine service. Sec. Daniels said: "in order to man the 12 submarines now rapidly nearing completion orders have been given for the immediate establishment of a school on board the flagship of the Atlantic Submarine Flotilla for the instruction of personnel, officers and enlisted men. From the school crews confident to man the new vessels will be detailed to them as they are delivered by the contractors and accepted by the government."

"The instructions referred will be both theoretical and practical, submarines now in commission being used for the practical work, and training will cover such periods of time as will be necessary to familiarize fully the personnel of a submarine and with the vessel to which they will be detailed."

When the USS Columbia joins of flotilla the USS Perry, now acting as the flagship, will be utilized as a tender for the submarines in commission. The USS Columbia

was designed as a commerce destroyer, and she and her sister ship, the USS Minneapolis, were two of the fastest vessels in the world at the time of their conclusion.

The USS Columbia was one of the ships forming the flying squadron in the Spanish-American war. She has an overall length of 412 feet and a beam of 58 feet. Being commodious, she is an ideal vessel for the purpose for which he is about to be used.

July 9

Six million men lost in the first year

The first year of the war in Europe is closing. A review of the results that stand out prominently is interesting at this time. The war to date, as shown by conservative estimates compiled from the best available reports, has caused a loss to the various belligerence of more than 6 million men, dead, wounded and prisoners, and more than 500 ships. Of these about 120 were war vessels.

The outstanding results on land are these:

The greater part of Belgium is under the control of Germany.

Germany has been driven from the Far East.

A part of the Dardanelles is in the possession of the Allied

troops.

Parts of France and Russia are in the possession of German troops.

A strip of Alsace has been taken from Germany.

On the continent of Africa parts of the territorial possessions have been lost by both sides.

Various island possessions of Germany have been taken by the forces of Japan.

Italian troops are in the possession of a strip of Austrian territory.

The outstanding results at sea are: German and Austrian mercantile shipping has been forced from all the open seas.

German and Austrian war vessels having a total displacement of approximately 257,000 tons have been destroyed.

War vessels of the Allied nations having a total displacement of approximately 192,000 tons have been sent to the bottom.

The greater part of the German and Allied fleets in the North Sea remain intact.

Except for communication via Holland and the Scandinavian nations, Germany is cut off from the rest of the world.

Efforts on the part of the Germans to place the British Isles in a similar predicament has resulted in the sinking by severing of hundreds of vessels flying the flags of the Allied and neutral nations.

The sinking in this manner of the Canard liner Lusitania, with a loss of more than 100 American lives, precipitated a request on the part of the United States that such practices, in so far as they might menace Americans, be stopped.

On August 2 1914 German troops entered Luxembourg and Germany demanded free passes for Belgian to the French frontier.

This was refused and two days later Great Britain patch to Germany in ultimatum demanding that the neutrality of Belgium be maintained. The ultimatum was rejected, and the German forces attacked. On the same day President Wilson issued a neutrality proclamation.

The following day Great Britain declared of war on Germany, and two days later the Germans entered Belgium and the French invaded southern Alsace.

These events were quickly followed by an affirmation on the part of Italy of her neutrality, by an Austrian invasion of Serbia and by the sending by Japan of an ultimatum to Germany. This has to do with the German possessions in China.

By August 17 the first British expeditionary force had completed its landing in France, and on that day there began also fierce battle between the Austrians and Serbian troops. Victory was with the Serbian arms after five days of fighting, and the Austrians were routed.

In the meanwhile German and Austrian troops had met the Russians. The German army under Gen. von Hindenburg defeated another Russian force in the battle of Tannenberg which lasted three days.

Two days after the French government moved to Bordeaux, out of fear of Paris falling, the battle of the Marne was begun, and Russian troops succeeding in occupying Lemberg, the capital of Galicia.

Before the French and English troops the Germans in France were forced to retreat as far as the Aisne. Events for the next few days included the bombardment of Rheims by the Germans and the sinking by a German submarine other British cruisers Aboukir, Cressy, and Hogue. On the same day the Russian troops attacked Przemysl.

British troops from India were landed at Marsellies on September 26 and were immediately dis-

patched to the northward. Before their arrival at their destination the Germans have begun a siege of Antwerp, which resulted in the Belgian government moving to Havre, France.

German cruisers which have been stationed in foreign wars at the opening of the war had by that time given a good account of themselves. The Emden, operating in the Indian Ocean an adjacent waters, overtook a score a merchant ships belonging to the nations Allied against Germany before she was finally run down and destroyed. In the Atlantic several auxiliary cruisers performed similar duties. They, too, were subsequently sent to the bottom by escort ships.

On the land the armies of the belligerents settle down to hold their position for the winter months. In East Prussia, during the winter there was severe fighting, resulting in the loss of many men, dead, wounded and captured. The German armies operating in East Prussia held off a Russian army of vast proportions, finally driving it back well into its own territory.

On the sea a British squadron defeated the German squadron which was victorious off Chile. This engagement took place off the Falkland Islands. German submarines became especially active in the winter months, sinking many allied warships and merchantmen.

On May 23 Italy declared war on Austria after having announced earlier in the month her treaty with that nation. The declaration of war was quickly followed by raise on the Italian coast cities by Austrian arrow points. The Italian army struck across the border into Austria.

July 16

Saw Gas wiped out 1,000

Henry Lampiere, 16, an American citizen, who served 218 days with British colors, has returned



The success of German submarines in disrupting shipping to England resulted in the U.S. Navy speeding up the development of its own submarine force.

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WWI NEWS REPORTS FROM THE FRONT



While most efforts put toward preventing deaths from gas attacks focused on human deaths, some attempts, mostly futile ones, were made to protect the lives of horses and service dogs.

gle has created is not generally realized," said Mr. Sturgis. "The announcement that we have exported \$59 million worth of horses and mules since the war started would not mean much except to the initiated, but it takes on tremendous importance when we learn that during the entire period of the Boer war, which lasted from October 1899, to June, 1902, the British government purchase all told 470,600 horses, of which we supplied 109,839. During the same time. They brought 149,000 mules of which we furnished 81,524."

"It appears from this that the United States has furnished for Great Britain, France and England in the period of 10 months passed almost as many horses and mules as the British government brought in all countries during the almost 3 years of hostilities in South Africa. When the hundreds of thousands of horses purchased by other countries are considered and it will be remembered that the average life of a horse than the actual war zone is but 10 days, some idea of the necessity of stimulating the breeding interest is apparent."

"Something idea of the rate at which the horse has been eliminated may be gathered by references to statistics in connection with the Army of the Potomac during the Civil War, he continued. The record show that there were 30 Calvary regiments whose effective strength buried during the six months from May to October between 10,000 and 14,000 men. This body of cavalry required the following remounts; May: 5,730; June: 6,327, July: 4,716, August: 5,499, September: 5,829, and it October: 7,336, indicating a loss of 2 and a half horses per man, or a ratio of five horses per year. The Secretary of War in commenting on this said: "if a similar state of affairs exists throughout all our Calgarey its 233 regiments would require 435,000 horses annually."

"In comparison with the world strife now prevailing," continued Mr. Sturges, "the Civil War seems trivial and the



Parties on both sides of the war actively purchased horses and mules from across the US and loaded them by the thousands into ships destined for the war zone. Sadly, many of them never made it, but instead, drowned after their ships were torpedoed by German submarines.

with the first story told by a soldier of actual experience with the German asphyxiating gasses.

Lampiere was seized with the war fever last August and enlisted, posing as a Canadian. Recently his mother learned of the boys whereabouts, and through the representation of the US ambassador in London obtained his discharge.

Lampiere took part in the battle of Ypres, when the Germans first used the deadly gases.

"We advanced in extended order, running, dropping in firing, then going forward again. We were almost on the German trenches when we noticed clouds of sulfur colored smoke drifting down the wind in our direction. All at once our men began to counter and crumble up by the scores.

On all sides the soldiers dropped with hardly a sound and with no sign of injury. The field was a shambles. But our officers kept her head and ordered the men to hug the ground until the poisonous vapors pass over.

The gas eat away our line and exposed the battalion to an enfi-

lading fire from the German machine guns on our right flank. More than half our soldiers were down from the gas fumes and the crossfire wiped out most of the rest. We went into the battle with 1,100 men they came out with a bare hundred 50 survivors.

We lay flat on the turf until the wind shifted slightly, blowing back part of the gas clouds towards a German machine-gun section. Then we crawled on hands and knees more than 150 yards to a place of safety. I had to be treated for gas inhalation. Many of my comrades who crawled back to our trenches afterwards died with horrible suffering."

July 22

War exhausting supply of horses
The war has depleted the supply of high class American forces is pointed out by F. C. Strugis, the vice-chairman of the Jockey club who has responsibility of that organization is pure a breeding in New York State.

"The economic waste the strug-

situation is one that should fill every breeder of horses with a sense of duty he owes his country. The horses is a necessary accessory of our everyday life, but in war he is as indispensable as ammunition or food.

July 29

Germans continue to buy American horses

Representatives of all the principal nations at war in Europe are combing the West for horses for the armies. Several of the horse buyers bear titles; the majority of them are men who have been at the heads of great establishments in Belgium and France. One who was recently in Lincoln was paid two dollars a day and expenses for his work. Before the war he drew \$10,000 a year as manager of the great breeding stable in Normandy.

How the few German buyers get their purchases through is a mystery, and they refuse to elaborate. They may complain that that is their own business, and they keep on buying. Some of the largest dealers in this section have been asked to bid on 25,000 head shipment for the German government payable by drafts of New York.

In the beginning, speculators and businessman jumped into the game, taking large contracts with subcontracts. The ruling price for the grades desired were \$150 and

\$175 per head, subject to inspection, which was very rigid, and a large portion of each shipment was rejected. Rather than carrying these back to the west the dealer sold them at the point of shipments for what they could get.

That there are horse traders in Europe and dealers with sharp eye-teeth was provided by the fact that a number of these rejected animals were shipped to Europe, the purchasers being government agents, who took this means of showing American dealers some tricks in horse buying, purchasing in the guise of contractors who desired the animals for the Northwest.

The fact that the greater part of the supply in the West has already been purchased or is in the hands of speculators, holding for the raise they feel certain will come with a continuation of the war, has led to a lowering down of the inspection bars. Hundreds of animals that formally would have not received a second look are now going through. Stable boys say that fat ones are given preference.

White and Gray horses are taboo because they are shiny marks on the battlefield. The one thing the buyers are particular about is wind. They require swift galloping for a block or two before the inspector decides.

To read past "WWI News Reports from the Front," visit the Historical Society section of Emmitsburg.net.



WWI was the last major war where horses served a predominate role. The average life expectancy of a horse on the front lines was 10 days.



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HISTORY

The fond farewell to the Cozy

In June of 2014, the historical Cozy Restaurant closed its doors after serving our community for more than 85 years. Although the rubble that remained from the restaurant will soon be cleared, we thank the Cozy for the many memories it has brought us!



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on your way to the shore!

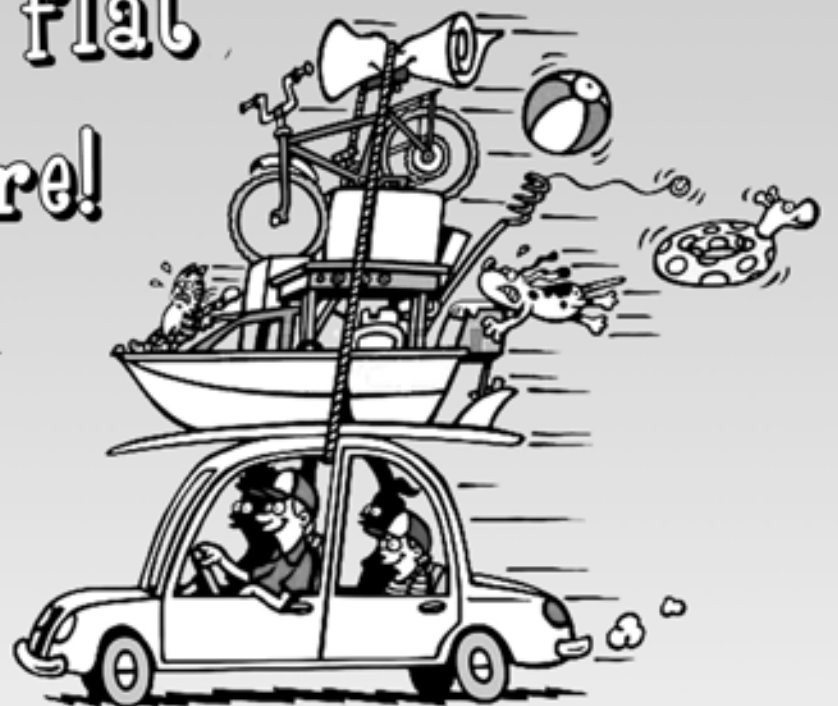
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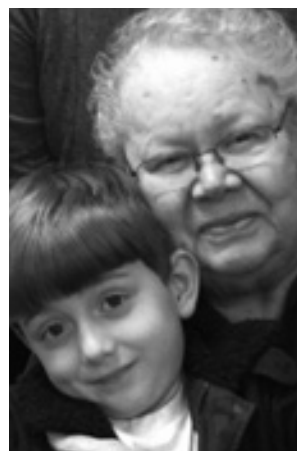
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OBITUARIES



Patty Jean Bower Cox



Patty Jean Bower Cox, 73, of Lynchburg, passed away on Thursday, June 18, 2015. She was the loving wife of Truman Earl Cox.

Patty was born on October 2, 1941, to the late Frederick Baile Bower, Sr. and the late Mary Jean Bollinger Bower. In 1958, Patty proudly joined the U.S. Air Force, where she met the love of her life and best friend, Truman. She had a love for cooking, and was a very loving and kind-hearted wife, mother, grandmother, great-grandmother, sister and friend. She was a spunky, feisty, beautiful, overly generous, hard-working, and strong woman, and she will

be missed very much by all who knew and loved her.

In addition to her parents, Patty was preceded in death by two brothers, Frederick Baile Bower, Jr. and Johnny Roop Bower.

Left behind to cherish Patty's memory are her husband, her daughter, Rebecca Fitzgerald and her husband, Ed of Amherst, Virginia; two granddaughters, Anna Fitzgerald, and Katherine Lester and her husband, Aaron; two great-grandchildren, Sawyer Lester and Jax Lester all of Forest, Virginia; and one brother, James Bower and his wife, Lynn or Gainesville, Georgia.

A private memorial service will be held at a later date. Memorial contributions can be made to the Blue Ridge Area Food Bank, 501 North 12th Street, Lynchburg, VA 24502, or Smyrna United Methodist Church in Amherst, Virginia.

Tharp Funeral Home, Lynchburg, is assisting the family. To send condolences please visit tharfuneral-home.com.

Mariah Baker



lent seamstress. She baked three kinds of pies for her family's Sunday dinners, and her meringue cookies were famous at her children's bake sales. She joyfully celebrated every holiday with her family at her home, and dedicated her life to her husband and to the raising of her five children. She was a beautiful lady who loved music and dancing.

Surviving are children, Stephanie Bender and husband Frank of Gettysburg, Raymond M. Baker and wife Ruth of Taneytown, Deborah Fragale and husband David of Emmitsburg, Gary Baker of Emmitsburg, and Kimberly Genau and husband Frederick of Frederick; sisters, Kathleen Warthen of Fairfield, and Lovanna Lovely of Florida; 16 grandchildren; 13 great-grandchildren; and many nieces and nephews. She was predeceased by four brothers and a granddaughter, Rachel Baker.

A Mass of Christian Burial was held June 10 at St. Joseph Catholic Church, 47 DePaul St., Emmitsburg with the Rev. Charles F. Krieg, C.M. as celebrant. Interment was in the Emmitsburg Memorial Cemetery.

In lieu of flowers, memorial contributions may be made to the Down Syndrome of Northern Virginia, 10467 White Granite Drive, Ste 320, Oakton, VA 22124 or dsanv.org. Online condolences may be expressed to the family at www.myersdurborawfh.com.

Mary Ruth "Marie" McNair



Mary Ruth "Marie" McNair, 78, of Emmitsburg, died Sunday, May 31 at her home, surrounded by her loving family. Born December 5, 1936 in Thurmont, she was the daughter of the late Joseph Francis "Frank" Althoff and Helen Grace (Smith) Althoff. She was the loving wife of Dallas S. "Sonny" McNair for almost 60 years.

Marie was a 1954 graduate

of St. Joseph High School, Emmitsburg, a lifelong member of Thurmont Grange #409, and a member of St. Anthony Sodality. She enjoyed crafts, sewing, gardening, and spending time with family and friends, especially her grandchildren.

Surviving, in addition to her husband, are children, E. Dale McNair of Emmitsburg, daughter Sharon "Sherry" Ramage and husband, Jim, of Rocky Ridge, and daughter, Karen Dorsey and husband, Keith, of Thurmont; seven grandchildren, three great grandchildren and a special granddog, Corky Dorsey. She is also survived by brother, Edward Althoff and wife, Virginia of Emmitsburg; sister, Ann Little and husband, Phil, of Thurmont, and sister, Catherine "Kitty" Cool and husband, Sam, of Emmitsburg. She was predeceased by a special nephew, Joe Little.

Marie will also be remem-

bered by special cousins, Dorothy Robinson, Barbara Tillman, James and John Althoff, all of Baltimore, and George Jordan of New Jersey; special aunts and uncles, Elizabeth Richardson, Ruth Hobbs, Edward Smith Jr., all of Emmitsburg, and Louis Smith of Rocky Ridge, and several nieces, nephews, and cousins. She will be remembered by special friends, Lillian Layman, Patricia Carson, and Nora Hilton.

A Mass of Christian Burial was held on Thursday, June 4, at St. Anthony's Shrine Parish, Emmitsburg. Burial was in the St. Anthony Cemetery.

In lieu of flowers, contributions may be made to St. Anthony Shrine Parish, 16150 St. Anthony Rd., Emmitsburg, MD 21727. Online condolences may be expressed to the family at www.myersdurborawfh.com.

MOM'S TIME OUT

Zero rules . . . really?

Mary Angel

This month is all about me saying thank you (albeit a sarcastic thank you). This month I want to thank all of the moms out there who have zero rules. I also want to thank all of the kids who, on a daily basis, tell me about their lives filled with zero rules. This month I want to simply acknowledge the thrill it brings me when I am dubbed the meanest/strictest mom in the world.

I recently received an award (admittedly verbal) from my son for being the strictest mom in the world. Let me start at the beginning. It all started when I told him to start getting ready for bed. At the time he was thirteen years old and his bedtime was 9:30. It was, as my husband likes to call it, a loose 9:30. What this means in our house is that if you are watching a show and it ends at 9:30, then you may see the end and then get ready for bed. My youngest child's bedtime is 8:30 and she is required to be in bed at 8:30. She simply needs to have her teeth and hair brushed and jammies on, which she accomplishes on the commercials if she is watching a show. As soon as I made the request that he start his bedtime ritual he started down the hall as many comments poured out under his breath. I went immediately

back to his room and inquired what he was mumbling about and that is when the flood gates opened.

After he calmed down and I was able to ask him what got him so excited he proceeded to explain. "None of my friends have bedtimes," he said. "They go to bed whenever they want," he continued. I pointed out that this might explain why some of his friends don't do so well in school. I also mentioned that his friends might be exaggerating. Apparently he is at the "my friends speak the gospel" age because I greatly offended him with that suggestion.

I then pointed out that on the weekends and summer time his bedtime is pushed by a half hour since he is able to sleep in some. This opened up another can of worms, unbeknownst to me "all" of his friends are also allowed to sleep in on weekends until after lunch if they would like. I tried to explain that we are sometimes more strict than other parents but as parents we all do things a little differently. Some parents are lenient on sleeping but maybe expect straight A's from their kids. Some parents have their kids do a ton of chores while others don't have their kids do much.

Open mouth insert foot...he immediately jumped on that one. It turns out that NONE of his friends have to do any chores what so every,

whereas he is apparently the Cinderella of Taneytown (I guess that makes me the evil step mother, minus the step). I then ran down what I consider to be an average list of chores for a thirteen year old; gather dirty laundry, put away your clean laundry, empty the dishwasher, clean your room, set the table and clear the table, and maybe feed the cat. We believe, and I explained this to him, that it is our job as parents to make sure when he leaves our house to live on his own that we have provided him with the skills he needs to take care of himself. Chores are the perfect way for him to acquire these skills. (As a matter of fact, this summer, he and his brother will be learning to do laundry and cook, but don't tell them that!)

STOP! Before this goes any further I need to do some research. At this point I am questioning things I was sure of. Is it possible that all of his friends have no rules what so ever? Is it possible that I am the evil step mother of Taneytown? Is it possible that I am allowing a thirteen year old to make me question all of my parenting up to this point...man he is good.

I decided to start simple. I try to keep an open mind as a parent, since God knows I make mistakes all of the time. I started by checking with some of my closest friends and from there I branched out further and further. I made sure to check with my son's friends parents specifically. Here



is what I found out. Most of the kids have a bedtime, some of the parents work nights and aren't always able to enforce the bedtime. For the most part the bedtimes are strictly enforced for the unanimous reason that the moms and dads needed some time alone. The handing out of chores was a little different and a lot more varied. When it came to chores the only universal was that all of the kids had them. Who had what and how many and why varied greatly. Some

kids managed to cook, clean, do laundry, do dishes, and much more. There were others who had to clean their rooms and set and clear the table but little else.

The bottom line is that there weren't any kids completely free of bedtimes, rules and chores. It was also completely clear that thirteen year olds exaggerate to feel more important. It was also clear that after talking to many parents about many rules and chores that there were going to be some changes made. Many parents hadn't thought about what their child was capable of until we all compared notes. Turns out my boys might not be the only ones learning to do laundry this summer. So thank you to all of the moms who have zero rules... where ever you are!

To read past editions of Mom's Time Out visit the Authors section of Emmitsburg.net.



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Cooking with love

Brooke Hagerty
a.k.a "The Food Chick"

As summer continues so do the long lazy days, hazy nights and the ever daunting task of easy to preparing simple dishes that are either light cooking or better yet No Cooking!

This month we are going to explore some easy recipes that will keep your kitchen cool and have you jumping for joy with all of the great summer flavors! And don't think that we are just going to be eating salad, there are all kinds of things to choose from in the no cook or light cooking world.

First up is one of my all time favorite cooking styles, Ceviche. Ceviche is a Mexican style of no cook style that uses acidity to cook seafood. Using lemons, limes, oranges to prepare all types of seafood it is definitely a style that you love or hate. One of things that I love so much about it is that you can involve the kids to help out with no fear of them burning themselves. The following recipes are different variations from Simply Recipes and Eating Well, respectively.

Red Snapper Ceviche

Always use the freshest fish possible. Make the same day you purchase fresh fish.

Ingredients:

- 2 lbs of firm, fresh red snapper fillets (or other firm-fleshed fish), cut into 1/2 inch pieces, completely deboned
- 1/2 cup of fresh squeezed lime juice
- 1/2 cup of fresh squeezed lemon juice
- 1/2 red onion, finely diced
- 1 cup of chopped fresh seeded tomatoes
- 1 serrano chili, seeded and finely diced
- 2 teaspoons of salt
- Dash of ground oregano
- Dash of Tabasco or a light pinch of cayenne pepper

- Cilantro
- Avocado, tortillas or tortilla chips

Preparation:

In a non-reactive casserole dish, either Pyrex or ceramic, place the fish, onion, tomatoes, chili, salt, Tabasco, and oregano. Cover with lime and lemon juice. Let sit covered in the refrigerator for an hour, then stir, making sure more of the fish gets exposed to the acidic lime and lemon juices. Let sit for several hours, giving time for the flavors to blend.

Shrimp Ceviche

Ingredients:

- 2 quarts water
- 1/4 cup kosher salt
- 1 pound raw shrimp (21-25 per pound), peeled and deveined
- Juice of 2 lemons
- Juice of 2 limes
- Juice of 2 oranges
- 1 cup diced seeded peeled cucumber (1/4-inch dice)
- 1/2 cup finely chopped red onion
- 2 serrano chiles, seeded and finely chopped
- 1 cup diced seeded tomato
- 1 avocado, chopped into 1/2-inch pieces
- 1 tablespoon roughly chopped cilantro leaves, plus more leaves for garnish
- 1/4 cup extra-virgin olive oil
- 1/4 teaspoon kosher salt

Preparation:

Combine water and 1/4 cup salt in a large saucepan; bring to a boil over high heat. Add shrimp and immediately turn off the heat. Let the shrimp sit until just cooked through, about 3 minutes. Transfer to a cutting board until cool enough to handle, about 10 minutes. Chop the shrimp into 1/2-inch pieces and place in a medium non-reactive bowl (see Tip). Add lemon, lime and orange juice. Stir in cucumber, onion and chiles. Refrigerate for 1 hour.

Stir tomato, avocado, chopped cilantro, oil and 1/4 teaspoon salt into the shrimp mixture. Let stand at room temperature for 30 minutes before serving. Garnish with cilantro leaves, if desired.

Tips and Notes:

Make Ahead Tip: Prepare through Step 2 and refrigerate for up to 4 hours.

Kitchen Tip: A nonreactive bowl or pan—stainless-steel, enamel-coated or glass—is necessary when cooking with acidic foods, such as lemon, to prevent the food from reacting with the pan. Reactive pans, such as aluminum and cast-iron, can impart an off color and/or off flavor.

You do not need to boil the shrimp. Allow the shrimp to "cook" in the lemon, lime and orange juice until it turns pink.

A great accompaniment to ceviche and still in the no cook realm is Panzanella or Bread Salad. The best bread salads are made with day old bread that has a lot of flavor. Below the Panzanella recipe you will find my recipe for Gluten Free Basil Focaccia Bread which I find is perfect!

Panzanella Salad

Ingredients:

- 6 cups day old bread, torn into bite-size pieces
- 1/3 cup olive oil
- salt and pepper to taste
- 3 cloves garlic, minced
- 1/4 cup olive oil
- 2 tablespoons balsamic vinegar
- 4 medium ripe tomatoes, cut into wedges
- 3/4 cup sliced red onion
- 10 basil leaves, shredded
- 1/2 cup pitted and halved green olives
- 1 cup fresh mozzarella, cut into bite-size pieces

Preparation:

Preheat oven to 400 degrees F. In a large bowl, toss bread with 1/3



cup olive oil, salt, pepper, and garlic. Lay bread on a baking sheet, and toast in the preheated oven until golden, about 5 to 10 minutes; allow to cool slightly.

While the bread is in the oven, whisk together 1/4 cup of olive oil and balsamic vinegar. Gently toss together the bread, tomatoes, onion, basil, olives, and mozzarella cheese. Toss with the vinaigrette and let stand for 20 minutes before serving.

Gluten Free Basil Focaccia Bread

Ingredients:

- 8 oz Feta cheese
- 4 large eggs
- 1 cup Gluten-free Bake Mix
- 1/2 cup almond flour
- 2 tbsp Parmesan cheese
- 1 tsp crushed garlic
- 1/2 tsp baking powder
- 1/2 tsp baking soda
- 1/4 tsp white pepper
- 1 cup grated Monterey Jack cheese
- 3/4 tsp Italian herb seasoning
- 2 tbsp light-tasting olive oil

Preparation:

In food processor, combine cream cheese and eggs; process. Add Gluten-free Bake Mix, almond flour, Par-

mesan cheese, crushed garlic, baking powder, baking soda, No Salt or salt and white pepper; process. Stir in Monterey Jack cheese. (Sometimes I process it in; not sure which is the best way yet.)

Line a jelly roll pan with foil or parchment paper. Spray with nonstick cooking spray. Carefully spread batter over the pan, leaving a 1-inch (2.5 cm) border free of batter around the perimeter. Sprinkle with Italian herb seasoning. Bake in 350°F (180°C) oven 25 to 30 minutes, or until turning brown. Use a pastry brush (or clean paint brush used for kitchen purposes only) to spread the oil evenly on the baked bread. Slice into 4 sections vertically and into 3 sections horizontally. Serve while warm, if possible.

As always, should you have a question or idea for an article or are in need of my personal chef/catering services, please contact me at brooke@thefoodchick.biz. Be sure to check out my website, www.thefoodchick.biz, or "like" me on Facebook at www.facebook.com/theoriginalfoodchick. Until next month, happy eating!



NIGHTLY SPECIALS

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TUESDAY 4pm - 9pm
Jack Daniel's Glazed Beef Short Ribs
Vegetable & salad bar
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WEDNESDAY 4pm - 9pm
Prime Rib of Beef, au jus
Vegetable & salad bar.....\$19.95

THURSDAY 4pm - 9pm
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SCHOOL AND LIBRARY NEWS

Library news

Linda Frydl
Frederick County
Public Libraries

It's not too late to join in our "Summer of Wonder" summer reading program. Fun for all ages! This free program can be completed entirely online, but kids & tweens 12 and under as of May 1, 2015 may opt to use a paper gameboard. If you register online, stop by your local branch for your Passport to Wonder (all ages) and your Keys Tickets (Kids & Teens). To register online, visit fcpl.org/summer. As part of the program, kids can collect special mission codes from our special Sidekicks. Just find the green sign and enter the code on the Summer of Wonder website to earn points toward completing the program.

Find the green code poster at the following North County locations: Catoctin Mountain Orchard, Catoctin Mountain Park, Cunningham Falls State Park, Emmitsburg Antique Mall, Main Street Groomers, Seton Center, Inc., Thurmont Liberty Gas Station, Timeless Trends, and Zurgable Brother's Hardware.

Keyote Visits the Library: Keyote, the Frederick Keys Mascot, is visiting the library today. Bring your camera and get ready to read! Enjoy a baseball themed story time and a special meet and greet. Thursday, July 2, 10:30-11:15am.

The Magic of Roger Lindsay: Magician Roger Lindsay, with his fun-packed audience participation show, is back with us again this summer reading season. His show is for kids of all ages. Come join

the fun! Thursday, July 9, 10:30-11:15am. Register online at fcpl.org, or call 301-600-6331.

Little Gym - Serious Fun: Little Gym of Frederick will guide your child through a movement based class, incorporating directive music, yoga poses, gymnastics stretches, and the use of small equipment such as rhythm sticks and hula hoops. Get ready to move! For ages 3-8. Wednesday, July 15, 10:30am. Register online at fcpl.org, or call 301-600-6331.

Cowabunga! It's Turtle Time: Participate in Ninja Turtle inspired activities and learn the 3'R's to becoming an environmental ninja. Saturday, July 17, 11am. Register online at fcpl.org, or call 301-600-6331.

Full "Steam" Ahead: Play, Learn, and Explore at our pop-up "STEAM" lab. A variety of activities will be available. Try one or all. Tuesday, July 21, 3-5pm.

Teen Program: Art with the power of the sun. All you need is sunshine, water and your creativity to make unique and beautiful sun art prints! We'll create designs using natural objects on the sun-sensitive paper and watch as the sun turns the paper into a piece of art! Tuesday, July 7, 4pm. Register online at fcpl.org, or call 301-600-6331.

Soolah Hoops: Come join Soolah as she shares the joys of hula hooping. Kids will be entertained with a demonstration of hula hooping tricks with different kinds of hula hoops. Soolah will share her hoops, teaching kids how to hoop, how to do some tricks and play some games! Hoops will be provided. Please be sure your child is in comfortable clothing and has a water bottle to stay hydrated. Best for ages K-8. Thursday, July 23, 2pm. Register online at fcpl.org, or call 301-600-6331.

Local History Series - The Mason

Dixon Line: The Thurmont Historical Society and the Thurmont Regional Library are hosting guest lecturer Dave Peters who will discuss the background of the Mason Dixon Line focusing on the border dispute between Pennsylvania and Maryland. This lecture is free and open to the public. Thurmont Regional Library, Wednesday, July 1, 6-8pm.

Music on the Deck featuring Paul & Mary: Paul & Mary, an acoustic duo from Thurmont/Woodsboro, play an eclectic mix of rock, country and pop blended into a folksy acoustic duo. Concert is free and begins at 2 pm. This event is underwritten by the Friends of the Thurmont Regional Library. The Friends will have snacks and drinks available for purchase at the event. Sunday, July 12 at 2pm.

All Frederick County Public Libraries will be closed Friday and Saturday, July 3 and 4.

Privacy of student information

Katie Groth
Frederick County School Board

There is much in the news these days about the privacy of personal information. More to the point, there is reason to be very concerned about personal information getting into the wrong hands and perhaps jeopardizing the proof of identity of individual citizens. Most recently, it was revealed that personal information of federal government employees had been "hacked," supposedly by Chinese government operatives. While the federal government had been warned about this many years ago, apparently proper steps which might have been effective were not put into action. But the fact remains that the keeping of private and personal information is something with which our government ought to be entrusted so that citizens can feel safe. This is and should be especially true with the information collected by our public schools, by school officials who have a legitimate reason to keep certain records for professional educational use.

It is important to inform the

public about steps that are being taken to protect the personal information of public school students. This information includes everything from birthdates to enrollment and demographic information. Maryland law and regulatory code is specific about what information is required of each student and also quite specific about what information is not required or even requested. The law is also specific about ways in which privacy must be ensured when family and student information collected by the public school system is kept for use of the school system. This is included in the Federal Family Educational Rights and Privacy Act, known as "FERPA." This law is long and complex. It is briefly covered, however, in the FCPS student calendar handbook.

The information concerning family educational rights and privacy is also available in the FCPS student calendar handbook. It has a detailed description of just what information is needed for school records and what is not necessary. For example, federal law forbids public

schools from asking about immigration status. In a US Supreme Court decision in 1982, the court held that all students who reside in the US, regardless of immigration status, are guaranteed a "free, appropriate public education" as it serves the public good to have all children in the US educated. The specific names of students who are eligible for free or reduced priced meals are kept confidential for obvious reasons. This information is very important to schools, however, as an accurate student count is the only way the schools can determine eligibility for free or reduced price meals or whether a school is entitled to federal aid under the Title I programs of the federal government. No student or parent should be asked about personal financial status. Certain other information may be disclosed only with specific written consent of a parent or legal guardian. Another kind of information that is protected is the parents' right not to allow a student to be photographed. See the student calendar handbook for further description of the kinds of information



which may be either required for school records or which may be protected. School personnel, including teachers, are trained in the laws and regulations regarding the privacy of student identity and information.

Parents have a right to assume that a child's identity and personal information are considered private by the public school system. They should not feel they are being coerced to reveal any information. If there is any

question about what the laws and regulations say, it is a good idea to consult the administrator at a child's school. This is usually the principal.

Again, it is important that our citizens believe their personal information is being protected by the government. However, citizens need to be diligent, alert and aware of their rights under the laws of this country. Please consult your school if you have questions or concerns.

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Bob Mitchell at 410-751-1100
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Men's summer style

Valerie McPhail
MSM Class of 2015

It is a particularly exciting time for the fashion industry at the moment. Pitti Uomo, the infamous Italian market for menswear, was held in Florence last month and this month marks the first New York Men's Fashion Week.

The mid-June event, Pitti Uomo, brings together the fashion industry's stylish women and businessmen. Aside from the sleek-looking and sartorial attires this event heralds, it is a crucial season in the world of menswear.

The market season welcomes buyers to place orders on pieces from runway collections for retail production and sales. If a style does not intrigue during the event, then perhaps the transition from runway to retail will spark an interest. This is where the magic happens: market season inherently makes fashion practical. The show stopping pieces that trumped the runway become a part of one's closet.

Market season enables runway fashion to be accessible to the customer's wardrobe.

Also exciting and new, to the United States' fashion capital, is New York Fashion Week: Men's. The CFDA, Council of Fashion Designers of America, instituted the event in an effort to support the trending American interest in menswear. This premier fashion week allows for American designers and brands to show their collection in New York City, as opposed to London, Paris or Milan.

Now, America can become a part of the international conversation about menswear. The event commences Monday, July 13 through Thursday July 16. Now, more than ever, is the time to embrace menswear. The Men's Spring/Summer 2016 Collections, and this Men's SS16 Season is just as anticipated as the dog days of summer.

Now that it is officially summer and exciting things are happening in the menswear industry, it is time to fully embrace this season by dressing for the weather in the menswear trends. Take out the seersucker and Sperry's. Pack the Anoraks and printed swim shorts for the beach. Break out the cotton polos and khakis. Dress in denim.

Along with this month's menswear fashion season, with trends to consider include styles that will keep men looking comfortable and suave in the summer.

Denim is both practical and stylish. Its claim to perpetual fame came from Levi jeans, although the fabric itself originated in France, which was constructed for the ambitious gold hunters in California during the 70's Gold Rush.

The success of these Levi jeans reveals how the fabric's primary purpose was conceived from functionality. Since then, denim has become a fashion statement.

Hardy Aimes, fashion design-

er and men's style expert, defined denim as the source of fashionable attire. Denim overalls exemplify this statement. The popular jeans of the season are a faded wash and rugged style. The light color and "worn out" feel are popular styles that add to the comfort of denim. Despite the fashion statement this fabric brings, it is also easy to wear. Considered to be cotton, denim is a woven construction of white and colored yarns. The resourcefulness of denim makes it easy to wear and care is costless. In a man's wardrobe this means that both his jean jacket and denim pants are durable enough to go withstand tireless washes.

An alternative to denim bottoms are chinos. This woven fabric became the name for casual business attire for men. Chino is a great option because it too is made from cotton or a blend of cotton fabric. Cotton is a soft and breathable cloth. It is also hydrophilic, this means it can come in contact with water without harm. In the summertime these qualities are practical.

The Chino fabric is also the title of a style of pant. The chino pant, also considered a basic, or essential item in a man's wardrobe, is commonly sought out for and recognized by its khaki color, a color that is currently popular in suiting for the summer.

A khaki colored chino is fitting for the season because it matches with lighter colors and includes styles that are recommended for warmer weather wear. Chino is a substantial fabric because it too is easy to dress up and down. For instance, this style pant can be worn with a pique polo to a 4th of July cook-out or with a button-down shirt when out to dinner. The foundational characteristic of a chino allows it to serve as a basis to be worn with trends. For instance, the chino can be paired with the casual boat

shoe or loafer. Both shoe options are trendy this season.

Just like every girl should know, picking the right shoe can make or break an outfit. I further would argue that, if not already, men are beginning to catch on to this fact of style. This is clear in the fashion-forward and trend options offered for the classic summer shoes for men this season.

The boat shoe and the loafer are functional for casual outings. The boat shoe, also named the deck shoe, is made of a soft leather and canvas. Finished with a rubber sole, the shoe makes a durable item for outdoor water events in the sun. As intended, the original purpose of the shoe was for yachting and boat trips, the boat shoe will keep a man dry and dapper when out at seas or perhaps, just simply hanging out at the pool.

The loafer is also shoe for dressing casual while still remaining formal looking. The shoe, also called the Penny loafer, is a summer favorite because it has become the shoe to wear without socks. This style automatically allows it to become easy-to-wear.

As guys begin to realize how further accomplished their closet will serve them with these shoes, so too do designers, and retailers supply more and more options. Times are changing and fashion is moving away from the traditional colors of black and brown. Rather it seems that men are experimenting with fashion through color.

Colorful loafers now continue to rock the men's fashion scene. For the summertime, patent leather is always a safe option, however, as style enthusiasts break fashion rules, clothes become more expressive. Colorful loafers are a great example of how to communicate through style.

Perhaps, forever the symbol of American Menswear shoe design is the sneaker. Primarily an athlet-



ic shoe for its stable rubber sole, the shoe has become an item of fashion. For summer, a white leather or canvas sneaker is a festive option. My dad sports his Converse Jack Purcell Signature sneakers throughout the summer months.

Brand names like New Balance, Nike and Under Armor, companies know for their exercise-performance shoes have quickly developed cult-followings for their engagement with fashion. Such brands exemplify how offering everyday styles can start trends and open opportunities for business through style and functionality of a product.

Pair a button-down shirt among these options and an outfit is made. Fashion companies such as Trumaker, Brooks Brothers and Bonobos, among others, are providing their clients with fabrics that are easy to handle, fits that are comfortable and apt for all body-types.

A man should know that a well-fitted shirt also appears to fit well. Here are the rules to know: at the neck, there should be space enough for two fingers between the neck and buttoned collar. The buttons along the chest should lay flat, rather than the fabric open along the space between the buttons. A shirt's seams should follow the deltoids, the back muscle, and the cuffs should touch the bend of the wrist and thumb.

A well-fitted shirt should tuck nicely into pants rather than the extra fabric flare out. The tail of the shirt should lie underneath the rear and the shirt and the tail of the shirt should brush the waist of the body. The fit of the dress shirt is crucial for the comfort and style of dressing.

Take these tips when shopping for dress shirts and pair them with the spring/summer trends to feel comfortable to keep looking cool this season.

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FOUR YEARS AT THE MOUNT

With Independence Day on July 4th, this month we asked our writers to reflect on their American spirit by completing the lyrics to “God Bless the U.S.A.” in their own way. We gave them the prompt to finish the line “And I am proud to be an American where at least I know...” and let them each take their own approach to their articles. We hope that their articles and this prompt will also get you to reflect on the pride you have in being an American and the privileges this country has allowed you to experience.

Sophomore Year

Free to be me

Sarah Muir
MSM Class of 2018

I am proud to be an American where at least I know I am free to be me. I know that sounds a little too cliché for some of you reading this, but with this being the month that holds the anniversary of our country's independence, it is hard not to ruminate on the benefits of living here.

In my last article, I discussed the sincerity and the perfect ideals framed The Declaration of Independence and our Bill of Rights. Forgive me for harping at the same idea, but I find it difficult to discuss my pride of being an American without mentioning these two important documents. Here in America, I have the right to be who I am, which is, among other things: a Catholic, a woman, a student, and a writer.

The first Amendment pro-

protects an individual's rights of religion, speech, and press. It never specifically excludes any religion, nor gives an exception to when that faith can be exploited. Now, while individuals may or may not hold personal grudges and biases towards one particular religious group or another; the documents upon which our country was founded do not single out one religion while degrading another. I was born and raised Roman Catholic and my faith is very important to me, so too, by extension, is this Amendment. I am extremely grateful to live in a country where I can practice my faith without censure or fear.

I rarely think about what it means to be a woman in America versus what it means in other countries. There are some who believe that women are still disrespected, degraded, and still seen as subordinate to men in American society. While I agree that there is still an undertone of inequality, I real-

ize that I am lucky to have been born here, where I have the right to vote, the right to defend my country, the right to hold office, and the right to an education. My rights are protected, I am not required or expected to get married, keep house, and pop out 2.5 kids. I have the underappreciated right to chase my career, to marry if and when I want, to have dreams and hopes of a better future. It is an unfortunate truth that in some parts of the world these rights are still denied to women.

The right to education is an important one and as a student (and a sister to a teacher of today's youth), it holds a special place in my heart. Knowledge is a powerful tool, one that everyone has a right to utilize. A civil rights activist and icon of hope and equality, Malala Yousafzai, realizes the importance of education and has spoken out numerous times as an advocate of education and the right of knowledge, even at the risk of her own life. As a country, we tend to take advantage of education and I know for certain that I have. I

have had the privilege of learning in well-equipped schools, and did not, until now, attempt to imagine a life where I would be unable or forbidden to pursue an education. Until now, I have never thought that I could have been born in a place with no libraries or a place filled with only censored books, or a place where it is seen as a waste to educate a woman. Now that I have taken time to realize this, I am more than proud to be an American, I am grateful.

Being a writer is also very important to me. It is as much a part of me as my faith, and to live in a country that protects what I write is obviously valuable. To know that I can express my views whether in speech or in ink, without fear of persecution or, as previously mentioned, censorship, is comforting and also somewhat empowering. However, the reason I have this right is because I live in America. Writing and other forms of expression are not only important, but also necessary. By denying this right, you are denying a person their voice and on a

greater scale, you are denying who they are. Looking back at literature, and other media, though the ages, one can see a reflection of the time in which it was written. One can see the times of prosperity, protest, pride, and persecution drip from the pages and canvas. It is inhumane to refuse a person their voice whether it be in speech, paint, or ink.

I am proud to be an American and feel indebted to the men and women throughout the ages that have created, fought for, and protected our country and her ideals out of pride, honor, and good old-fashion stubbornness. So this July, as the smoke from the grill hangs in the air and as the lights of the fireworks light up the sky, look around. As colored light washes over the faces of your loved ones, take notice of the look of wonder and awe that alight on their features; and the look of pride in their eyes that burn in the afterglow.

To read other articles by Sarah visit the Authors section of Emmitsburg.net.

Junior Year

Tale of two countries

Leeanne Leary
MSM Class of 2017

I am currently on my 18th day in Bulgaria as I sit down to write this article, and it seems a little strange that I am immersed in the culture over here, about to write about why I'm proud to be an American as we approach Independence Day.

I am mainly in the towns of Plovdiv and Assenovgrad on a CULP Deployment with ROTC. CULP is a culture immersion program and an acronym for Culture, Understanding, and Language Proficiency. We are functioning primarily as a CELT team - meaning Cadet English Language Training Team (more acronyms, I know). Essentially, our mission here is to work with officers and NCO's in Bulgaria's 4th Artillery Regiment, as a part of their English Language Training. They must reach a proficient level in order to obtain promotions to a higher rank. We teach in teams in the mornings and spend the afternoons partaking in various cultural activities.

There are very obvious differences between Bulgaria and America - to begin, Bulgaria is a second world country, so although it does not appear to be impoverished at first glance, most of the extreme poverty is covered up by well built cities and the small percentage of wealthy and well-travelled areas. It is beyond this surface, where the real differences come to light, but interestingly enough, it is beyond this surface

where the similarities arise and I experience true culture.

The theme of our trip and the message that we keep receiving from our cadre members is that one only needs to scratch the surface to realize that we are not so different from each other. When I heard this on the first day I did not realize how true it would be. We, as Americans and Bulgarians, live in different style homes, but have the same family structures inside; we wear different military uniforms, but in a few short weeks I've learned that none of these soldiers would ever leave any of ours behind and we really are not so different at all.

Now I would like to pause and offer my usual “please don't take any of this the wrong way” that I always seem to have to add. This is an article about why I am proud to be an American, right? Why am I writing about the equality and beauty of another country?

It took me a minute to answer this myself since I knew where I wanted this to end, but not how to explain it. But now after this past week of truly forming friendships and relationships with our Bulgarian counterparts that I know will last, I realize that the fact that I can say that is the reason in itself why I am so genuinely proud to be an American. I have the incredible and beautiful freedom to be in Bulgaria right now, to write about how great I think it is, and to know that, when I return home, my friends and family will want to know all

about the culture and the people. I can go home and know that our military will continue to support theirs and vice versa. This all gives me reason to be not only proud, but also thankful.

All too often, the image of America, both around the world and in discussions in our own country, becomes skewed by the fast food style of living, the materialistic lifestyle of some of our rich and famous, the latest scandal in Hollywood, or an act of bigotry and violence that stains the perfect picture that some want to remain convinced that our country is.

Each of the things on this list has a critical role in our culture, some more than others, and some much more serious than others, but after digging a little deeper, I am now convinced that we will find we are not so different from Bulgaria, and America still holds the beauty it should.

I am proud to be an American where I know that beyond the fast paced, fast food, news driven image, our culture is a collaboration of towns and cities that are all incredibly unique in their own right, but not that different underneath the surface. I am proud that I can travel and know that I come from a country that, although we shout and believe that our country is the greatest in the world, knows that our relationships with people and other countries are vital not only to our own cultural experiences, but to our future and well-being as a country.

Here is where it all ties together and my rambling may make some sense: being in Bulgaria has taught me an important lesson about why I am proud to be an American. I

am proud to wear my uniform and stand next to our Bulgarian friends who wear theirs, knowing that our uniforms define who we represent, but not who we are, because we have that freedom. I am proud to see a little bit of every culture in our own. I am proud to have found that, just like we as Americans are not so different from Bulgarians, I as a Pennsylvania native am not so different from my team members from Tennessee, Colorado, Iowa, and Texas. I am proud that, in order to form relationships with the Bulgarians, I had to first form relationships with my teammates and in a foreign setting simply being from and serving the same country is enough to do that and more.

So yes, I am proud to be an American where I know I am free, where I am guaranteed an education, where, as a woman I have the same rights as a man, where I can be undeniably myself and can fight for the right to be myself if I ever feel slighted, where I go home to a town that feels like home and where I know I am safe, and so much more. I am proud of my nationality for all of these reasons, but recently, as I hope I have conveyed, I am proud to be an American where at least I know that as we each hold the beautiful title of American, we are also not that different if one only dares to scratch the surface.

I do not know if I needed to be in another country and find similarities in a foreign culture to notice this, or if I could have travelled a few states or even cities over and found that same thing, but I do know that the extremity of the obvious differences between for-

eign cultures does make it a much more important and valuable lesson when you find the similarities and being in a foreign setting, it becomes very easy and strangely exciting to be with other Americans and meet people who have been to or come from America. I am not completely naive, as I do understand that once back home it will be all too easy to stay in our comfortable niches, separated by city, race, religion, political affiliation, and more, but I am proud to know that once I get home I will have the enlightening knowledge that I can look at each and every person in whichever category they choose to identify with and know that I share at least one title with every person I come across and that will provide more similarities and connections that some will ever even like to admit.

The theme of our trip is more in the similarities and relationships than it is in any cultural differences. In my usual fashion, I have not quite stayed on topic or answered the prompt directly (I apologize) but I have now listed a lot of reasons why I am proud to be an American. Most of all I am proud to be an American where at least I know at the end of the day I share that beautiful title with a countless amount of people. I am proud to return home 2 days before Independence Day and know that on that day I will be celebrating much more than our independence, but more in the identity that we now all share - simply and incredibly being American.

To read other articles by Leanne visit the Authors section of Emmitsburg.net.

I'M PROUD TO BE AN AMERICAN...

Senior Year Women in America

Katie Powell
MSM Class of 2016

When I was 11 years old, I went on a trip to Guatemala, a country in Central America. Until that point, the only life I had experienced was the life of American privilege. East coast summers are decently hot, but all you need to do is turn on the AC and you're cool and comfortable.

Guatemala is practically on the equator and most people in the country barely have electricity, let alone an air conditioner. At my home in New Jersey, I had a habit of taking naps on the carpet in my living room. In the average Guatemalan home, families have dirt floors.

My time in Guatemala was spent volunteering to help build the second floor of an elementary school that was next to a dilapidated home where 5 children lived. The 2 boys attended the school; the 3 girls were not allowed because the family could not afford tuition for all 5 children. Visiting Guatemala opened my eyes to how lucky I was to have grown up where I did. My opportunities as a woman, educationally and as an athlete are virtually unparalleled in other countries, which makes me so grateful and proud to be an American.

Until that trip to Guatemala, I had never considered myself entitled, I had never thought of myself as especially privileged, or anything of the like. Coming home from that trip, I felt guilty turning on the air conditioning. The thought of leaving food on my plate at the end of a meal was appalling. Not wanting to go to school felt like a crime.

I have always been greatly involved in my community, and in the last 2 years, I have been given positions of greater authority. I never thought of the significance of my authority until I realized that women in some other countries have little power. There are countries where women's submissiveness to men is a cultural norm—some women are challenging it, but they face a great deal of misogyny and adversity.

In the United States, we are in an era where women are senators and members of the House of Representatives, and some women are considering running for president. Personally, I am a chairperson for the student athlete committee at the Mount, I have been offered the position of being a member of the Institute for Leadership, and I

have been selected as a Mount Ambassador, a representative of my community. When I think about the advancement of women in the United States over the last 100 years, I cannot help but be proud to be a modern American woman.

What an amazing transition, from being prohibited from voting, to running for president? Even in the last 43 years at the Mount—women could not be admitted in 1971, and in this coming year I will not only be a student, but will also hold 3 leadership positions on the Mount St. Mary's University campus.

Often, I will think about those 3 girls in Guatemala who watched their brothers get ready for school and leave every day, knowing their brothers were a priority to their parents. I imagine them cooking, cleaning, sewing, and seeing their brothers come home from school and show off their writing and reading skills, and I can see the despair in their faces as they realize they will never get to go to school alongside their counterparts. It deeply troubles me to know that there are countries where women are the second priority behind men. What makes me proudest is knowing that women in the United States are fighting and winning the fight against gender prejudice.

In a similar light, I am so thankful that I was raised in a country with a public education system. I have set lofty goals for myself professionally. When I take a moment to think about the fact that I was publically educated for grades 1 through 12, I realize that I would not have had any of the opportunities that I had taken advantage of growing up. I am 100% certain that, had I been living in Guatemala without a public school to attend, I would not be where I am today. I might not even be literate.

My education has been such an amazing opportunity for me. My self-confidence soared in kindergarten when I began to read. When I got my first A in a math class, I finally felt smart. When I made Dean's List in college, the pride welled up inside me. I owe so much of who I am to my educational opportunities. My education has been my validation, has given me significance, and has provided me with the means to my professional ends. I am so fortunate that I was able to receive a quality education since age 5. Now, at age 21 and at the start of my senior year of col-

lege, I am so grateful to have grown up in a country that could educate me and give me the tools I needed to succeed.

Being a woman in the United States (as difficult as it can be, even in this century) used to be much more difficult, especially for athletic women. Since women were considered fragile and dainty, they did not do sports. In my house, my sister and I always played hockey, volleyball, soccer and basketball in our backyard. I cannot imagine growing up in a time when I would be prevented from getting outside and burning off some energy. Swimming, and sports in general, have been such a large part of my life, and without sports I can guarantee I would not be who I am today. Today, I am a division one swimmer.

What I wear every day for practice would have been considered immodest and scandalous 70 years ago, even though men were wearing much less. Today's suits are logical, designed for performance rather than fashion. Women are now recognized more for their accomplishments in the pool rather than their bathing suits. When I compete, I am much more confident knowing that I am recognized for the work I put in to my sport to get to that competition, and not for the way my bathing suit looks.

My point is that the position of women then and now is part of the proof that the United States is a nation that is still progressing. While I occasionally get frustrated at the slow moving progress of Congress, or an essential bill not passing, I cannot help but believe in my nation. We are a country of doers, and we have been since our founding. Every century has their rebels fighting for a new equality, which keeps the United States on its toes. The success of a nation depends heavily on its ability to bob and weave the shots of the ages, to roll with the punches of time. Countries that refuse to adopt this nimble existence get left behind and trampled by protestors, new governments or corruption.

The United States was designed with a "come one, come all" premise, which allows it to perfectly curve with the changing tides. The United States of America is built for change. Our founding fathers anticipated deviations to come and designed the constitution to allow those changes to occur seamlessly. It is that expectation of variance, that willingness for difference, which makes me proud to be an American.

To read other articles by Katie visit the Authors section of Emmitsburg.net.

From the new managing editor

Hello, my name is Angela Smith

When you are 8 years old and you take a trip with your parents to the Outer Banks for a week, playing on your own at the beach gets old very quickly. After you have made your third sand castle, complete with an adjoining fortress, and have successfully knocked it down on your own, your eyes start to wander down the beach. Other seashore architects are working and playing together. You begin to wish that you had the courage to just join them, even though you are a rather shy outsider.

Although I would probably consider myself to be introverted, especially when I am out of my element or experiencing something new, growing up as an only child has taught me that the easiest way to start a new relationship is to introduce yourself.

After some urging from my parents, and finally getting over my anxiety of weirding my potential playmates out, I eventually splashed my way through the shallows to their area on the beach. When they paused from playing with each other and took notice of a newcomer, I stammered out "Hi my name is Angela. That was enough information for them to include me in their crew. We played for the rest of our time at the beach and even continued to be pen pals for many years after that vacation.

This is my first memory of the actual act of "making new

friends," and my tactics have not changed much in the past 13 years. Not only did this simple, 7 syllable phrase allow me to take full advantage of my beach vacation, but it also taught me just how easy it can be to overcome my hesitations when it comes to making the first move and meeting new people.

So here is my introduction to you, though a bit lengthier than when I was only 8:

Hi, my name is Angela, and I am a recent graduate of Mount St. Mary's University. I have decided to continue my studies by pursuing an MBA, and following in the footsteps of my predecessor, Kathryn Franke, I will be working in the University's Office of Communications as well as taking the position of Managing Editor of the Emmitsburg News-Journal.

I am originally from upstate New York, and I look forward to assimilating into the Emmitsburg community, which has already been close to my heart for the past 4 years. My hope for the News-Journal is that it continues to be an outlet for writers as well as a useful read for our audience. Having been on both sides of a publication, I have learned the importance of both the staff of writers and editors, as well as the readers.

I will continue this publication's history of excellence and with the help of the rest of the staff, I will work to improve it in any way that I can. I am excited to get to know this community and for our audience to get to know me.



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THE GRADUATE

G.P.S.

Alexandra Tyminski
Class of 2015

Many of our readers might remember me as the creative writer for the past three years. The column was so dear to my heart. It was the column that allowed both my writing skills and my creativity to flourish. However, just as transitions are a natural part of life, so was my time as being the creative writer. I am now blessed with the opportunity to write for the graduate column.

I recently graduated from Mount St. Mary's University this past May with a B.S. in Business Marketing and a minor in Communications. I am a proud member of the Class of 2015. Graduation was a whirlwind of activities. The weekend came and went so fast, just like my four years at the Mount. The accomplishments that I achieved at the Mount opened my own mind up to the potential that I have as well the opportunities that this world has to offer.

It is now almost exactly two months since I have graduated. The exact date will be July 10th. It is still strange to call myself a Mount Alum. I will be the first to admit that this is probably one of the hardest times for any college graduate no matter what college they attended. Yes, we aren't ever going to live that close to our best friends again. We won't see some of our favorite professors on a daily basis. In some regard, we will miss learning in a classroom environment. While we are working in the 'real world' and ad-

justing to this new stage of life, we will often reflect on the fond memories we made on what we consider "the best campus ever."

During these past months, I have found myself reflecting on the transition period for college graduates. Granted, everyone deals with change differently, but no one warns college graduates just how big of a change we are really going to experience. So, I have decided to list a few things that I have learned in these past few transitional weeks. These lessons have been a little guide for me as I slowly begin to navigate this life after college.

Remain Calm

It is often that I find myself, and others that I have spoken with, nervous for the next steps. Will I stay in touch with my friends? Am I really prepared for the real world? Will I find a job soon? Will I like it? When will I have time for all of my hobbies? Will I lose my sense of independence? Well, I can't really answer any of those questions for anyone. But, I can say that I have had those same questions for myself, and still no answers yet.

It is important and necessary to remain calm during this time. As important as it is to answer these questions, it is even more important to be composed. Finding inner peace during this time can be hard for many college graduates. We are told since we went to college that the objective of college is to find a job. Although that is the main goal, shouldn't it also be to understand what will make us most happy? What jobs should we learn to shy away from and which ones should we aim for?

While, I am in search for a job my-

self, I have found that my worrying won't actually get me a job. Instead, I must remain steadfast in my search and calm. But, I also must remain focused on what will truly make me happy. I'm sure every job will have its ups and downs, but it is better to take time and research places that you could see yourself working at. As for the other stuff, such as friends, hobbies, and independence, well those things will stay with you as long as you work to keep them in your life. I have learned that remaining calm is the best way to stay goal-oriented, grounded, and at peace.

Push through with Perseverance

It can be easy as a college graduate to get discouraged. I know from personal experience as I have often thought about what I am meant to do in this world. It would be easiest to give up and just think that life after college is boring or not as fun as college. False. Life after college can be fantastic, but I am slowly learning that is what you make of it. In college, everything is so easy. There is easy access to friends, food, entertainment, and activities. I never realized how convenient college was until I left. You are not only getting a great education, but you are also getting a lifetime of experiences literally right in your backyard.

By pushing through, we step out of our college comfort zone and learn a whole new definition of perseverance. We are perseverant in a new way. Now, we must seek out new groups, activities, and organizations that interest us on our own. It can be challenging because in some regards, you can feel like a freshman again in search of a whole new life. But, it is through these situations that perseverance can make life after college both nerve-racking and enjoyable all at the same time.

Understand Yourself and Keep Learning

College is a time to develop who you are. It helps you grow into the person you were made to become. However, we can easily forget that just because we aren't sitting in a classroom anymore doesn't mean we can't learn something. I have seen how even in two months, I have learned more about myself because I was open



to learn what life had to teach me. Just because I have graduated college doesn't mean I can't develop new hobbies or discover new ideas or opportunities. Recently, I have been in search for a non-profit organization to volunteer for. There is a lot of research that goes into finding the right place to serve, but I know that in helping others, I will also help myself. Volunteering with organizations that help others will not only teach me something, but will also help me better understand who I am and what I love to do.

Enjoy the Little Things

I would consider myself someone who is highly motivated, extremely dedicated, and ready to take on the next challenge. I was always involved in something throughout my college career. I thought that I had a big plan after college and that I would have this goal of living on my own. Guess what? Well, I am back at home and living with my parents again. At first, I was hesitant about this and could only constantly think about how much I will miss my college suit. After these past two months, I am realizing how much I should enjoy the little things. The transitional period is already hard, so why make it harder on yourself?

I found that being home with my family actually made me feel better about going through a tough transition. I enjoy the walks after dinner with my parents and my dog, the long conversations with my mom, the family dinners, seeing my neigh-

bors' friendly faces, and the familiar community. There really isn't a better environment for me to be in while adjusting to my new stage of life. A quote on my wall hangs on my to remind me to "Enjoy the little things in life, for someday you will realize they were the big things."

Pull Weeds and Build Positivity

Flowers can only grow if they are given water and sunlight. People can only flourish if they are positive and focused on what is ahead. Transitions are downright hard. Not just the college graduate transition, but any transition. Ask anyone if they have ever had a perfect transition period, and I guarantee you many will admit that change is difficult. Change can be good if we make it good. Although I still am trying to fathom the idea that my time at the Mount is over, I acknowledge that being positive is the only way to be. Instead of dwelling on being done with college, I have been taking that energy and turning it into a constructive way to seek new opportunities.

Accept Change

This is tough. I have always had a hard time navigating through life's changes. I won't make this too long, but this is truly the key to success - accepting change. I can't say that I am totally alright with it, but I can finally begin to understand that college is over and a different chapter is starting. It is exciting, though. Many people I know are nervous, just as I am. I still am learning everyday different ways to steer through this transition. However, I look towards those who have gone before me. I see how others have made it and are happy they went through their transition periods. It was a time of growth for them. I have observed this and no for myself I understand, we cannot grow unless we are willing to change and accept change. It is for this growth and the great plans ahead that I am willing to be thankful for this hard and confusing transitional time in my own life. And to all my fellow college graduates across our nation, I encourage you to make the best out of this changing time. I applaud you during this period, and I recognize your willingness to keep navigating life with your own personal GPS. For me, my personal GPS includes growth, perseverance, and strength.

To read other articles by Alexandra Tyminski, visit the Authors section of Emmitsburg.net.



July 10th - July 26th
**"Memoirs of
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Granville Van Dusen brings his farewell performance of the PBS production of this one-man play of our nation's sixteenth president. In this solo performance written specifically for Mr. Van Dusen, Lincoln is back - tougher, smarter, funnier, sadder and more ruthless than you ever imagined - to set the record straight. This a portrayal of one our country's most beloved presidents; spanning his early years as a country lawyer, to the troubling times of the civil war. A vibrant mix of fact & personality that gives the voice & spirit of our sixteenth president a chance to tell his side of the story.

July 31st - August 16th

Rydell High's senior class of 1959: duck-tailed, hot rodding, "Burger Palace Boys" & their gum-snapping, hip-shaking "Pink Ladies" in bobby sox & pedal pushers, evoking the look & sound of the 1950s in this rollicking musical. Head "greaser" Danny Zuko and new (good) girl Sandy Dumbrowski try to relive the romance of "Summer Nights" as the rest of the gang sings and dances its way through such songs as "Greased Lightnin'", "It's Raining On Prom Night", "Alone At The Drive-in", recalling the music of Buddy Holly, Little Richard and Elvis Presley. An 8 year run on Broadway 2 subsequent revivals places Grease among the world's most popular musicals!



**August 18th - August 23rd
 (Bonus Show)**

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CREATIVE WRITING

Life as the first dog

Lydia Olsen
MSM Class of 2016

I left my mom and dad when I was only a few weeks old. I didn't really get a chance to know them but from what I remember they always seemed great. Mom continuously made sure that each of her children had gotten enough to eat, and she and dad always kept a watchful eye on us.

My brothers, sisters and I loved to play and as we grew we tended to get into trouble by knocking over a thing or two or pulling something off the table when we weren't suppose to. But for the most part, our parents were patient with us because we were only just learning. Occasionally people would come and visit us. They always spoke so sweetly and made a lot of sounds like "aww," I took that as a compliment.

In a short amount of time, my brothers and sisters started to leave. I wasn't really sure where they were going but I missed them a lot. Soon enough, a family came to visit and to my surprise, they gave me a lot of attention.

Of course, I enjoyed this! The girls scooped me up in their arms and I licked them with joy. Before long they put a collar around my neck and carried me out to their car. All of us drove home together and I realized that this was the start of my new life with my new family.

I moved into a big house with lots of rooms that all seemed to be called by their color or their shape like the Blue, Green, Red Room, or the Oval Office. The walls are all covered in paintings and portraits; most of them are of people I've never met. When I was young I used to explore as much as possible but I tended to get in trouble by going some place I wasn't suppose to be. It was easy to squeeze between and around things when I was littler. Since then I have learned that there are just certain places I am not allowed to go into and though the curiosity of what lies behind those closed doors may kill a cat, it doesn't bother me much.

Throughout each day, the house is filled with the sounds of various footsteps from pretty much every direction. Some are loud, some are soft, some from high heels, some from dress shoes, and some with happier beats than others. Though there are a lot to attend to I have learned to differentiate the sounds of my master's from the others and he has a daily routine that I know by heart, at least most of the time.

In the early mornings, he rises and gets ready for the day. Each one always seems so busy. He tends to get dressed up in formal clothes and he wears something called a "tie" that looks like a collar with a leash attached to it. When he finally makes his way down the hall into his office, I quietly sneak in behind him. He always catches me but if he isn't too rushed he will let me

follow. He starts by plopping down into his chair and looking at the piles of papers stacked up on his desk. After putting on his glasses and picking up a pen in his left hand, he begins to go through each of them. I watch in silence as I lay down on the oval rug.

Through the northeast door, my master's secretary comes in and out delivering messages. Some seem to please him and some make him sigh and rest his hands on his forehead. My master has frequent visitors who discuss topics with him for hours. Some of them I know very well and have known since I was a puppy while others I have to be introduced to by sniffing them thoroughly. On occasion my master has special guests visit. These special guests are always smiling and laughing. Sometimes they bring me treats and there have been instances when they even give me more attention than my master, which I eagerly accept!

The continuation of our daily routines usually consists of walking around to various rooms for meetings. Sometimes I attend, while other times I beg to go out into the Rose Garden where I wait in earnest to see a squirrel. I don't know much about other dogs' lives but I do know that mine is different. When I was little, I used to try to run outside through the front lawn as far as I could. There are always so many people at my front gate and I used to not be sure why. Some of them wanted to play with me and some had other dogs with them that looked like they could be my friends. However, whenever I got too close, one of the security members always tracked me down and hooked a leash to my collar to lead me back inside. There was one time when they tried to put the leash on my collar and I kept running away.

I just wanted to play chase with them but they didn't think it was very amusing!

When I was about four years old, in human years, my family brought home another dog that they named Sunny. Sunny became my sister and my partner in crime. Though I think we are both well behaved, sometimes we just get so excited that we can't help but show it! We love to run and play fetch but both of our favorite part of the day is after dinner. Each night after our family is done eating their meals they take us for a walk. Our other master, who the humans call the First Lady, frequently stresses the importance of exercise and healthy life styles so we never miss a day's walk. Even we have to maintain a high activity level!

It seems that my home is always full of excitement. My family and all of those who come in and out of my home on a regular basis seem to always be celebrating something. Sometimes there are big trees with lights throughout the house, sometimes the smell of turkey floods the air, and sometimes there are birthday cakes and balloons. Yet, there is one time of the year that seems extra special and that time is right now.

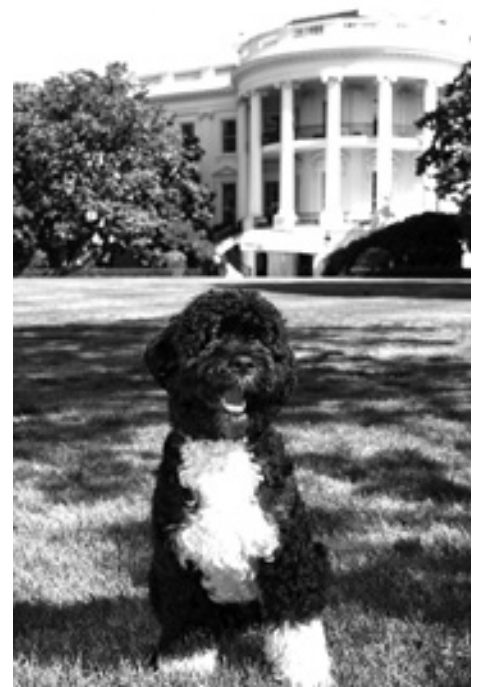
My vision isn't exactly the same as yours so I am not really sure what I am seeing. I know the decorations are white and I believe the second color is blue but the third color I can't really make out...I think you call it red. These colors appear throughout my house on a regular basis but for a month of the year they are even more prominent. Banners hang inside and outside and little flags line the yard.

This holiday once confused me but luckily Malia once explained it to me when she was young and just learning about it herself. She

told me that it was an important holiday and that it symbolizes the birth of our country (and ironically her own birthday).

The whole "country" concept kind of baffled me. You see, I'm a Portuguese water dog so technically I orientate from Portugal. Thankfully, Malia reassured me that I too could be an American just like the rest of my family. I can't complain. I have it pretty good. I have a family to love me, a White House to roam, and the occasional squirrel to chase—I'm not sure if these luxuries exist in any other country but I am sure glad that they exist in mine.

It has been almost seven human years since I became part of my forever family. To you, seven might not seem like a very long time, but in dog years I have aged from a newborn puppy to a senior citizen. It's hard to believe that I am now nearly 50 years old if you calculate it correctly, although I try to not let my age show. Each of these years I have remembered the celebrations for this special holiday called the Fourth of July. They all start with a parade of many talented people who skip down the streets with flags and instruments followed by a cookout where I try to sneak a few hot dogs and a lick of potato salad. Then the day ends with light-



ing bugs blinking throughout the sky and sparks that illuminate the darkness while cheers erupt from the crowds of people who are filled with pride and American spirit.

Through it all, I too, am filled with as much pride and American spirit that a dog could possibly have. I'll wear my most patriotic collar and strut around representing our country as best as I can. And while you all are out there sitting on blankets and enjoying the evening shows, I will be proud to be an American where at least I know I can hide under the bed from the thunderous fireworks.

To read other articles by Lydia Olsen visit the Authors section of Emmitsburg.net.

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ARTS

Way Off Broadway kids camp

This will be the 19th year the area's only year-round producing theatre has offered the camp. As more and more young people are becoming interested in performing and learning about live theatre, it has become paramount for parents to find the right theatre education program that fits their child's needs. With nearly two decades of experience in theatre education, Way Off Broadway's is still one of the most popular and well-respected programs in Frederick.

Sessions will once again be offered in both Drama and Musical Theatre for various ages. Students in the Dra-

ma Camp work on performance skills through improv and acting exercises, while Musical Theatre Camps focus on all aspects of musical theatre through vocal music, acting exercises, and basic choreography. At the end of each session, students put on a production.

Way Off Broadway's Executive Producer, Bill Kiska, and Creative Director, Jordan B. Stocksdale will continue to direct the Music Theatre Camps, while Megan West will join the theatre's education team to direct the Drama Camps this summer.

A complete listing of camp sessions and their details follow:

July 6-16

Musical Theatre Session 1: Ages 9-12
Monday-Thursday from 10 a.m.-4 p.m.
Performances: Thursday evening, July 16th and Saturday afternoon, July 18th

July 20-30

Musical Theatre Session 2: Ages 13-18
Monday-Thursday from 10 a.m.-4 p.m. Performances: Thursday evening, July 20th and Saturday afternoon, August 1st

August 3-13

Drama Session 1: Ages 6-8
Monday-Thursday from 10 a.m.-12 Noon
Performances: Thursday evening, August 13th and Saturday afternoon, August 15th

August 3-13

Drama Session 2: Ages 9-12
Monday-Thursday from 1:30-4:00 p.m.
Performances: Thursday evening, August 13th and Saturday afternoon, August 15th

Registration must be done in person. No phone-in registrations are being taken as registration begins. Space is limited and done on a first-come, first-serve basis.

For complete registration details, visit the theatre's website www.wayoffbroadway.com.



The power of music

Lindsay Coker

Many years ago I gave a talk about music to the rotary club of Montrose, and at one point played a recording of 'When the Saints go Marching in' by a group of brass players called Canadian Brass.

When it finished a middle-aged man quietly raised his hand and asked if he could tell us a story, one he would never forget.

This is what he said.

"I was in the Dutch underground during the war, and many of us were caught and imprisoned. I finished up in a concentration camp, where things were very bad, although the healthy ones among us managed to survive. Sometime in 1944 we knew something was up, because the Germans were packing up, our food ration became almost nonexistent, and there was nothing any of us could do. Apart from the guards, we were all so weak it was difficult to even move.

I knew I would soon die, hopefully in peace. The remaining men thought this too, and we had given up all hope of ever seeing our loved ones again, or of seeing our mates, our comrades. We could hardly talk, so resigned we were to our fate. Then, lying on my

bunk one day I suddenly realized I had in fact gone to heaven, because I could hear the trumpet of God sounding in the distance. I remember thinking how good it was that I'd finally be whole again, but then, after a little while, I was sure the trumpet was louder, and that there was more than a trumpet.

The strongest among us crawled to the door and looked out. Slowly he pulled himself up, and when he was finally all the way up he turned to us with the biggest smile I have ever seen.

"It's a brass band," he croaked. "They're coming here. The war must be over."

It was. The band came, and we heard the tune you just played. I don't know about saints, but they were real people, who we later heard were formed from other prisoners, the Red Cross, and a few locals. It wasn't long before the British arrived and took us to hospital where we slowly recovered.

I arrived here in 1946, and hearing that tune again brought it all back. Don't let anyone ever tell you there can be no hope. While there is music there is hope. While there are good people in the world there is hope. Never give up.

Thank you.

Thurmont Thespians present "Seussical Jr.!"

Jen Bucheister

Calling all people, boys and girls, sneetches and Whos, anyone happy and anyone blue! The Thurmont Thespians present their summer musical, Seussical Jr.! Come see 40 young birds, elephants, jungle creatures and whos, all under the age of 14, go on adventures from the mind of Dr. Seuss. From the jungle of Nool to the River Walloo to New York City and Whoville too, this tale is sure to suit your imagination.

Come see the show at the American Legion in Thurmont on July 16-18 and 23-25 at 7:30pm and July 19 and 26 at 2pm. Tickets are \$15.

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Thurmont Thespians Daniel Puckett and Raphael Smaldone rehearsing for Seussical, Jr.

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A brief history of space travel in film

Jack Williams
MSM Class of 2017

In my last article, I spoke about why we ought to openly display the love we hold for our country. And in discussing what we love about the United States, we harp upon some of this nation's greatest accomplishments. Perhaps the easiest accomplishment to recall pertains to the might of our armed forces, including their successes in resolving some of the world's most harrowing military conflicts. But this is not our sole achievement. Historians credit the United States as being the key force behind the creation of the Internet, which was designed during the Cold War as an additional form of communication between government agencies if the country's telephone system was compromised. These accomplishments are not to be mitigated, but there is an overarching feat that ought to be remembered this month: the successful touchdown of man on the moon. With the 4th of July this month, and the 46th anniversary of Apollo 11 occurring on July 20, let's take a closer look at depictions of space travel in the science fiction genre.

My fellow classmates and I were born into an era of extraordinary technological innovation. Progress in this area is moving so rapidly, in fact, that many of us are wondering which areas of life can be still be improved upon. This palpable feeling of curiosity must have been present when President John F. Kennedy famously addressed a joint session of Congress, arguing that the United States should commit itself to landing a man on the moon before the end of the 1960s. I cannot imagine the excitement the American public must have held for this prospect, and watching live as Neil Armstrong made that legendary step onto an entirely foreign surface.

The Apollo 11 mission lasted 8 days, during which time Neil Armstrong, Buzz Aldrin and Michael Collins collected samples of moon rock and moon dust for further study on Earth. Their rocket travelled an astounding 240,000 miles in only 76 hours. How impressive is that!

Perhaps my favorite tidbit about Apollo 11 concerns the astronauts' lack of life insurance. Each one of them could not afford the life insurance policy set for astronauts, given the expected likelihood that they may not come back alive. To counteract the unaffordable insurance, these three men signed their autograph hundreds of times, and handed their signatures to a mutual friend. In the case that they did not return home, this friend would give the autographs to their families, who could sell them to provide some financial cushion. Luckily, this precautionary measure was not necessary.

When discussing the use of space exploration in the art world, the

1902 silent film *Le Voyage Dans La Luna* (A Trip to the Moon) is a great beginning point. Film historians generally consider *A Trip to the Moon* to be the world's first science fiction film, and for its time in history, its special effects were simply magnificent. The story begins with a meeting of local astronomers, where the character Professor Barbenfouillis proposes that they send men to traverse the moon. There was some initial pushback, but following further debate, the necessary preparations were made. The men packed into a ship shaped like a bullet, and shot themselves to the moon using a powerful cannon. Their landing is one of the most famous scenes from the silent film era. The moon has the face of a man, and the astronomers' ship is shot right into the man on the moon's left eye. The symbolism behind this scene is as clear-cut as it is nuanced. Interestingly, the men walk out of the ship without space suits, and encounter a guarded civilization of aliens called the Selenites. Violence ensues, and the men return to Earth with a member of this newly discovered species in tow.

The film is brief in comparison to the length of a modern movie, but it raises an issue that had to be considered before the Apollo Program was commissioned: What is space like? Can humans emigrate to the solar system's observable planets? If you have the time, I would recommend visiting the Smithsonian Institution's website and searching for images of what our ancestors believed the Earth looked like from space. Some of these pictures are striking, and reveal the extent of the human imagination on these matters. As time progressed with continuous improvements in technology, our perceptions of the Earth and all other interstellar bodies became more scientifically correct in the artistic medium.

The science fiction genre had a difficult time making its mark in the cinema of the early 1930s and 1940s, even though films became increasingly escapist in the United States due to the all-encompassing economic collapse of the Great Depression. The next major landmark film about space exploration was produced after World War II, and was titled "*Destination Moon*." This film was released in 1950, and told a tale about three space enthusiasts named Dr. Charles Cargraves, General Thayer and Jim Barnes.

These men engineered a rocket ship that they named *Luna*, and blasted off from Earth before any political complications could deter their journey. More specifically, there was great public concern over radiation safety, and citizens of this country were hesitant to approve a mission they considered to be alarmingly dangerous. Once in space, the astronauts left the ship in mid-flight and attached themselves to the hull using magnetic boots.

This film marks a major tran-

sition in the cinematic depiction of space. As scientists became increasingly more knowledgeable about the nature of space, including the fact that gravity is significantly weaker outside the planet Earth, space movies became more accurate and, as a result, more intriguing. After all, many of us are curious to experience what it feels like to be in zero gravity.

Another pivotal change this movie ushered in was the precarious nature of space travel. This would influence later space travel films by instilling a sense of danger in leaving the Earth, thereby inspiring stories that were more treacherous and, consequently, more dramatic.

Eleven years later, John F. Kennedy announced The United States' intent of landing a man on the moon. The excitement from this proclamation was crystallized into one of the most famous science fiction films of all time, 2001: *A Space Odyssey*. The story was shared through a film directed by Stanley Kubrick and a book written by the great Arthur C. Clarke. If you have not yet seen this film, I would recommend watching before all the ones I have already mentioned. It is a movie that spans a particularly long period of time, chronicling man's rise from primitive hunters to universal travelers.

The plot follows the exploits of one Dr. David Bowman, who travels through the solar system aboard the *Discovery One* to the planet Jupiter. The film is famous for its sparse use of dialogue, and instead emphasizes a triumphant soundtrack that decorates the magnitude of this colossal human achievement of space travel.

Today, 2001: *A Space Odyssey* is universally acclaimed and considered to be one of the most important films of all time. Steven Spielberg, who has also greatly contributed to this genre as a whole, commented that 2001: *A Space Odyssey* was "the big bang of his generation," and that no documentary, no other movie and no other IMAX experience has made him feel in space as 2001 did. George Lucas, the mind behind the *Star Wars* films, has gone on record saying that Stanley Kubrick made the ultimate science fiction movie, and it would be extremely difficult for any filmmaker to come along and make a better film.

One year later, the United States dispatched Neil Armstrong and his fellow astronauts to the moon, inspiring an entire generation of Americans to think about our place in the universe much differently than we had before. This was a beautiful moment in which the imaginations and aspirations of men came together in fictional settings and in real life. The whole world started to ask what else mankind can accomplish in space, and whether we could colonize other planets. As a result, the sheer incredulity of traveling through space became much



1956 film *Forbidden Plant* is a classic and the first film to portray humans traveling to another plane together in a space ship.

less farfetched, and increasingly became more likely as technology continued to grow in sophistication. In short, the question concerning the possibility of space travel was no longer an "if." It was only a question of when.

Several years later, the most famous trilogy of science fiction films emerged and dominated the cultural conscious. *Star Wars Episode IV: A New Hope* was released in the year 1977, and its sense of adventure reinvigorated the science fiction genre. Unlike many science fiction films of the past, *Star Wars* described life in a galaxy far, far away that showed humans (for the most part) living peacefully with different alien species. This is an important characteristic that could one day prove to be truthful. Perhaps one day humans and other alien species will meet, and this encounter need not be violent or dominative. Another

achievement of the *Star Wars* films is their incredibly convincing space battles, all of which have stood the test of time thus far. The *Star Wars* films are a consistent reminder that space and the worlds beyond our own are beautiful, complex, and awe inspiring.

Space exploration films, up until the present day, have continued to be more realistic and increasingly thought provoking. Two examples which immediately come to mind are the 2013 film *Gravity* and Christopher Nolan's *Interstellar*. And while it is true that NASA's budget has been cut significantly, there is still great anticipation for the possibility of landing on another planet. As long as the excitement for further space exploration remains in all of us, I am confident that movies that depict space travel will be become more realistic and as thought provoking as ever.

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SPORTS

Upper Adams claims U10 championship

Mike Donahue

The crowd surrounded the diamond while Upper Adams and Franklin Township prepared to battle for the U10 championship on June 11. It was obvious from the start of the warmups that Franklin was enthusiastic about the chance of winning the championship. From their dugout, Franklin's players chanted nonstop throughout the pregame. However, Upper Adams was also feeling passionate about the prospects of the title and the excitement continued when Cameron stepped to the plate.

The first pitch, thrown by Franklin's Knox Deming, was smashed deep to center field and over the heads of outfielders. Cameron rounded the bases starting the game quickly for Upper Adams with a leadoff triple. After an easy out for Franklin, Brylee hit an RBI single down the first baseline scoring the first run of the game for the visitors.

Nevertheless, Franklin was not deterred when they switched to offense. With a baserunner already on

second, Knox Deming made contact with Brylee's pitch. After an error on the play, Knox had reached second and the baserunner, Wyatt Sokol, had scored, tying the game at one apiece. However, the offense did not stop there for Franklin. They scored the maximum number of runs a team can score, taking a 5-1 lead into the second.

In the second inning, Upper Adams began stealing back the momentum from Franklin. They scored 3 runs, nearly tying the game at 5 apiece, as well as shutting out Franklin catching their only baserunner trying to steal second.

The third inning continued the same way for Upper Adams. They took the lead with amazing offensive play before the last 2 batters were both struck out. However, they staggered a small amount when Mason Robert found the gap between the first basemen and second, bringing in Knox Deming, who had stolen both second and third for an RBI single. Still, Upper Adams kept the momentum by immediately catching Franklin for

a double play to end the inning.

Upper Adams' offense took off from there. Franklin tried, but could not stop the bats of the visiting team, especially in the last inning when the visitors blew the game wide open with the help of one of their younger players, Owen.

With a runner already in scoring position, Owen prepared for the pitch. With the crowd behind him hoping for him to just make contact, Owen did the unthinkable to most of the bystanders. Not only did Owen make contact the ball reached the outfield. The defense overthrew the throw to first and Owen kept running until he rounded second and reached third.

One of Owen's last hit of the season led to an RBI triple and opened the doors for a huge inning for his team. A few moments after the hit, the pitch got away from the catcher and Owen stole home, giving Upper Adams a 14-7 lead.

From there, the top of the lineup carried the momentum and continued to score. With the score limit law expelled for the last inning, Upper Adams scored 6 runs, started by an unexpected hero in Owen and supported by an RBI triple, double, and single all back-to-back-to-back.

Franklin had one last chance in the bottom of the sixth. However, it was obviously going to be difficult for the home team. They began the inning properly with a double followed by an RBI single. Hope started to build in the Franklin dugout as their chants from the beginning of the game picked back up while nervous



groans began by the Upper Adams spectators.

Zach Williams got on first and proceeded to steal every base, in-

cluding home plate, obviously giving it his all in trying to get Franklin back into the game. Williams was followed by two teammates making it safely to first, before Knox Deming hit a 3 RBI double. However, even with the last spark by Franklin, Upper Adams' sixth inning was too strong and the last batter was thrown out at first by Upper Adams' third basemen, ending the game with Franklin still needing a few more runs, 18-13.

It was obvious Upper Adams was thrilled with the victory as they ran to and celebrated in the dugout before their names were called one by one and they were presented with their trophies for winning the U10 championship.

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COMMUNITY NOTES

Cal Ripken tournament returns to Emmitsburg

Brian Vogelgesang
MSM Class of 2016

It's hot, it's July, and the little league is beginning its annual state tournaments. Each year, little league teams all around the country compete for a chance to play in the little league world series. But in order to vie in the big game, a team must win the state championship. This is where the Cal Ripken Tournament comes into the picture.

The Cal Ripken Tournament is the little league state tournament for Maryland. Teams in Maryland's Cal Ripken little league include Frederick, Severn, Smithsburg, UMAC, and Emmitsburg. Emmitsburg entered the league in 2009 and this is the fourth year in a row competing in the state tournament.

Emmitsburg's success in the tournament has varied each year. They lost the tournament in 2012 but won it in 2013-2014. Emmitsburg also hosted the tournament in 2014. The tournament will be held July 2-July 5. The winner of the tournament will move on to compete in regionals. Regionals have been held in multiple states the past few years including Pennsylvania and New York.

This tournament gives youngsters the opportunity to play baseball at a high level while still keeping the game fun. The players play against people from multiple areas in their state and

throughout the country. This type of experience definitely has the power to expose the players to new places they may never have seen and build lasting friendships. The travel and level of play the youngsters encounter also has the potential to introduce them to different styles of baseball.

Regardless of whether the teams progress on the bracket, the important part of this experience is the learning aspect. As said above, this tournament gives the opportunity to the youth that allows them to find joy in a game they love while creating lasting bonds that can help build them as young people. It is important to support them in their baseball journey for it is also a part of their life journey.

As a kid, one may be able to recall playing some sport, perhaps baseball. With this sport came not only lessons learned about baseball but also lessons learned about life. Lessons such as "never give up when the going gets tough," "be the best player you can be," and "remember to have fun." These lessons could never be learned without the love and support shown by parents and coaches.

All that it takes is a "that-a-boy" from a coach or cheering crowd full of family and friends to make a young person's day. These, among many others, are reasons to go out and support these youth as they play a game they love.

This is one of the examples as to why sports, especially baseball, can bring together people of all ages and backgrounds. This tournament not

only serves as a competition for little league baseball but it also can serve as a pillar for unity in the community.

Pink fire trucks coming to town

The 'Bubble Gum Pink' fire trucks that will be seen riding through town on Tuesday, July 7, will be in town promoting breast cancer awareness. A total of 5 fire engines of various types will be arriving on Monday evening, July 6, at the Vigilant Hose Company fire station on West Main Street and also at the National Fire Heritage Center Museum on South Seton Avenue.

They are bringing with them a broad range of messages on personal well-being and safety awareness. The website www.pinkfiretrucks.org contains photos, video clips and a great deal of background information, too. Being hosted by the various fire-related entities here in Firetown USA (as some call our community) this special visitation is open to the public. All interested are welcome to take photographs to include having family members or co-workers on hand.

While in Town, the group is open to making short personal home visits to those who have been dealing with debilitating diseases. Yes, even making "house calls!" This is something they do routinely in their travels. The Pink Fire Trucks story is an amazing one, which operates across the country and even internationally.

Pippinfest Committee receives gift

On June 9th Chris Mieczkowski, co-chair of the Gettysburg Quilt Guild, presented the Pippinfest Committee a special quilt display rack to express their appreciation to the Committee for their support and for the opportunity given to the Guild to host the Pippinfest Quilt Show. The display rack will be used for the Pippinfest quilt which was cooperatively created for display at the 1981 Pippinfest quilt show and has been displayed at every quilt show since then.

In 2015, for the first time, the Pippinfest quilt will be displayed full-length, with no folding for draping on its new rack. The Guild, whose



Chris Mieczkowski, Co-Chair of the Gettysburg Quilt Guild and Sally Thomas, Chair of the Pippinfest Committee.

logo is "Stitch 'N Peace," has organized and managed the Pippinfest quilt show for the past two years and is looking forward to continuing the tradition at the 2015 festival. As in previous years they will have demonstrations and activities and will award a viewer's choice prize at the close of the show. For more information about Pippinfest call 717-642-5640 during weekday business hours or visit www.pippinfest.com.

State Highway Administration reducing mowing to encourage pollinators

Sometimes the smallest things are our biggest helpers, which is the case with pollinators in Maryland. Honeybees and Monarch Butterflies are two particular pollinators that over the past several years have seen declines in their respective populations due to habitat destruction, parasites and insecticide use. Bees and butterflies help to pollinate more than 75 percent of crops and flowering plants.

The Maryland Department of Transportation's State Highway Administration continues to make conditions favorable for these beneficial insects to once again thrive by reducing roadside mowing, using beneficial insects for vegetation control and creating meadows of nectar and pollen producing native species.

One of the greatest challenges to honeybee colonies is referred to as colony collapse disorder. The significant challenge to Monarch Butterflies is the destruction of habitat. The loss of valuable pollinators is having an effect

on crops nationwide.

Through its mowing reduction and Statewide Native Plants Establishment Program, SHA has planted a variety of plant species specifically designed to attract Honeybees and Monarch Butterflies. Meadow restoration occurs along roadside medians, shoulders and near storm water management facilities. A few specific nectar-producing varieties include: Butterfly Weed; Sunflowers; Asters; Coreopsis (Tickseed); Swamp Milkweed; and Black-eyes Susans.

"Planting native meadow species is not only a great way to reduce mowing, it adds beauty and provides habitat for wildlife," said Acting SHA Administrator Doug Simmons. "The fact that the plants we sow attract valuable pollinators makes this even more rewarding."

Monarch Butterflies migrate annually from North America to the Sierra Madre Mountains in Mexico. Biologists have noticed a slight increase in Monarch Butterfly populations over the past year. There is still a steep hill to climb as approximately 90 percent of the butterflies vanished over the past twenty years.

SHA has developed a landscape design guide which provides direction for SHA landscaping plans. The design guide includes an array of information that explores how SHA landscape designs provide durable roadside naturalized landscaping while maintaining and enhancing valuable wildlife habitat. For more information on the SHA Landscape Design Guide visit www.roads.maryland.gov.



The Thurmont Heritage Group wagon train went on its way to Harney after their overnight stay on the farm of Eric and Audrey Glass near Four Point. Proceeds from the event will be used to offer scholarships for students in equine-related studies.

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COMPLEMENTARY CORNER

Acupuncture research update

Renee Lehman

Acupuncture, the oldest continuously practiced form of health care in the world, originated over 3,000 years ago in Asia. Acupuncture balances the flow of natural vital energy, or Qi (pronounced "chee"), which flows through all living things. This Qi flows through the body on specific pathways called Meridians, and is essential for health.

When the Qi is balanced, moving smoothly, and in sufficient quality and quantity, health and wellness are promoted. When the Qi is unbalanced or blocked in any way, disease or dis-ease, will occur. This dis-ease may show up as symptoms on a physical, mental/emotional, or spiritual level. For example, on a physical level, headaches could occur; on the mental/emotional level, someone could experience obsessiveness, indecisiveness, lack of self-esteem, or have a difficult time concentrating. Finally, on a spiritual level, someone could live with anxiety or depression. It is important to realize that these symptoms are only the end result of an imbalance, and not the illness itself.

The following is an update on some recent news about acupuncture and its ability to provide relief from headaches, cardiac problems, the side effects from breast cancer treatment, and anxiety.

Headache Relief

In the article by Wang, Y., et. al., Acupuncture for Frequent Migraine: A

Randomized, Patient/Assessor Blinded, Controlled Trial with One-Year Follow-Up, published in the Evidence-Based Complementary and Alternative Medicine, 2015, researchers determined that acupuncture reduces the frequency and intensity of migraines. The results were confirmed by comparing a real acupuncture study group with a sham acupuncture study group. The researchers concluded, "Acupuncture can be used as alternative and safe prophylaxis for frequent migraine."

The research team made several important findings. They discovered that the total number of days with a migraine reduced for patients receiving real acupuncture. Real acupuncture improved quality of life scores and produced significant reductions in the need for migraine medication consumption. During the three month follow-up investigation, the patients who had received the real acupuncture had significant relief from migraine frequency and intensity. In addition, the real acupuncture group had a faster onset of pain relief from migraine attacks than the sham acupuncture group.

Relief from Cardiac Conditions

In the article, Integrating Acupuncture into the Cardiology Clinic, by J. Painovich and John Longhurst, published in the Acta Physiologica Sinica in February, 2015, the authors discovered that acupuncture may serve as a safe and viable option in the cardiology clinic. Although continued re-

search is recommended, acupuncture's use with four different types of cardiac conditions must be considered. They are: angina pain, congestive heart failure, arrhythmias, mild to moderate hypertension, and smoking cessation (smoking can lead to cardiac conditions).

Angina is chest pain or discomfort that occurs if an area of your heart muscle doesn't get enough oxygen-rich blood. Angina may feel like pressure or squeezing in your chest. The pain also can occur in your shoulders, arms, neck, jaw, or back. Angina pain may even feel like indigestion. Individuals receiving acupuncture had a reduction in both the intensity and frequency of anginal attacks, and had an improvement in their quality of life.

Congestive heart failure (CHF), is a potentially serious condition in which the heart is no longer able to pump out enough oxygen-rich blood. Most commonly CHF can result from coronary artery disease, a narrowing of the small blood vessels that supply blood and oxygen to the heart; or from high blood pressure that is not well controlled, leading to problems with stiffness, or eventually leading to muscle weakening. (Research studies have shown improvements in the ability to walk longer distances without shortness of breath after acupuncture treatment.

An arrhythmia is an irregularity of the rate or rhythm of your heartbeat. It means that your heart beats too quickly, too slowly, or in an irregular way. The most common type of arrhythmia is atrial fibrillation, which causes an irregular and fast heartbeat. Research studies have shown that various heart arrhythmias, such as atrial fibrillation, can be reduced or eliminated by acupuncture treatments.

High blood pressure, also known as hypertension, happens when the force of the blood pumping through your arteries is too strong. (Hypertension can damage your blood vessels, eyes, kidneys, and the brain. Research



has shown that continued acupuncture treatment can reduce blood pressure, thus helping to preserve your vital organs.

Smoking is an underlying risk factor for heart disease. Acupuncture treatments have been shown to help individuals quit smoking.

Reduction of Breast Cancer Treatment Side Effects

Breast cancer treatment can produce challenging side effects. These include nausea, fatigue, joint pain and stiffness, neuropathy, hormone changes, anxiety, and depression. However, these side effects can be reduced, and therefore, quality of life can be improved by incorporating acupuncture into breast cancer treatment.

Researchers in the Perelman School of Medicine at the University of Pennsylvania, conducted a randomized controlled eight-week study in 2014 using electro-acupuncture with postmenopausal breast cancer patients who were taking Aromatase inhibitors (AIs) and, as a result, experiencing joint pain.

AIs are a common hormonal therapy used to treat certain types of breast cancer. Unfortunately, as many as half of the patients taking AIs experience joint pain and about 20 percent will stop the treatment due to the painful side effects.

After 10 acupuncture treatments, patients had a 43 percent decrease in

their pain. Patient-reported experiences of fatigue, anxiety and depression were also tracked. All three of these side effects were reduced in the patients receiving acupuncture.

Relief from Anxiety

In our society, we are often under distress. This stress can often show up as anxiety. Researchers at Georgetown University conducted a study on laboratory rats that showed that acupuncture slowed down the body's production of stress hormones (Journal of Endocrinology, March 2013).

Also, in a study published in the online version of the Journal of Acupuncture and Meridian Studies (October 2013), undergraduate students who underwent a 20 minute acupuncture session were found to have less anxiety and better memory immediately afterward than those who didn't have acupuncture.

Consider combining Acupuncture with Western conventional medicine for treating and supporting individuals as they deal with illnesses, both acute and chronic.

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

Editor's Note: For related Internet links, read the electronic version of this article on www.emmitsburg.net.

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Linda Stultz
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Have you been thinking about eating healthier? This is a great time of the year to start. Fresh fruit is available in the grocery stores and at farmers markets and roadside stands. Vegetables are also coming into season and much more will follow in the next few months. I have a three part plan for those who want to lose weight. The one part is food intake and the type of food you eat. Spring and summer are the best times to start preparing healthier meals or improve the menus you use now because fresh fruit and vegetables are low calorie, high nutrient, readily available and best of all, great tasting foods that will help with the healthy eating style you are looking for.

Many people think they don't like squash or eggplant or many greens but there are some great recipes out there that contain vegetables that are beneficial for you and you don't even know they are in there because when mixed with other things you can't taste them. This is a great way to get kids and even adults to eat their veggies without them knowing or complaining about them. I know it may be hiding things from them but it also may be the only way to get them to eat the healthy foods they need.

Check out some of the recipes on the internet or talk with others about the foods your family won't eat and you may be surprised how many ideas people have come up with. There are several cookbooks on the market with recipes that taste great and will surprise you with what is in them. Usually people like fruit and it is easier to get your family to eat fruit than it is to get them to eat vegetables. I do, however, know someone who does not like fruit and I had a hard time coming up with some type of fruit that they would eat (not mentioning names, but they know who they are). This time of year fresh fruit is available in the stores and is a great time to let your family pick what they like

and find some recipes that will hopefully become family favorites.

Fresh fruit is good just by itself. Wash it off, put it in a container and take it with you to work, school, on vacation or anywhere you are going. I bought a Nutribullet blender and I use it several times a week. It is a great way to make smoothies and drinks with fresh fruits and vegetables and the kids love the juice. I put spinach and others veggies in with the fruit and all they taste is the fruit juice. It is not like the juicers that separate the fiber and waste a lot of the food. It mixes and uses everything so you are getting all the vitamins and nutrients in the food.

I hope this article will inspire you to check out the fruit and veggie aisle the next time you go to the grocery store or to stop by the local roadside stand and stock up on the fresh fruits and vegetables now available. Eating fruit and vegetables is an important part of a healthy diet any time of the year and an important part of a plan to lose weight. Fresh fruit and vegetables are the best for low calories but when they are not available or not convenient for you, frozen are also packed with nutrients and can be stored longer than fresh.

Take a few minutes and get your family involved in planning the next grocery list, this will make them feel a part of the planning process and hopefully they will be



excited about the kinds of foods you get and want to try new foods or eat more of the fresh foods and less of the processed snacks they usually eat. Involving kids in meal planning teaches them healthy habits and makes them feel important and may just get them interested in planting a garden, cooking and even coming up with some recipes of their own. Meals are part of a healthy eating plan along with exercise so Keep Moving and call me at 717-334-6009 if you have any questions or have any ideas that I can share in future articles.

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ASTRONOMY

The night sky of July

Professor Wayne Wooten

For July, the Moon will be Full Moon, the Hay or Thunder Moon, is on July 2th. The last quarter moon rises about midnight on July 8th. The moon is new on July 16th. The waxing crescent just after sunset joins a fine grouping of Jupiter (on bottom) and Venus on the evening of July 18th. The moon is first quarter on July 24, and passes 2.4 degrees north of Saturn on July 26. The Blue Moon, the second full moon in a month, is on July 31st.

Venus and Jupiter are only 34 degrees apart as July begins, and in the same low power telescopic field at 30-50X. In an interesting coincidence, both appear 32" of arc across, but Venus appears as a crescent, 33% sunlit, while Jupiter is fully lit and surrounded by its four large moons orbiting around the planet's equator. By the end of July, Venus is much closer to us and bigger, 51" of arc across but a crescent only 10% sunlit. It is retrograding back between the Sun, and us, and passes 6.4 degrees south of Jupiter on July 28th. Jupiter is also moving slowly, approaching Regulus the brightest star of Leo by month's end. The waxing crescent moon makes a spectacular grouping with the triangle of Venus (brightest, lower left), Regulus above it, and Jupiter to right on the evening of July 18th; compare the phase of Venus and the Moon in binoculars



Congratulations to the European Space Agency on re-establishing contact with Philae, which they successfully landed on the surface of comet 67P/Churyumov-Gerasimenko on November 12. Philae had enough stored battery power for 60 hours of experiments. It sent home reams of data before going into standby mode on November 15. As "67P" drew closer to the Sun, better light recharged Philae's solar-powered batteries enough for it to wake up and then make contact with Earth once again.

and small scopes this evening.

Saturn is also well placed for evening observing in July, just above the claws of Scorpius in the SE. It is tilted 24 degrees toward the Sun, and us, and the rings and moons are the most beautiful sight in the telescopic sky.

Overhead, the Big Dipper rides high at sunset, but falls lower in NW each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in

the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

If you drop south from the bowl of the Big Dipper, Leo the Lion is in the SW. Note the Egyptian Sphinx is based on the shape of this Lion in the sky. Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across

the historic sky was noted, by Edmund Halley.

Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four-sided grouping. Saturn lies in Virgo's eastern feet this July. North of Corvus, in the arms of Virgo, is where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years distant.

To the east, Hercules is well up, with the nice globular cluster M-13 marked on your sky map and visible in binoculars.

The brightest star of the northern hemisphere, Vega (from Carl Sagan's novel and movie, "Contact"), rises in the NE as twilight deepens. Twice as

hot as our Sun, it appears blue-white, like most bright stars. At the opposite end of the parallelogram of Lyra is M-57, the Ring Nebula.

Northeast of Lyra is Cygnus, the Swan, flying down the Milky Way. Its bright star Deneb, at the top of the "northern cross" is one of the luminaries of the Galaxy, about 50,000 times more luminous than our Sun and around 3,000 light years distant. Under dark skies, note the "Great Rift", a dark nebula in front of our solar system as we revolve around the core of the Milky Way in the Galactic Year of 250 million of our own years.

To the east, Altair is the third bright star of the summer triangle. It lies in Aquila the Eagle, and is much closer than Deneb; it lies within about 13 light years of our Sun. Use your binoculars to pick up many clusters in this rich region of our own Cygnus spiral arm rising now in the east.

To the south, Antares is well up at sunset in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Scorpius is the brightest constellation in the sky, with 13 stars brighter than the pole star Polaris! Note the fine naked eye clusters M-6 and M-7, just to the left of the Scorpion's tail.

Just a little east of the Scorpion's tail is the teapot shape of Sagittarius, which lies toward the center of the Milky Way. From a dark sky site, you can pick out the fine stellar nursery, M-8, the Lagoon Nebula, like a cloud of steam coming out of the teapot's spout. The fine globular cluster M-22 sits just NE of the star in the lid with binoculars, and resolves well with any scope 4" aperture or larger.

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Meteor Showers in June

July 28 - Delta Aquarids: Radiant--near Capricornus. 25 per hour, slow (24 kps) with yellow trails.
July 30 - Capricornids: Radiant--near Aquarius. 10 to 35 per hour with bolides.

Farmers' Almanac

Mid-Atlantic Weather Watch: Fair, hot (1, 2, 3) with storms (4, 5). Hot and humid (6, 7, 8, 9) with storms, cooler (10, 11). Hot and humid (12, 13, 14, 15, 16) with more storms (17, 18). Hot and humid returns (19, 20, 21, 22, 23, 24) with still more storms (25, 26); more hot and humid weather (27, 28, 29) with yet more storms (30, 31).

Full Moon: July's Full Moon occurs on July 1st. Its name varied from Native American tribe-to-tribe and region-to-region but it has most commonly been referred to as Thunder Moon due to the many thunderstorms that usually occurred at this time of year (like this month!). Other tribes called it Buck Moon because they would see a rapid growth of antlers on young bucks, Ripe Corn Moon because young corn begins to show on the stalks and ripen, or Hay Moon since hay tended to ripen as well.

Special Notes: Those Dog Days of Summer will be upon us starting Friday, July 3rd and will continue into

August so get ready for some hot and humid weather!

Holidays: This year's Fourth of July celebration falls on Saturday, July 4th but will be observed on Friday, July 3rd. On this most famous day in United States History, in 1776, the Continental Congress passed a resolution saying, "these United Colonies are, and of right, ought to be, free and independent states".

Remember to keep safety in mind as you plan for the big day. Use sunscreen with an SPF rating of 15 or higher when spending any time in the sun. Apply more frequently if swimming or perspiring. If your fun includes boating this holiday, remember that alcohol and "boater's hypnosis", which can affect you after long periods exposed to the sun, glare, noise, and vibration can be deadly.

Give the old grill a thorough once-over before the big day, checking out all of the major components to make sure they are functioning properly and re-

place anything that looks questionable. And to avoid any last minute trips to the store, make sure to have a full tank of propane or plenty of charcoal and charcoal lighter fluid on hand. Enjoy!

The Garden: Continue to keep the garden adequately watered (that is, if July's forecasted wet weather is not enough!). Expect plants to do well with all of the extra rain during this month. Be sure that all tall annuals and perennials are securely staked so that they will remain upright during the afternoon thunderstorms that are so common for this time of year.

Tick-proof your yard this summer. Deer are likely to bring ticks into your space so plant species that deer do not eat like the thorny barberry, bugleweed, forsythia, foxglove, and most needle-leaved conifers. If you have to divide plants, give them a chance to recover from having their roots disturbed by keeping them in the shade for at least a week. Always remember that when working outside in hot sun for any prolonged period of time, be sure to take salt tablets, drink plenty of water, and take frequent breaks in the shade.

COMPUTER Q&A

Living in “the Cloud”

Should you bring an umbrella?

Ayse Stenabaugh

You might already know what “the cloud” is; this magical invisible space (online) that stores and syncs all of your digital data. There are many different cloud services that are available. Cloud services are most commonly found on mobile devices such as cell phones and tablets and are becoming increasingly popular on desktop devices for both data storage and data syncing!

Data & Photo Storage

You have probably heard of Dropbox, Google Drive, One Drive and maybe even Amazon cloud drive. All of these services can be used to store data and pictures. Any of the cloud storage services mentioned above can be setup to automatically upload a copy of your photos from your mobile devices when configured properly.

Cloud Data Syncing

All of the above services can be configured on your personal computer to allow the storage of data both locally and the cloud. This means that anything you save on your desktop computer in your Dropbox folder (for example) will upload into the cloud making the data accessible from any other device that is syncing your Dropbox. You can also share and manage files from the Dropbox website from any internet enabled computer.

Different applications have the purpose of syncing specific data for example on iPhones or iPads the iCloud had the ability to sync contacts, calendars, passwords etc. iCloud specifically provides 5GB of free storage space, many users don't realize how quickly their photos can use up this space leaving less than enough space to sync contacts etc.

Data Backup Services

For those concerned with data loss solutions like Carbonite and AVG cloud backup provide system backup services with file restoration with the touch of a button. Services such as these not only encrypt your backed up data but have the ability to keep multiple copies of data as well. Services can be purchased either per device or per the amount of data being used depending on the service provider.

What about security?

When people ask me about the security of their data I tell them this; don't put anything out there you wouldn't want anyone else to see. If you are planning on transmitting secure data online ensure you are using a service that is encrypting your data. Do the research on your storage company to find out what they do to keep your data safe. You can even take the time to learn how to encrypt your data before uploading it to the web if security is a big concern.

How do I know which cloud services are right for me?

Finding the best service for you will depend largely on your storage space needs, usage and the type of device you are using. Having someone with experience with the different services can be extremely helpful (Jester's Comput-

er Tutor can help with that!). Different cloud services have their own advantages and disadvantages and it is always recommended that you try out one of the services above before purchasing any plans to make sure it works well to meet your needs!

Do you really need the cloud?

Can you live without that picture you took yesterday if your phone

took a dive in the river? Your vacation, graduation and holiday photos? How about that big project you worked on for weeks that you failed to save to save a backup of before your computer crashed? The bigger question isn't whether or not you need the cloud, its whether or not your data and in some case your memories are replaceable. If your answer is no than my answer is yes you need the cloud!

If you need answers to your computer related questions contact Jester's Computer Tutor at

help@thecomputertutor.info or 717-HELP-4-ME. Jester's Computer Tutor provides a variety of local services for both residents and small business including one-on-one technology tutoring, website and graphic design, and on-site networking and computer support services.

For computer repair services contact Jester's Computer Services 717-642-6661 located at 5135 Fairfield Road Fairfield, or visit us on the web at www.jesterscomputers.com for contact information, hours and directions!

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UPCOMING EVENTS

Incarnation UCC's World Religion Adult Education Series with Pastor Chris Spruill

July 1 - North American Indigenous Religion, From the Great Spirit to the Ghost Dance
July 15 - African Indigenous

Religion, The Cradle of Civilization

July 29 - European Indigenous Religion, Vikings, Pagans, Greeks and Romans

The lecture series is free and open to the public - anyone is

welcome to come at any time when a session looks interesting to them. Lectures start at 7 pm. For more information visit www.emmitsburg.net/iucc. Incarnation is located at 124 West Main Street, Emmitsburg.

July 1 - 3

Gettysburg National Military Park's 152nd Anniversary of the Battle of Gettysburg. A series of special National Park Service Ranger conducted Battle Walks

and real-time programs that follow the course of the battle over 3 days. Gettysburg National Military Park, Gettysburg. For more information call 717-339-2148 or visit www.nps.gov/gett.

July 2 - 5

Cal Ripken 12u Boys state tournament - Emmitsburg ball field (behind post office)

July 3 - 4

Gettysburg National Military Park's Sacred Trust talks and book signings - Historians, authors, National Park Service Rangers and others provide talks and book signings about Gettysburg and the Civil War. Topics encourage the general public, as well as students of the Civil War, to delve deeper into the nature of the conflict that divided our nation. Free. Events take place at the Gettysburg National Military Park Museum and Visitor Center. Co-sponsored by the Gettysburg Foundation.

July 3 - 5

152nd Gettysburg Anniversary Civil War Battle Reenactment - An annual reenactment of the Battle of Gettysburg featuring battle reenactments including Pickett's Charge, living history, period music, sutlers, encampments and more. All reenactment activities are held at a reenactment site outside of the Gettysburg National Military Park on 965 Pumping Station Road, Gettysburg. Be sure to visit the Gettysburg Anniversary Committee's website for event schedules, updates and tickets as they become available. For more information call 717-338-1525 or visit www.gettysburgreenactment.com

July 4

93rd Annual Barbara Fritchie Classic - All Star National Flat Series. Oldest running half-mile dirt track motorcycle race in America. Started in 1922; held annually.

Frederick Fairgrounds. For more information call 301-788-5173.

Carroll Valley's 4th of July celebration! There will be plenty of fun for the whole family to enjoy; cheer on at the car show, listen to good music, join the horseshoe tournament, take a swing at the golf putting competition, or relax and enjoy a hayride across the valley. There are many activities for the whole family - admission and parking are free! Pack your picnic basket or stop by the food court located on the picnic grounds for some tasty treats. The evening will bring more

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UPCOMING EVENTS

great music, a performance by the Pyrophoric Fire Dance Troupe, a formal flag retreat ceremony, and conclude with fireworks at 9:45 pm.

July 5, 12, 19, 26

Elias Lutheran church's Vacation Bible School. There will be Bible stories, skits, crafts, snack and lots of FUN! All children in the communities are welcome. For more information call Connie Fisher at 301-447-2805 to pre-register or to help.

July 11 & 12

151st Battle of the Monocacy Commemoration - Living history encampments and demonstrations. Monocacy National Battlefield, 5201 Urbana Pk. Frederick. For more information call 301-662-3515.

July 12 & 19

Totem Pole Playhouse, Pennsylvania's premiere summer theatre, located in Caledonia State Park, cabaret concerts. The cabaret shows will be open to the general public and are free of charge. The concerts will feature members of Totem Pole's Equity Membership Candidate/Intern Company, as well as performers in the current main stage show. For more information call the Totem Pole Playhouse box office at 717-352-2164.

July 18

Mt. Tabor Church of Rocky Ridge's summer festival at Mt. Tabor Park, home of the Big Slide. Come enjoy good home-cooked food: Soup, Sandwiches, Iced Tea and Ice Cream & Peaches. Also enjoy games including BINGO. Music by "Full Effect" from 6 - 9 p.m. Come join us in Christian Fellowship - surely a good

time for everyone of all ages. In addition our Sunday School is collecting gently used shoes as a way to help others, the environment (keep shoes out of the landfill), and as a fundraiser for teaching materials. The shoes will be sent to a third world country where people will be trained to repair them for use. This is similar to the proverb: Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime. If possible please bring shoes to donate to this worthy cause.

July 18 & 19

6th Annual Gettysburg National 19th Century Base Ball Festival. Come see baseball the way it was played in its formative years with 19th century base ball clubs from all

over the country converging on Gettysburg to show how base ball was played throughout the 19th century from 1839 to 1899. Fun for the entire family. Schroeder Farm, 965 Pumping Station Road, Gettysburg. For more information call 410-967-7482 or visit www.gettysburgbaseballfestival.com.

July 26

Historic Round Barn and Farm Market's 12th Annual Old-Fashioned CornFest. Great food and entertainment for the entire family!!! Historic Round Barn and Farm Market. Enjoy Corn Roasted in the husk over an apple-wood fire, BBQ Chicken, Pulled Pork, Peach Sundaes, Apple Dumplings, and MORE!!! Free entertainment pro-

vided. Haywagon rides around the farm, as well as free games and activities for children will be available. Free Parking/No Admission Fee.

298 Cashtown Road, Biglerville. For more information call 717-334-1984 or visit www.RoundBarnGettysburg.com.

Mason and Dixon Day at the Mary Penn



Saturday, August 29, 2015

Spend a day in Colonial PA and MD - circa 1760's!
Follow this event on Facebook: Mason and Dixon Day at the Mary Penn (716 Mason Dixon Rd., Gettysburg)
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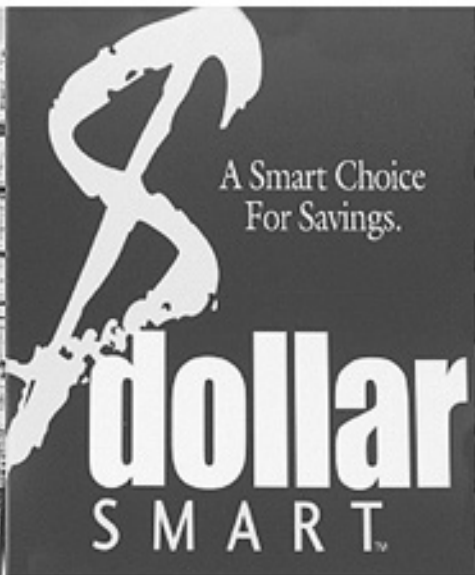
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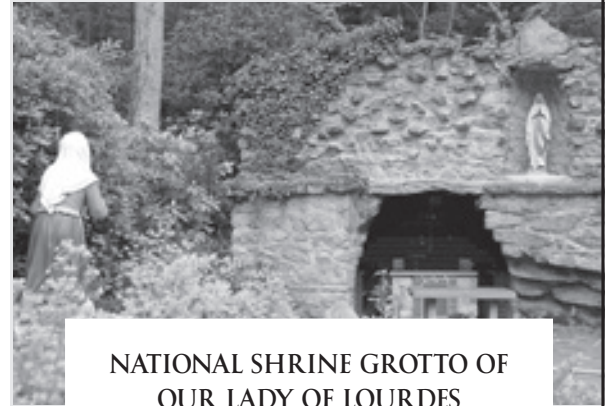
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